

## Championship History

Year	Location	Champion	Points	Runner-Up	Points
1981	Kansas City, Mo.	Jackson State (Miss.)	149	Adams State (Colo.)	53
1982	Kansas City, Mo.	Texas Southern	101.5	Prairie View A&M (Texas)	74
1983	Kansas City, Mo.	Texas Southern	111	Prairie View A&M (Texas)	83
1984	Kansas City, Mo.	Prairie View A&M (Texas)	92	Texas Southern	62
1985	Kansas City, Mo.	Adams State (Colo.)	67	Prairie View A&M (Texas)	64
1986	Kansas City, Mo.	Wayland Baptist (Texas)	106	Prairie View A&M (Texas)	96
1987	Kansas City, Mo.	Prairie View A&M (Texas)	108	Wayland Baptist (Texas)	81
1988	Kansas City, Mo.	Wayland Baptist (Texas)	84	Prairie View A&M (Texas)	82.5
1989	Kansas City, Mo.	Midland Lutheran (Neb.)	64	Prairie View A&M (Texas)	63.6
1990	Kansas City, Mo.	Simon Fraser (B.C.)	84	Prairie View A&M (Texas)	67
1991	Kansas City, Mo.	Prairie View A&M (Texas)	72	Central State (Ohio)	61
1992	Kansas City, Mo.	Simon Fraser (B.C.)	94	Central State (Ohio)	86
1993	Kansas City, Mo.	Central State (Ohio)	97	Wayland Baptist (Texas)	65
1994	Kansas City, Mo.	Wayland Baptist (Texas)	80	Central State (Ohio)	57
1995	Lincoln, Neb.	Southern-New Orleans (La.)	90	Central State (Ohio)	71
1996	Lincoln, Neb.	Central State (Ohio)	96	Wayland Baptist (Texas)	86
1997	Lincoln, Neb.	Southern-New Orleans (La.)	86	Simon Fraser (B.C.)	60
1998	Lincoln, Neb.	Simon Fraser (B.C.)	73	Mary (N.D.)	65
1999	Lincoln, Neb.	McKendree (Ill.)	96	Mary (N.D.)	64
2000	Lincoln, Neb.	McKendree (Ill.)	125	Life (Ga.)	113
2001	Johnson City, Tenn.	McKendree (Ill.)	66	Life (Ga.)	64
2002	Johnson City, Tenn.	McKendree (Ill.)	77	Azusa Pacific (Calif.)	75
2003	Johnson City, Tenn.	Azusa Pacific (Calif.)	121	Doane (Neb.)	51
2004	Johnson City, Tenn.	Azusa Pacific (Calif.)	95	Simon Fraser (B.C.)	65
2005	Johnson City, Tenn.	Oklahoma Baptist	86.5	McKendree (Ill.)	72
2006	Johnson City, Tenn.	Missouri Baptist	172	Simon Fraser (B.C.)	92
2007	Johnson City, Tenn.	Oklahoma Baptist	52.33	Wayland Baptist (Texas)	51
2008	Johnson City, Tenn.	Wayland Baptist (Texas)	71	Azusa Pacific (Calif.)	70
2009	Johnson City, Tenn.	Wayland Baptist (Texas)	68	Azusa Pacific (Calif.)	67
2010	Johnson City, Tenn.	Oklahoma Baptist	68	Wayland Baptist (Texas)	67
2011	Geneva, Ohio	Oklahoma Baptist	75	Simon Fraser (B.C.)	58
2012	Geneva, Ohio	Azusa Pacific (Calif.)	108	Oklahoma Baptist	107.5
2013	Geneva, Ohio	Oklahoma Baptist	113	Indiana Tech	87
2014	Geneva, Ohio	Oklahoma Baptist	133	Indiana Tech	123
2015	Geneva, Ohio	Oklahoma Baptist	87	Indiana Tech	79
2016	Johnson City, Tenn.	Wayland Baptist (Texas)	72	Doane (Neb.)	61.50
2017	Johnson City, Tenn.	Indiana Tech	75	Oklahoma City	59
2018	Pittsburg, Kan.	Wayland Baptist (Texas)	100	Indiana Tech	69

# Championship History

## Meet Records

### Meters

#### 55-Meter Dash

Agne Visockaite, McKendree (Ill.), 2000, 6.75 p

#### 60-Meter Dash

Kimberly Smith, Wayland Baptist, 2010, 7.20

#### 55-Meter Hurdles

Catherine Pomaes, Central State (Ohio), 1995, 7.74

#### 60-Meter Hurdles

Akela Jones, Oklahoma Baptist, 2014, 8.31

#### 200-Meter Dash

Jura Levy, Oklahoma Baptist, 2012, 23.03

#### 400-Meter Dash

Fatimat Yusuf, Azusa Pacific (Calif.), 1996, 53.05

#### 600-Meter Dash

Elysia Hodges, Westmont (Calif.), 2014, 1:30.49

#### 800-Meter Run

Helen Crofts, Simon Fraser (B.C.), 2011, 2:04.94

#### 1000-Meter Run

Hanna Hermansson, Marymount (Calif.), 2016, 2:45.81

#### 3000-Meter Run

Miriam Kaumba, Oklahoma Baptist, 2006, 9:30.06

#### 3000-Meter Race Walk

Natalia Alfonzo, Missouri Baptist, 2017, 13:49.84

#### 5000-Meter Run

Miriam Kaumba, Oklahoma Baptist, 2005, 16:20.97

#### Distance Medley Relay

Simon Fraser (B.C.) (Angela Shaw, Michaela Kane, Helen Crofts, Jessica Smith), 2010, 11:39.22

#### 1600-Meter Relay

Southern (La.) (Argyana Bolton, Kimona Smikle, Xuxa Peart, Shadae Hylton) 3:37.92

#### 3200-Meter Relay

Simon Fraser (B.C.) (Alexandra Krasovska, Heather Mancell, Rebecca Johnstone, Julia Howard), 2006, 8:50.86

### Yards

#### 60-Yard Dash

Savatheda Fynes, Southern-New Orleans (La.), 1994, 6.76

#### 60-Yard Hurdles

Carolin Sterling, Central State (Ohio), 1993, 7.75

#### 440-Yard Dash

Fatima Yusuf, Azusa Pacific (Calif.), 1994, 54.00

#### 600-Yard Run

Julie Jenkins, Adams State (Colo.), 1984, 1:21.78

#### 880-Yard Run

Julie Jenkins, Adams State (Colo.), 1985, 2:10.69

#### 1000-Yard Run

Elizabeth Onyambu, Biola (Calif.), 1994, 2:34.23

#### Mile Run

Hannah Fields (Helker), Oklahoma Baptist, 2015, 4:37.26

#### Mile Relay

Prairie View A&M (Texas) (Rhonda Lampkin, Celsia Shy, Mary Miller, Wanda Clay), 1990, 3:45.73 p

#### Two-Mile Relay

Simon Fraser (B.C.) (Sarah Howell, Lori Ewing, Leah Pells, Chris Wagner), 1988, 9:00.40

#### Distance Medley Relay

Simon Fraser (B.C.) (Angela Shaw, Michaela Kane, Helen Crofts, Jessica Smith), 2010, 11:39.22

#### Two-Mile Run

Tori Neubauer, Wisconsin-La Crosse, 1983, 10:22.21

#### Three-Mile Run

Paula Stokman, Wisconsin-Parkside, 1992, 16:04.85

## Field Events

### High Jump

Latrese Johnson, Azusa Pacific (Calif.), 1990, 1.83 (6-0)

### Shot Put

Vivian Chukwuemeka, Azusa Pacific (Calif.), 2003, 18.03 (59-2)

### Pole Vault

Jessie Gallaher, Concordia (Ore.), 2007, 4.20 (13-09 1/4)

### Long Jump

Carolin Sterling, Central State (Ohio), 1992, 6.50 (21-4 ¾)

### Triple Jump

Latoya Heath, Lindenwood (Mo.), 2006, 13.0 (42-08)

### 20-Pound Weight Throw

Kasey Renshaw, Siene Heights (Mich.), 2016, 21.20 (69-6 3/4)

### Pentathlon

Akela Jones, Oklahoma Baptist, 2014, 4153

**p** Record established in preliminary heats

## Pentathlon Event Records

### 55-Meter Hurdles

Mandy Schroeder, Mary (N.D.), 1999, 8.00

### 60-Meter Hurdles

Akela Jones, Oklahoma Baptist, 2014, 8.43

### Long Jump

Akela Jones, Oklahoma Baptsist, 2014, 6.01 (19-8 ¾)

## Championship History

### Shot Put

Gretchin Kotschwar, Doane (Neb.), 1997, 13.29 (43-7 ¼)

### 800 Meters

Carmen Gage, Azusa Pacific (Calif.), 1995, 2:17.8

### High Jump

Akela Jones, Oklahoma Baptist, 2014, 1.83 (6-0)

### All-Time Team Championships

Oklahoma Baptist	7
Wayland Baptist (Texas)	7
McKendree (Ill.)	4
Azusa Pacific (Calif.)	3
Prairie View A&M (Texas)	3
Simon Fraser (B.C.)	3
Central State (Ohio)	2
Southern-New Orleans (La.)	2
Texas Southern	2
Adams State (Colo.)	1
Jackson State (Miss.)	1
Midland Lutheran (Neb.)	1
Missouri Baptist	1
Indiana Tech	1

### All-Time Individual Championships

Simon Fraser (B.C.)	62
Azusa Pacific (Calif.)	52
Wayland Baptist (Texas)	51
Oklahoma Baptist	45
Prairie View A&M (Texas)	38
McKendree (Ill.)	26
Central State (Ohio)	25
Missouri Baptist	17
Southern-New Orleans (La.)	16
Mary (N.D.)	15
Texas Southern	15
Doane (Neb.)	14
Hastings (Neb.)	14
Life (Ga.)	13
Lindenwood (Mo.)	12
Wisconsin-Parkside	12
Midland Lutheran (Neb.)	11
Indiana Tech	9
Adams State (Colo.)	8
Black Hills State (S.D.)	8
Biola (Calif.)	7
Idaho, College of	7
Olivet Nazarene (Ill.)	7
Jackson State (Miss.)	7
Saginaw Valley State (Mich.)	7
Fresno Pacific (Calif.)	6
Cedarville (Ohio)	6
Siena Heights (Mich.)	6
Concordia (Ore.)	5
Embry-Riddle (Fla.)	5
Kearney State (Neb.)	5
MidAmerica Nazarene (Kan.)	5
Oklahoma City	5
Eastern Oregon	5
Aquinas (Mich.)	4
Concordia (Neb.)	4
Goshen (Ind.)	4
Minot State (N.D.)	4

Wisconsin-La Crosse	4
Central Methodist (Mo.)	3
Dickinson State (N.D.)	3
Milligan (Tenn.)	3
Hillsdale (Mich.)	3
Lubbock Christian (Texas)	3
Oklahoma Christian	3
Southwestern (Kan.)	3
Bemidji State (Minn.)	2
Briar Cliff (Iowa)	2
Dordt (Iowa)	2
Emporia State (Kan.)	2
Friends (Kan.)	2
Graceland (Iowa)	2
Malone (Ohio)	2
Mississippi Valley State	2
Morningside (Iowa)	2
Moorhead State (Minn.)	2
Ozarks (Mo.), College of the	2
Park (Mo.)	2
Point Park (Pa.)	2
Roberts Wesleyan (N.Y.)	2
Southern Nazarene (Okla.)	2
Westmont (Calif.)	2
Wisconsin-Milwaukee	2
Carroll (Mont.)	2
Benedictine (Kan.)	1
Bethel (Ind.)	1
Bethany (Kan.)	1
Central Washington	1
Chicago State (Ill.)	1
Columbia (Mo.)	1
Concordia (Calif.)	1
Dakota State (S.D.)	1
Findlay (Ohio)	1
Florida Memorial	1
Grand View (Iowa)	1
Hannibal-LaGrange (Mo.)	1
Huston-Tillotson (Texas)	1
Indiana Wesleyan	1
Iowa Wesleyan	1
Jamestown (N.D.)	1
Judson (Ill.)	1
Langston (Okla.)	1
Lindsey Wilson (Ky.)	1
Linfield (Ore.)	1
Marquette (Wis.)	1
Marymount (Calif.)	1
Mobile (Ala.)	1
Nebraska Wesleyan	1
Northwest (Wash.)	1
Rio Grande (Ohio)	1
Saint Xavier (Ill.)	1
Sioux Falls (S.D.)	1
Shorter (Ga.)	1
South Dakota Mines & Tech	1
Southern Nazarene (Okla.)	1
Spring Arbor (Mich.)	1
St. Francis (Ill.)	1
Virginia Intermont	1
Western Oregon	1
Wilberforce (Ohio)	1
Wisconsin-Eau Claire	1

**Note** Relay victories count one for each event

# Championship History

## Individual Championships, One Year

### Eight Titles

Missouri Baptist, 2006  
Oklahoma Baptist, 2014

### Seven Titles

Azusa Pacific (Calif.), 2003,2012  
Oklahoma Baptist, 2013  
Jackson State (Miss.), 1981

### Six Titles

Central State (Ohio), 1993  
Oklahoma Baptist, 2012  
Wayland Baptist (Texas), 2018

### Five Titles

Central State (Ohio), 1992  
McKendree (Ill.), 1999  
Midland Lutheran (Neb.), 1989  
Prairie View A&M (Texas), 1986, 1987  
Simon Fraser (B.C.), 2005, 2011  
Texas Southern, 1983

### Four Titles

Azusa Pacific (Calif.), 1996, 2004  
Central State (Ohio), 1996  
McKendree (Ill.), 2001  
Oklahoma Baptist, 2005, 2006, 2008  
Prairie View A&M (Texas), 1982, 1983  
Simon Fraser (B.C.), 1988, 1992, 1993, 1996, 1997, 2006, 2010  
Southern-New Orleans (La.), 1995  
Texas Southern, 1982  
Wayland Baptist (Texas), 1986, 2009  
Oklahoma City, 2017

**Note** Relay victories count one for each event.

## Most Individual Titles, Career

### Eight Titles

Vivian Chukwuemeka, Azusa Pacific (Calif.) (weight throw, 2002-03-04-05 shot put, 2002-03-04-05)

### Seven Titles

Agne Visockaite, McKendree (Ill.) (200-meter dash, 1998-99-2000-02; 55-meter dash, 1999-2000-02)

### Six Titles

Hannah Fields (Helker), Oklahoma Baptist (1,000 meter run, 2013-14; 5,000 meter run, 2013-14; 1 Mile run, 2015; 3,000 meter run, 2015)  
Akela Jones, Oklahoma Baptist (60-meter hurdles, 2014; high jump, 2013-14; long jump, 2013-14; pentathlon, 2014)  
Jura Levy, Oklahoma Baptist (60-meters, 2012-14; 200-meters, 2012-14)  
Natasha Miller, Biola (Calif.) (60-meter hurdles, 2010; high jump, 2010-11; pentathlon, 2009-10-11)  
Kimberly Smith, Wayland Baptist (Texas) (60-meter dash, 2008-09-10; 200-meter dash, 2008-09-10)  
Kathrene Wallace, Texas Southern (60-yard dash, 1982-83-84-85; long jump, 1983-84)  
Fatimat Yusuf, Azusa Pacific (Calif.) (440-yard dash, 1993-94; 400-meter dash, 1995-96; 200-meter dash, 1995-96)

### Five Titles

Ruky Abdulai, Simon Fraser (B.C.) (High Jump, 2005-06-07-08; Long Jump, 2007)  
Nickesha Anderson, Missouri Baptist (55-meter dash, 2005; 60-meter dash, 2007; 200 meter-dash, 2005-06-07)

Julia Howard, Simon Fraser (B.C.) (800-meter run, 2003; 1000-meter run, 2004-05-06; mile run, 2005)  
Carolyn Sterling, Central State (Ohio) (60-yard hurdles, 1991-93; long jump, 1991-92-93)

### Four Titles

Sarah Howell, Simon Fraser (B.C.) (mile run, 1990-91-92; two-mile run, 1991)  
Hillary Holt, College of Idaho (800 meter run 2014; mile run, 2013-14; 3,000 meter run 2013)  
Rosa Ibarra, Wayland Baptist (Texas) (two-mile/3,000-meter run 1994-96; three-mile/5,000-meter run 1994-96)  
Victoria Martinez, Azusa Pacific (Calif.) (Mile Run 2011-12; 3000-meter run 2012; Distance Medley Relay 2012)  
Cathy Schmidt, Saginaw Valley State (Mich.) (880-yard run, 1982-83; 1000-yard run, 1982-83)  
Barbara Smith, Prairie View A&M (Texas) (1,000-yard run, 1989-90-91, 880-yard run, 1991)  
Audrea Sterling, Central State (Ohio) (600-yard run, 1991-92-93-94)  
Nikita Tracey, Oklahoma Baptist (600-meter dash, 2012; 1600-meter relay 2011,12; 3200-meter relay 2012)

## Repeat Champions

### Four-Time

Ruky Abdulai, Simon Fraser (B.C.) (High Jump 2005-06-07-08)  
Vivian Chukwuemeka, Azusa Pacific (Calif.) (weight throw 2002-03-04-05)  
Vivian Chukwuemeka, Azusa Pacific (Calif.) (shot put 2002-03-04-05)  
Audrea Sterling, Central State (Ohio) (600-yard run, 1991-92-93-94)  
Agne Visockaite, McKendree (Ill.) (200-meter dash, 1998-99-2000-02)  
Kathrene Wallace, Texas Southern (60-yard dash, 1982-83-84-85)  
Fatimat Yusuf, Southern-New Orleans (La.)/Azusa Pacific (Calif.) (400-dash/meters, 1993-94-95-96)

### Three-Time

Nickesha Anderson, Missouri Baptist (200-meter dash, 2005-06-07)  
Aubrey Baxter, Black Hills State (S.D.) (weight throw, 2007-08-09)  
Helen Crofts, Simon Fraser (B.C.) (800-meter run, 2009-10-11)  
Julia Howard, Simon Fraser (B.C.) (1000-meter run, 2004-05-06)  
Sarah Howell, Simon Fraser (B.C.) (mile run, 1990-91-92)  
Latrese Johnson, Azusa Pacific (Calif.) (high jump, 1989-90-91)  
Sarah Korir, McKendree (Ill.) (5,000-meter 1998-99-2000)  
Jura Levy, Oklahoma Baptist, (60-meter dash, 2012-2014; 200-meter dash, 2012-14)  
LaVonda Luckett, Prairie View A&M (Texas) (600-yard run, 1985-86-87)  
Natasha Miller, Biola (Calif.) (pentathlon, 2009-10-11)  
Tina Peters, Goshen (Ind.) (3000-meter race walk, 2007-08-09)  
Barbara Smith, Prairie View A&M (Texas) (1000-yard run, 1989-90-91)  
Kimberly Smith, Wayland Baptist (Texas) (60-meter dash, 2008-09-10)  
Kimberly Smith, Wayland Baptist (Texas) (200-meter dash, 2008-09-10)  
Carolyn Sterling, Central State (Ohio) (long jump, 1991-92-93)  
Agne Visockaite, McKendree (Ill.) (55-meter 1999-2000-02)  
Karen Waddell, Prairie View A&M (Texas) (shot put 1981-82-83)  
Chandra Williams, Prairie View A&M (Texas) (triple jump, 1989-90-91)

## All-Time Individual Champions

### 60-Yard Dash

1981 Esther Hope, Jackson State (Miss.), 6.99  
1982 Kathrene Wallace, Texas Southern, 6.87  
1983 Kathrene Wallace, Texas Southern, 6.91  
1984 Kathrene Wallace, Texas Southern, 6.79  
1985 Kathrene Wallace, Texas Southern, 6.88  
1986 Nzael Kyomo, Wayland Baptist (Texas), 6.96  
1987 Marcia Brown, Wayland Baptist (Texas), 6.98  
1988 Comfort Igeh, Wayland Baptist (Texas), 6.93  
1989 Jeanette Pusey, Wayland Baptist (Texas), 6.98  
1990 Felicia Amajali, Missouri Baptist, 6.90  
1991 Faith Idehen, Missouri Baptist, 6.84  
1992 Layphane Carnegie, Central State (Ohio), 6.90  
1993 Layphane Carnegie, Central State (Ohio), 6.82

## Championship History

1994 Savatheda Fynes, Southern-New Orleans (La.), 6.76

### 55-Meter Dash

1995 Chanteau White, Central State (Ohio), 6.97  
 1996 Catherine Pomales, Central State (Ohio), 6.85  
 1997 Cydonie Mothersill, Southern New-Orleans (La.), 6.96  
 1998 Nicole Duncan, Iowa Wesleyan, 6.91  
 1999 Agne Visockaite, McKendree (Ill.), 6.90  
 2000 Agne Visockaite, McKendree (Ill.), 6.83  
 2001 Betty-Ann Haywood, McKendree (Ill.), 7.10  
 2002 Agne Visockaite, McKendree (Ill.), 6.83  
 2003 Melissa Brown, Wayland Baptist (Texas), 7.07  
 2004 Melissa Branch, Wayland Baptist (Texas), 6.92  
 2005 Nickesha Anderson, Missouri Baptist, 6.95

### 60-Meter Dash

2006 Lance Clarke, Missouri Baptist, 7.58  
 2007 Nickesha Anderson, Missouri Baptist, 7.48  
 2008 Kimberly Smith, Wayland Baptist (Texas), 7.40  
 2009 Kimberly Smith, Wayland Baptist (Texas), 7.37  
 2010 Kimberly Smith, Wayland Baptist (Texas), 7.20  
 2011 Anika Jho Baptiste, Florida Memorial, 7.49  
 2012 Jura Levy, Oklahoma Baptist, 7.32  
 2013 Jura Levy, Oklahoma Baptist, 7.24  
 2014 Jura Levy, Oklahoma Baptist, 7.35  
 2015 Alexis Browner, Wayland Baptist (Texas), 7.49  
 2016 Sarah Dunmore, Indiana Tech, 7.40  
 2017 Sarah Dunmore, Indiana Tech, 7.54  
 2018 Devin Johnson, Wayland Baptist (Texas), 7.46

### 60-Yard Hurdles

1981 Linda Weekly, Texas Southern, 7.79  
 1982 Linda Weekly, Texas Southern, 7.96  
 1983 Arnita Epps, Texas Southern, 8.06  
 1984 Thomasina Busch, Hampton (Va.), 7.81  
 1985 Maria Usifo, Texas Southern, 7.82  
 1986 Brenda Jarvis, Adams State (Colo.), 8.00  
 1987 Melody Robinson, Midland Lutheran (Neb.), 7.9  
 1988 Martha Hans, Siena Heights (Mich.), 7.96  
 1989 Brenda Braun, Moorhead State (Minn.), 8.30  
 1990 Tiajuana Newell, Findlay (Ohio), 8.35  
 1991 Carolin Sterling, Central State (Ohio), 8.00  
 1992 Kim Vanderhoek, Simon Fraser (B.C.), 8.02  
 1993 Carolin Sterling, Central State (Ohio), 7.75  
 1994 Michelle Campbell, Azusa Pacific (Calif.), 8.05

### 55-Meter Hurdles

1995 Catherine Pomales, Central State (Ohio), 7.74  
 1996 Catherine Pomales, Central State (Ohio), 7.80  
 1997 Carrie Plumley, Southwestern (Kan.), 8.20  
 1998 Shanda Spurlock, Olivet Nazarene (Ill.), 7.96  
 1999 Shanda Spurlock, Olivet Nazarene (Ill.), 7.98  
 2000 Vanessa Fryer, Simon Fraser (B.C.), 7.96  
 2001 Shannon Mihaltan, Hastings (Neb.), 8.18  
 2002 Kareecia Thompson, MidAmerica Nazarene (Kan.), 8.04  
 2003 Kareecia Thompson, MidAmerica Nazarene (Kan.), 7.89  
 2004 Daveetta Shepherd, Lindenwood (Mo.), 7.81  
 2005 Kareecia Thompson, MidAmerica Nazarene (Kan.), 8.05

### 60-Meter Hurdles

2006 LaToya Greaves, Oklahoma Baptist, 8.42  
 2007 Shannon Hellman, South Dakota Mines & Tech, 8.63  
 2008 Shannon Hellman, Black Hills State, 8.60  
 2009 Zora Golcevska, Azusa Pacific (Calif.), 8.76  
 2010 Natasha Miller, Biola (Calif.), 8.61  
 2011 Crystal Bardge, Embry-Riddle (Fla.), 8.34  
 2012 Breanna Leslie, Azusa Pacific (Calif.), 8.47  
 2013 Shayla France, Indiana Tech, 8.45  
 2014 Akela Jones, Oklahoma Baptist, 8.31  
 2015 Shayla France, Indiana Tech, 8.35  
 2016 Stephanie Marquart, Siena Heights (Mich.), 8.50  
 2017 Telecia Briscoe, Wayland Baptist (Texas), 8.54  
 2018 Telecia Briscoe, Wayland Baptist (Texas), 8.38

### 200-Meter Dash

1995 Fatimat Yusuf, Azusa Pacific (Calif.), 23.64  
 1996 Fatimat Yusuf, Azusa Pacific (Calif.), 23.50  
 1997 Cydonie Mothersill, Southern New-Orleans (La.) 24.06  
 1998 Agne Visockaite, McKendree (Ill.), 24.04  
 1999 Agne Visockaite, McKendree (Ill.), 23.92  
 2000 Agne Visockaite, McKendree (Ill.), 23.50  
 2001 Betty-Ann Haywood, McKendree (Ill.), 24.28  
 2002 Agne Visockaite, McKendree (Ill.), 24.73  
 2003 Angilla Corlette, Lindenwood (Mo.), 24.54

2004 Danielle Norville, Lindenwood (Mo.), 24.16  
 2005 Nickesha Anderson, Missouri Baptist, 23.79  
 2006 Nickesha Anderson, Missouri Baptist, 23.60  
 2007 Nickesha Anderson, Missouri Baptist, 23.59  
 2008 Kimberly Smith, Wayland Baptist (Texas), 24.44  
 2009 Kimberly Smith, Wayland Baptist (Texas), 24.34  
 2010 Kimberly Smith, Wayland Baptist (Texas), 24.17  
 2011 Verone Chambers, Oklahoma Baptist, 24.03  
 2012 Jura Levy, Oklahoma Baptist, 23.03  
 2013 Jura Levy, Oklahoma Baptist, 23.20  
 2014 Jura Levy, Oklahoma Baptist, 23.56  
 2015 Alexis Browner, Wayland Baptist (Texas), 23.39  
 2016 Rochene Smith, Wayland Baptist (Texas), 23.87  
 2017 Brianna Woods, Indiana Tech, 24.59  
 2018 Devin Johnson, Wayland Baptist (Texas), 24.24

### 440-Yard Dash

1981 Yvonne Joseph, Jackson State (Miss.), 57.96  
 1982 Loretta Edwards, Prairie View A&M (Texas), 57.32  
 1983 Joyce Townson, Texas Southern, 56.87  
 1984 Margaret Gamble, Prairie View A&M (Texas), 56.30  
 1985 Carol Williams, Mississippi Valley State 55.44  
 1986 Jocelyn Tatum, Prairie View A&M (Texas), 55.72  
 1987 Densie Bullock, Chicago State (Ill.), 55.68  
 1988 Airat Bakare, Azusa Pacific (Calif.), 56.37  
 1989 Airat Bakare, Azusa Pacific (Calif.), 56.88  
 1990 Carol Bailey, Concordia (Neb.), 56.83  
 1991 Alwren Wallace, Central State (Ohio), 56.87  
 1992 Deon Hemmings, Central State (Ohio), 56.93  
 1993 Fatimat Yusuf, Southern-New Orleans (La.), 54.60  
 1994 Fatimat Yusuf, Southern-New Orleans (La.), 54.00

### 400-Meter Dash

1995 Fatimat Yusuf, Azusa Pacific (Calif.), 53.24  
 1996 Fatimat Yusuf, Azusa Pacific (Calif.), 53.05  
 1997 Altrice Taylor, Southern New-Orleans (La.), 56.22  
 1998 Zoila Stewart, Life (Ga.), 55.14  
 1999 Zoila Stewart, Life (Ga.), 56.43  
 2000 Sedell Roberts, Life (Ga.), 55.66  
 2001 Sharline Maxwell, Briar Cliff (Iowa), 56.05  
 2002 Sharline Maxwell, Briar Cliff (Iowa), 55.55  
 2003 Janessa Lepp, Azusa Pacific (Calif.), 57.15  
 2004 Niema Golphin, Azusa Pacific (Calif.), 54.95  
 2005 Rosemary Okafor, McKendree (Ill.), 54.56  
 2006 Nickesha Anderson, Missouri Baptist, 54.72  
 2007 Patricia Mayers, Wayland Baptist (Texas), 54.59  
 2008 Marissa Moseley, Oklahoma Baptist, 54.41  
 2009 Marissa Moseley, Oklahoma Baptist, 54.85  
 2010 Verone Chambers, Oklahoma Baptist, 56.27  
 2011 Verone Chambers, Oklahoma Baptist, 54.83  
 2012 Janelle Redhead, Wayland Baptist (Texas), 53.25  
 2013 Stacy Warrior, Oklahoma Baptist, 54.55  
 2014 Kirsten Flake, Indiana Tech, 54.35  
 2015 Bianca Farrington, Wayland Baptist (Texas), 54:60  
 2016 Orenthia Bennett, Southern-New Orleans (La.), 55.39  
 2017 Jenna Moody, St. Francis (Ill.), 55.72  
 2018 Shadae Hylton, Southern (La.), 53.38

### 600-Yard Run

1981 Radius Jacobs, Jackson State (Miss.), 1:27.09  
 1982 Easter Gabriel, Prairie View A&M (Texas), 1:23.97  
 1983 Easter Gabriel, Prairie View A&M (Texas), 1:23.76  
 1984 Julie Jenkins, Adams State (Colo.), 1:21.78  
 1985 LaVonda Luckett, Prairie View A&M (Texas), 1:25.19  
 1986 LaVonda Luckett, Prairie View A&M (Texas), 1:24.46  
 1987 LaVonda Luckett, Prairie View A&M (Texas), 1:26.64  
 1988 Airat Bakare, Azusa Pacific (Calif.), 1:24.31  
 1989 Vida Alexander, Lubbock Christian (Texas), 1:23.36  
 1990 Monica Stevenson, Malone (Ohio), 1:27.39  
 1991 Audrea Sterling, Central State (Ohio), 1:25.87  
 1992 Audrea Sterling, Central State (Ohio), 1:21.88  
 1993 Audrea Sterling, Central State (Ohio), 1:25.23  
 1994 Audrea Sterling, Central State (Ohio), 1:24.42

### 600-Meter Run

1996 Selisha Hudson, Southern-New Orleans (La.), 1:35.42  
 1997 Erin Boziel, Jamestown (N.D.), 1:33.95  
 1998 Steph Miller, Southern Nazarene (Okla.), 1:33.08  
 1999 Nadia Cunningham, McKendree (Ill.), 1:36.11  
 2000 Shernette Davis, McKendree (Ill.), 1:33.30  
 2001 Letitia Gilkes, Wayland Baptist (Texas), 1:32.36  
 2002 Nadia Cunningham, McKendree (Ill.), 1:34.37  
 2003 Crystal Bethell, Park (Mo.), 1:32.63  
 2004 Crystal Bethell, Park (Mo.), 1:32.74



# Championship History

- 2005 Keyonna Hornbuckle, Oklahoma Baptist, 1:34.09
- 2006 Kyli Bean, Oklahoma Baptist, 1:32.35
- 2007 Amanda Mayfield, Oklahoma Baptist, 1:32.32
- 2008 Sherene Pinnock, Oklahoma Baptist, 1:30.53
- 2009 Brandee Means, Langston (Okla.), 1:31.09
- 2010 Kydia Echols, Wayland Baptist (Texas), 1:32.47
- 2011 Brianna Kane, Simon Fraser (B.C.), 1:32.80
- 2012 Nikita Tracey, Oklahoma Baptist, 1:31.57
- 2013 Katie Bonnema, Dordt (Iowa), 1:31.52
- 2014 Elysia Hodges, Westmont (Calif.), 1:30.49
- 2015 Elysia Mitchell, Westmont (Calif.), 1:31.29
- 2016 Monique McPherson, Wayland Baptist (Texas), 1:31.23
- 2017 Taylor Needham, Southwestern (Kan.), 1:33.46
- 2018 Ja'lanna Williams, Wayland Baptist (Texas), 1:33.87

## 880-Yard Run

- 1981 Donna Bean, Jackson State (Miss.), 2:16.38
- 1982 Cathy Schmidt, Saginaw Valley State (Mich.), 2:18.95
- 1983 Cathy Schmidt, Saginaw Valley State (Mich.), 2:15.65
- 1984 Colleen Booms, Saginaw Valley State (Mich.), 2:16.13
- 1985 Julie Jenkins, Adams State (Colo.), 2:10.69
- 1986 Cathy Taylor, Prairie View A&M (Texas), 2:14.96
- 1987 Cathy Taylor, Prairie View A&M (Texas), 2:13.76
- 1988 Chris Wagner, Simon Fraser (B.C.), 2:11.46
- 1989 Vida Alexander, Lubbock Christian (Texas), 2:14.72
- 1990 Alana Kripps, Simon Fraser (B.C.), 2:13.86
- 1991 Barbara Smith, Prairie View A&M (Texas), 2:15.71
- 1992 Sherdon Smith, Central State (Ohio), 2:15.14
- 1993 Sherdon Smith, Central State (Ohio), 2:13.80
- 1994 Dytonya Maryland, Prairie View A&M (Texas), 2:14.34

## 800-Meter Run

- 1995 Vernetta Rolle, Southern-New Orleans (La.), 2:14.06
- 1996 Steph Miller, Southern Nazarene (Okla.), 2:17.00
- 1997 Stephanie Minto, Southern-New Orleans (La.), 2:15.06
- 1998 Zoila Stewart, Life (Ga.), 2:13.78
- 1999 Laura Peterson, Wisconsin-Parkside, 2:15.37
- 2000 Leontine Tsiba, Life (Ga.), 2:10.08
- 2001 Leontine Tsiba, Life (Ga.), 2:08.68
- 2002 Brandy Bratton, Oklahoma Baptist, 2:11.42
- 2003 Julia Howard, Simon Fraser (B.C.), 2:14.20
- 2004 Tara McAvena, Dickinson State (N.D.), 2:15.16
- 2005 Rebecca Johnstone, Simon Fraser (B.C.), 2:10.74
- 2006 Margaret Nakintu, Missouri Baptist, 2:07.87
- 2007 Weseigh Jastorff, Black Hills State (S.D.), 2:15.25
- 2008 Jessica Smith, Simon Fraser (B.C.), 2:13.33
- 2009 Helen Crofts, Simon Fraser (B.C.), 2:12.11
- 2010 Helen Crofts, Simon Fraser (B.C.), 2:09.54
- 2011 Helen Crofts, Simon Fraser (B.C.), 2:04.94
- 2012 Junia Limage, Concordia (Ore.), 2:11.39
- 2013 Junia Limage, Concordia (Ore.), 2:09.75
- 2014 Hillary Holt, College of Idaho, 2:09.08
- 2015 Ellie Staker, Embry-Riddle (Fla.), 2:09.59
- 2016 Hannah Segrave, Milligan (Tenn.), 2:06.91
- 2017 Hannah Segrave, Milligan (Tenn.), 2:07.49
- 2018 Adri Sigafoose Aquinas (Mich.), 2:12.73

## 1000-Yard Run

- 1981 Donna Bean, Jackson State (Miss.), 2:40.36
- 1982 Cathy Schmidt, Saginaw Valley State (Mich.), 2:39.83
- 1983 Cathy Schmidt, Saginaw Valley State (Mich.), 2:37.43
- 1984 Colleen Booms, Saginaw Valley State (Mich.), 2:40.90
- 1985 Jane Romig, Cedarville (Ohio), 2:38.19
- 1986 Jane Romig-Brooker, Cedarville (Ohio), 2:36.13
- 1987 Cathy Taylor, Prairie View A&M (Texas), 2:37.45
- 1988 Michelle Marter-Rohl, Wisconsin-Parkside, 2:38.06
- 1989 Barbara Smith, Prairie View A&M (Texas), 2:39.72
- 1990 Barbara Smith, Prairie View A&M (Texas), 2:40.73
- 1991 Barbara Smith, Prairie View A&M (Texas), 2:42.22
- 1992 Ruth Hamilton, Lubbock Christian (Texas), 2:37.52
- 1993 Sherdon Smith, Central State (Ohio), 2:35.75
- 1994 Elizabeth Onyambu, Biola (Calif.), 2:34.23

## 1000-Meter Run

- 1996 Carolyn Murray, Simon Fraser (B.C.), 2:53.63
- 1997 Michelle Teodoro, Azusa Pacific (Calif.), 2:55.09
- 1998 Heather deGeest, Simon Fraser (B.C.), 2:51.30
- 1999 Heather deGeest, Simon Fraser (B.C.), 2:58.02
- 2000 Chrystall Denaeyer, Azusa Pacific (Calif.), 2:55.58
- 2001 Eszter Erdelyi, Central Methodist (Mo.), 2:53.08
- 2002 Brianna Carstensen, Azusa Pacific (Calif.), 2:58.09
- 2003 Brianna Carstensen, Azusa Pacific (Calif.), 2:50.54
- 2004 Julia Howard, Simon Fraser (B.C.), 2:49.41
- 2005 Julia Howard, Simon Fraser (B.C.), 2:53.23

- 2006 Julia Howard, Simon Fraser (B.C.), 2:48.69
- 2007 Carmin Green, Olivet Nazarene (Ill.), 2:55.85
- 2008 Beth McCubbin, Embry-Riddle (Fla.), 2:54.28
- 2009 Beth McCubbin, Embry-Riddle (Fla.), 2:55.81
- 2010 Jessica Smith, Simon Fraser (B.C.), 2:45.85
- 2011 Jessica Smith, Simon Fraser (B.C.), 2:51.33
- 2012 Diandr Carstensen, Azusa Pacific (Calif.), 2:51.08
- 2013 Hannah Helker, Oklahoma Baptist, 2:47.76
- 2014 Hannah Helker, Oklahoma Baptist, 2:46.91
- 2015 Leah Esposito, Carroll (Mont.) 2:52.02
- 2016 Hannah Hermansson, Marymount (Calif.), 4:45.81
- 2017 Adri Sigafoose, Aquinas (Mich.), 2:50.74
- 2018 Anna Shields, Point Park (Pa.), 2:46.22

## Mile Run

- 1981 Kellie Benzow, Wisconsin-Parkside, 5:11.63
- 1982 Debbie Spino, Wisconsin-Parkside, 5:11.46
- 1983 Leslie Devereaux, Texas Southern, 5:04.49
- 1984 Tori Neubauer, Wisconsin-La Crosse, 4:59.20
- 1985 Kate Somers, Wisconsin-Eau Claire, 5:00.03
- 1986 Kelly McCammon, Emporia State (Kan.), 5:02.09
- 1987 Donna Spickelmier, Kearney State (Neb.), 4:57.78
- 1988 Leah Pells, Simon Fraser (B.C.), 4:43.68
- 1989 Yvonne Hollmann, Midland Lutheran (Neb.), 5:06.51
- 1990 Sarah Howell, Simon Fraser (B.C.), 5:03.22
- 1991 Sarah Howell, Simon Fraser (B.C.), 4:55.11
- 1992 Sarah Howell, Simon Fraser (B.C.), 4:51.51
- 1993 Lara Leitch, Simon Fraser (B.C.), 4:52.85
- 1994 Suzanne Weeder, Doane (Neb.), 4:55.73
- 1995 Valerie Niese, Wisconsin-Parkside, 5:03.19
- 1996 Heather deGeest, Simon Fraser (B.C.), 4:49.51
- 1997 Heather deGeest, Simon Fraser (B.C.), 4:53.43
- 1998 Carolyn Murray, Simon Fraser (B.C.), 4:57.48
- 1999 Sarah Korir, McKendree (Ill.), 5:04.85
- 2000 Leontine Tsiba, Life (Ga.), 4:57.56
- 2001 Leontine Tsiba, Life (Ga.), 4:52.05
- 2002 Kristy Feldman, Graceland (Iowa), 4:55.59
- 2003 Evelina Slatinska, Central Methodist (Mo.), 5:12.28
- 2004 Evelina Slatinska, Central Methodist (Mo.), 4:56.19
- 2005 Julia Howard, Simon Fraser (B.C.), 4:59.01
- 2006 Margaret Nakintu, Missouri Baptist, 4:48.58
- 2007 Bethany McCoy, Olivet Nazarene (Ill.), 4:58.63
- 2008 Bethany Carr, Olivet Nazarene (Ill.), 4:53.65
- 2009 Jaime Canterbury, Azusa Pacific (Calif.), 4:53.65
- 2010 Lydia Wong, Cedarville (Ohio), 4:55.01
- 2011 Victoria Martinez, Azusa Pacific (Calif.), 4:53.01
- 2012 Victoria Martinez, Azusa Pacific (Calif.), 4:48.78
- 2013 Hillary Holt, College of Idaho, 4:49.49
- 2014 Hillary Holt, College of Idaho, 4:49.62
- 2015 Hannah Fields (Helker), Oklahoma Baptist, 4:37.26
- 2016 Leah Esposito, Carroll (Mon.), 4:56.89
- 2017 Aminat Olowara, Oklahoma City, 4:48.01
- 2018 Anna Shields, Point Park (Pa.), 4:37.30

## Two-Mile Run

- 1981 Wendy Burman, Wisconsin-Parkside, 10:47.16
- 1982 Angie Piksbus, College of the Ozarks (Mo.), 10:40.47
- 1983 Tori Neubauer, Wisconsin-La Crosse, 10:22.21
- 1984 Tori Neubauer, Wisconsin-La Crosse, 10:23.02
- 1985 Julia Zimmer, Marquette (Wis.), 10:49.46
- 1986 Lynn Bouche, Wisconsin-Milwaukee, 10:47.33
- 1987 Gina Van Laar, Hillsdale (Mich.), 10:46.81
- 1988 Michelle Marter-Rohl, Wisconsin-Parkside, 10:28.96
- 1989 Yvonne Hollmann, Midland Lutheran (Neb.), 10:23.68
- 1990 Yvonne Hollmann, Midland Lutheran (Neb.), 10:58.62
- 1991 Sarah Howell, Simon Fraser (B.C.), 10:22.37
- 1992 Amy Giblin, Adams State (Colo.), 10:32.29
- 1993 Tigist Moreda, Wayland Baptist (Texas), 10:27.30
- 1994 Rosa Ibarra, Wayland Baptist (Texas), 10:53.62

## 3000-Meter Run

- 1995 Jodie Young, Wayland Baptist (Texas), 10:05.79
- 1996 Rosa Ibarra, Wayland Baptist (Texas), 9:49.23
- 1997 Cari Rampersad, Simon Fraser (B.C.), 9:37.73
- 1998 Cari Rampersad, Simon Fraser (B.C.), 9:40.96
- 1999 Desneige McLean, Simon Fraser (B.C.), 9:55.54
- 2000 Desneige McLean, Simon Fraser (B.C.), 9:59.52
- 2001 Mary Livengood, Doane (Neb.), 9:59.23
- 2002 Chrisie Gregory, Fresno Pacific (Calif.), 10:13.70
- 2003 Chrisie Gregory, Fresno Pacific (Calif.), 10:10.12
- 2004 Kristina Proticova, Northwest (Wash.), 10:10.47
- 2005 Brianna Carstensen, Azusa Pacific (Calif.), 9:55.95
- 2006 Miriam Kaumba, Oklahoma Baptist, 9:30.06
- 2007 Genevieve Binsfeld, Minot State (N.D.), 9:57.96

## Championship History

2008	Jaime Canterbury, Azusa Pacific (Calif.), 10:10.40
2009	Caroline Karunde, Wayland Baptist (Texas), 9:42.60
2010	Jacky Kipwambok, Azusa Pacific (Calif.), 9:45.72
2011	Karlee Coffey, Eastern Oregon, 9:55.36
2012	Victoria Martinez, Azusa Pacific (Calif.), 9:59.75
2013	Hillary Holt, College of Idaho, 10:00.73
2014	Rhianna Grossman, Carroll (Mont.), 9:48.26
2015	Hannah Fields (Helker), Oklahoma Baptist, 9:44:53
2016	Lyndee Dawson, Biola (Calif.), 9:58.73
2017	Aminat Olowora, Oklahoma City, 9:46.78
2018	Aminat Olowora, Oklahoma City, 9:33.96

### Three-Mile Run

1988	Kim Burke, Central Washington, 16:31.99
1989	Amber Anderson, Midland Lutheran (Neb.), 16:45.64
1990	Terry Villarreal, Adams State (Colo.), 16:52.85
1991	Amber Anderson, Midland Lutheran (Neb.), 16:40.63
1992	Paula Stokman, Wisconsin-Parkside, 16:04.85
1993	Tigist Moreda, Wayland Baptist (Texas), 16:41.73
1994	Rosa Ibarra, Wayland Baptist (Texas), 17:24.03

### 5000-Meter Run

1995	Tracey Pope, Wisconsin-Parkside, 17:50.23
1996	Rosa Ibarra, Wayland Baptist (Texas), 17:40.23
1997	Josephine Kandie, Life (Ga.), 17:18.22
1998	Sarah Korir, McKendree (Ill.), 17:40.04
1999	Sarah Korir, McKendree (Ill.), 17:55.12
2000	Sarah Korir, McKendree (Ill.), 17:18.17
2001	Missy Almond, Malone (Ohio), 18:00.01
2002	Genevieve Graff-Ermeling, Concordia (Calif.), 17:45.85
2003	Marta Zimon, Milligan (Tenn.), 17:47.02
2004	Kim Cipura, Roberts Wesleyan (N.Y.), 17:40.61
2005	Miriam Kaumba, Oklahoma Baptist, 16:20.97
2006	Betty Rotich, Missouri Baptist, 16:48.00
2007	Petrana Petkova, Goshen (Ind.), 17:44.99
2008	Alissa McKaig, Indiana Tech, 16:45.07
2009	Nicole Santos, Cedarville (Ohio), 17:15.31
2010	Lauren Jimison, Azusa Pacific (Calif.), 17:15.13
2011	Obsie Birru, Grand View (Iowa), 16:51.67
2012	Lauren Jimison, Azusa Pacific (Calif.), 16:53.37
2013	Hannah Helker, Oklahoma Baptist, 17:24.34
2014	Hannah Helker, Oklahoma Baptist, 17:18.36
2015	Ashley Bell, Concordia (Calif.), 17:17.11
2016	Kristen Garwood, Hannibal-LaGrange (Mo.), 17:26.05
2017	Ellie Willging, St. Xavier, 17:01.94
2018	Molly Vitale-Sullivan, College of Idaho, 17:21.75

### 3000-Meter Race Walk

2000	Sara Stevenson, Olivet Nazarene (Ill.), 14:02.85
2001	Amber Antonia, Wisconsin-Parkside, 16:04.68
2002	Amber Antonia, Wisconsin-Parkside, 13:56.06
2003	Magda Spyra, Mary (N.D.), 15:31.17
2004	Kate Brooker, Simon Fraser (B.C.), 16:26.24
2005	Anine Stanley, Lindsey Wilson (Ky.), 16:05.61
2006	Amanda Gorst, Virginia Intermont, 14:39.30
2007	Tina Peters, Goshen (Ind.), 14:50.36
2008	Tina Peters, Goshen (Ind.), 15:22.43
2009	Tina Peters, Goshen (Ind.), 14:58.96
2010	Jessica Ching, Lindenwood (Mo.), 14:25.38
2011	Jessica Ching, Lindenwood (Mo.), 14:12.05
2012	Nicole Bonk, Embry-Riddle (Fla.), 14:41.95
2013	Nicole Bonk, Embry-Riddle (Fla.), 13:53.63
2014	Molly Josephs, Missouri Baptist, 14:19.42
2015	Molly Josephs, Missouri Baptist, 14:19.42
2016	Jenny Lopez, St. Ambrose (Iowa), 14:47.61
2017	Natalia Alfonso, Missouri Baptist, 13:49.84
2018	Anali Cisneros, Judson (Ill.), 13:59.60

### Mile Relay

1981	Mississippi Valley State (Harvella Newsome, Vogel Newsome, Vanessa Cole, Carol D. Williams), 3:55.81
1982	Prairie View A&M (Texas) (Sheila Labome, Cynthia Bosie, Loretta Edwards, Easter Gabriel), 3:47.23
1983	Prairie View A&M (Texas) (Sheila Labome, Norrie McAfee, Lynn Gamble, Easter Gabriel), 3:48.31
1984	Prairie View A&M (Texas) (LaVonda Luckett, Norrie McAfee, Margaret Gamble, Jocelyn Tatum), 3:47.13
1985	Prairie View A&M (Texas) (Deirdre Jackson, Norrie McAfee, Evan Williams, LaVonda Luckett), 3:51.46
1986	Wayland Baptist (Texas) (Starlette Daniels, Reater Golston, Florence Ushieagu, Comfort Igeh), 3:55.31
1987	Prairie View A&M (Texas) (LaVonda Luckett, Cathy Taylor, Evan Williams, Jocelyn Tatum), 3:51.37
1988	Wayland Baptist (Texas) (Vickie Aoko, Comfort Igeh, Kendra Reeves, Althea Thomas), 3:51.59
1989	Prairie View A&M (Texas) (Rhonda Lampkin, Celsia Shy, Mary Miller, Wanda Clay), 3:45.73
1990	Prairie View A&M (Texas) (Rhonda Lampkin, Tracey Garrison, Celsia Shy, Barbara Smith), 3:55.44
1991	Central State (Ohio) (Alwren Wallace, Deon Hemmings, Audrea Sterling, Sherdon Smith), 3:51.91
1992	Simon Fraser (B.C.) (Michaela Colluney, Kendall Matheson, Kim Vanderhoek, Sarah Howell), 3:56.68
1993	Prairie View A&M (Texas) (Cecilia Crear, Kalimba Perry, Lytonia Edwards, Christine Gray), 3:52.30
1994	Central State (Ohio) (Althea Edwards, Beverley Grant, Antonette Jones, Catharine Scott-Pomales), 3:48.91

### 1600-Meter Relay

1995	Southern-New Orleans (La.) (Christine Smith, Altrice Taylor, Selisha Hudson, Veretta Rolle), 3:41.18
1996	Southern-New Orleans (La.) (Christine Smith, Altrice Taylor, Tracyan Baker, Selisha Hudson), 3:48.3 h
1997	Southern-New Orleans (La.) (Lesaka Morgridge, Tameca Williams, Altrice Taylor, Stephanie Minto), 3:48.45
1998	Life (Ga.) (Camille Clark, Neketa Sears, Sherese Collie, Zoila Stewart), 3:47.41
1999	Azusa Pacific (Calif.) (Marie Womplou, Stephanie McCann, Amber Higgins, Chrystal DeNayer), 3:54.79
2000	McKendree (Ill.) (Althea Johnson, Denica Davis, Petrona McClymont, Agne Visockaite), 3:48.19
2001	Wayland Baptist (Texas) (Keisha Esprit, Letitia Gilkes, Letitia Davis, Carissa Graves), 3:52.41
2002	McKendree (Ill.) (Betty-Ann Haywood, Shernetta Davis, Agne Visockaite, Nadia Cunningham), 3:48.32
2003	Azusa Pacific (Calif.) (Nicole Shaw, Niema Golphin, Nicole Rosencrantz, Janessa Lepp), 3:52.83
2004	Mary (N.D.) (Latasha Rudolph, Femi Kehinde, Mollie Hoff, Bukky Hassan), 3:48.88
2005	Oklahoma Baptist (Keyonna Hornbuckle, Melissa Mount, Kyta Ferrer, Kyli Bean), 3:49.24
2006	Oklahoma Baptist (Kyli Bean, Chandra Huckabay, Kyta Willets, Nickiesha Wilson), 3:46.85
2007	Wayland Baptist (Texas) (Keliesha Ross, Akisha Simmons, Kydia Echols, Patricia Mayers), 3:42.95
2008	Oklahoma Baptist (Marissa Moseley, Yesenia Avila, Aletha Hubbard, Sherene Pinnock), 3:45.03
2009	Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Shondia Drew, Verone Chambers), 3:47.35
2010	Oklahoma Baptist (Marissa Moseley, Sarah Patterson, Shondia Drew, Verone Chambers), 3:44.94
2011	Oklahoma Baptist (Stacy Warrior, Nikita Tracey, Shondia Drew, Verone Chambers), 3:44.16
2012	Oklahoma Baptist (Stacy Warrior, Nikita Tracey, Jura Levy, Verone Chambers), 3:39.83
2013	Indiana Tech (Zalika Dixon, Chloe Brooks, Shayne Armbrister, Kirsten Flake), 3:39.423
2014	Indiana Tech (Zalika Dixon, Chloe Brooks, Chauntiel Smith, Kirsten Flake), 3:40.23
2015	Wayland Baptist (Texas) (Bianca Farrington, Alexis Browner, Kelsey Gittens, Monique McPherson), 3:41.39
2016	Southern-New Orleans (La.) (Shadae Hylton, Shantae Green, Leonie Robinson, Orenthia Bennett), 3:43.79
2017	Carroll (Mont) (Keely Ehmann, Brianna Olson, Monica White, Kara Barth), 3:48.42
2018	Southern (La.) (Argyana Bolton, Kimona Smikle, Xuxa Peart, Shadae Hylton), 3:37.92

### Two-Mile Relay

1981	Jackson State (Miss.) (Donna Bean, Gina Smith, Brenda Owens, Radium Jacobs), 9:30.49
1982	Texas Southern (Madonna Redd, Sandra Scott, Tawonna Thompson, Cheritta Jackson), 9:19.17
1983	Prairie View A&M (Texas) (Regina Bennett, Cynthia Bosie, Easter Gabriel, Lillie Taylor), 9:18.69
1984	Saginaw Valley State (Mich.) (Sandy Niedergall, Kelly Vasold, Andrea Bowman, Colleen Booms), 9:20.50
1985	Prairie View A&M (Texas) (Regina Bennett, Brynette Smith, LaVonda Luckett, Cathy Taylor), 9:15.44
1986	Prairie View A&M (Texas) (Sandra Latham, Norrie McAfee, LaVonda Luckett, Cathy Taylor), 9:17.24
1987	Wisconsin-Milwaukee (Amy Simonsen, Carrie Huen, Anne Hills, Corrina Zimbowski), 9:25.37
1988	Simon Fraser (B.C.) (Sarah Howell, Lori Ewing, Leah Pells, Chris Wagner), 9:00.40
1989	Midland Lutheran (Neb.) (Mary Beaumont, Amber Anderson, Tanya Vaughn, Yvonne Hollmann), 9:16.46
1990	Simon Fraser (B.C.) (Sarah Howell, Caroline Fraser, Monica O'Gorman, Alana Kripps), 9:15.92
1991	Hillsdale (Mich.) (Carrie Ham, Cathy Edwards, Shelly Waugh, Elizabeth Bolden), 9:28.97
1992	Simon Fraser (B.C.) (Michaela Colluney, Lara Leitch, Lindsay McLaren, Sarah Howell), 9:11.64
1993	Simon Fraser (B.C.) (Michaela Colluney, Lindsay McLaren, Aundrea Bertoia, Lara Leitch), 9:18.85
1994	Hillsdale (Mich.) (Jennifer Stevenson, Joy Wright, Sara Petta, Cathy Edwards), 9:24.39

### 3200-Meter Relay

1995	Southern-New Orleans (La.) (Christine Smith, Patrice Peart, Lesaka Morgridge, Veretta Rolle), 9:11.34
1996	Southern-New Orleans (La.) (Christine Smith, Stephanie Mito, Lesaka Morgridge, Selisha Hudson), 9:16.95
1997	Simon Fraser (B.C.) (Kristy Zychowka, Carolyn Murray, Laena Garrison, Heather deGeest), 9:12.80
1998	Simon Fraser (B.C.) (Carolyn Murray, Jeannette Vandenbulck, Cari Rampersad, Heather deGeest), 9:11.96
1999	Concordia (Neb.) (Stacey Hain, Rachel Geidel, Andrea Overstreet, Julie Reinke), 9:21.61
2000	McKendree (Ill.) (Josephine Suge, Petrona McClymont, Sarah Korir, Shernetta Davis), 9:06.53
2001	Spring Arbor (Mich.) (Natalie Kendall, Heidi Bock, Michelle Klein, Meran Miles), 9:20.56
2002	Oklahoma Baptist (Amber Statts, Kari Hart, Sarah Phillips, Brandy Bratton), 9:13.84
2003	Azusa Pacific (Calif.) (Laurie Ramirez, Marissa Reeber, Lisette Saucedo, Brianna Carstensen), 9:07.06
2004	Black Hills State (S.D.) (Kendra Karst, Liz Woodruff, Jamie Hahn, Angi Azmann), 9:09.00
2005	Oklahoma Baptist (Chandra Huckabay, Andrea Mount, Melissa Mount, Kyta Ferrer), 9:06.93
2006	Simon Fraser (B.C.) (Alexandra Krasovska, Heather Mancell, Rebecca Johnstone, Julia Howard), 8:50.86
2007	Oklahoma Baptist (Kisha Gaspard, Amanda Mayfield, Kyli Bean, Sherene Pinnock), 9:06.52
2008	Wayland Baptist (Texas) (Elva Pedroza, Erin Britton, Kydia Echols, Purity Biwott), 9:15.53
2009	Wayland Baptist (Texas) (Elva Pedroza, Erin Britton, Caroline Karunde, Purity Biwott), 8:58.54
2010	Simon Fraser (B.C.) (Brianna Kane, Ali Hudson, Helen Crofts, Jessica Smith), 9:07.48
2011	Simon Fraser (B.C.) (Brianna Kane, Olivia Brennan, Jessica Smith, Helen Crofts), 8:57.35
2012	Oklahoma Baptist (Nikita Tracey, Jade Troxell, Shondia Drew, Hannah Helker), 9:05.99
2013	Morningside (Iowa) (Mckenzie Reece, Jen Petsche, Hailee Heitkamp, Breanna Mathes), 9:06.17
2014	Oklahoma Baptist (Halie Herbert, Kati Grandstaff, Hannah Helker, Whitney Warfield), 8:57.29
2015	Oklahoma Baptist (Halie Herbert, Katelyn Fritz, Shimoya Currie, Hannah Fields), 9:02.28
2016	Benedictine (Kan.) (Hannah Wondra, Katherine Dillard, Hannah Pinkerton, Lauren Benzing), 9:09.37
2017	Oklahoma City (Sara Moore, Sheridan Hoyer, Stefani Nell, Aminat Olowora), 9:11.95
2018	Wayland Baptist (Texas) (Tiffany Cano, Elizabeth Williams, Ja'lanna Williams, Silvia Sosa), 9:01.22

### Distance Medley Relay

1982	Texas Southern (Jeanice Gunner, Cheritta Jackson, Tawonna Thompson, Leslie Devereaux), 12:41.01
1983	Wisconsin-La Crosse (Mary Kastelic, Patty Heimerman, Doreen Ludlow, Tori Neubauer), 12:09.55
1984	Midland (Neb.) (Shelly Downer, Virgie Buller, Susan Downer, Karla Christensen), 12:02.93
1985	Midland (Neb.) (Shelly Downer, Virgie Buller, Susan Downer, Karla Christensen), 12:04.52
1986	Kearney State (Neb.) (Deb Spickelmier), Tatia Harris, Barb Herbek, Donna Spickelmier), 12:10.77
1987	Kearney State (Neb.) (Beth Wilson, Tatia Harris, Becky Mumma, Donna Spickelmier), 12:26.18
1988	Simon Fraser (B.C.) (Alana Kripps, Lori Ewing, Chris Wagner, Leah Pells), 11:48.94
1989	Midland Lutheran (Neb.) (Mary Beaumont, Kris Pierce, Amber Anderson, Yvonne Hollmann), 12:03.29
1990	Simon Fraser (B.C.) (Alana Kripps, Michaela Colluney, Caroline Fraser, Sarah Howell), 12:08.11
1991	Hillsdale (Mich.) (Tina McKinney, Michelle Jefferson, Shelly Waugh, Debbie Pascoe), 12:19.25
1992	Simon Fraser (B.C.) (Lara Leitch, Lisa Thiele, Lindsay McLaren, Sarah Howell), 12:05.72

# Championship History

- 1993 Simon Fraser (B.C.) (Lara Leitch, Michaela Colluney, Aundrea Bertoia, Lindsay McLaren), 12:05.03
- 1994 Hillsdale (Mich.) (Cathy Edwards, Danielle Butler, Jennifer Stevenson, Joy Wright), 12:14.84
- 1995 Wisconsin-Parkside (Magda Tamas, Jennifer Moss, Amy Haines, Valerie Niese), 12:14.43
- 1996 Simon Fraser (B.C.) (Carolyn Murray, Jean Van Den Bulk, Cari Rampersad, Heather deGeest), 12:00.08
- 1997 Simon Fraser (B.C.) (Cari Rampersad, Carolyn Murray, Stephanie McCann, Heather deGeest), 12:00.39
- 1998 Simon Fraser (B.C.) (Carolyn Murray, Vanessa Fryer, Cari Rampersad, Heather deGeest), 11:45.09
- 1999 Simon Fraser (B.C.) (Desneige McLean, Jeanette Van Den Bulk, Carlene Daniels, Heather deGeest), 12:07.60
- 2000 Life (Ga.) (Letiwe Marakurwa, Tamishia Gonzalez, Betty Butler, Leontine Tsiba), 12:02.15
- 2001 Central Methodist (Mo.) (Agatha Gitundu, Naeemah Clark, Chasity Hank, Eszter Erdelyi), 12:17.05
- 2002 Azusa Pacific (Calif.) (Christine Krause, Nicole Rosenkrantz, Tanisha White, Brianna Carstensen), 12:08.25
- 2003 Azusa Pacific (Calif.) (Christin Krause, Laurie Ramirez, Lisette Saucedo, Brianna Carstensen), 11:54.52
- 2004 Simon Fraser (B.C.) (Rebecca Johnstone, Grace Dunnigan, Julie Howard, Natasha Wodak), 11:57.24
- 2005 Simon Fraser (B.C.) (Julie Howard, Meredith MacGregor, Alexandra Krasovska, Rebecca Johnstone), 11:43.08
- 2006 Simon Fraser (B.C.) (Julia Howard, Grace Dunnigan, Rebecca Johnstone, Meredith MacGregor), 11:45.71
- 2007 Simon Fraser (B.C.) (Heather Mancell, Traci Boss, Kristin Kolstad, Meredith MacGregor), 11:48.57
- 2008 Simon Fraser (B.C.) (Jessica Smith, Ali Hudson, Heather Mancell, Kristen Kolstad), 11:55.29
- 2009 Simon Fraser (B.C.) (Heather Mancell, Breanne Carter, Jessica Smith, Helen Crofts), 12:05.97
- 2010 Simon Fraser (B.C.) (Angela Shaw, Michaela Kane, Helen Crofts, Jessica Smith), 11:39.22
- 2011 Simon Fraser (B.C.) (Jessica Smith, Breanne Carter, Brianna Kane, Helen Crofts), 11:44.83
- 2012 Azusa Pacific (Calif.) (Diandra Carstensen, Megan VanWinkle, Breanna Leslie, Victoria Martinez), 11:45.59
- 2013 College of Idaho (Sora Klopfenstein, Jasmine Sibert, Elynn Smith, Hillary Holt), 11:49.66
- 2014 College of Idaho (Sarah Johnson, Jordan Engelhardt, Jasmine Hurd, Hillary Holt), 11:41.57
- 2015 Oklahoma Baptist (Miranda Dent, Clarissa Watkins, Whitney Warfield, Hannah Fields), 11:49:51
- 2016 Aquinas (Calif.) (Melissa Winchester, Marissa Ingersoll, Sydney Anderson, Adri Sigafoose), 11:58.04
- 2017 Oklahoma City (Sara Moore, Stefani Nell, Sheridan Hoyer, Aminat Olowora), 11:51.57
- 2018 Aquinas (Mich.) (Melissa Winchester, Courtney Truss, Alexis Miller, Adri Sigafoose), 11:58.78

## High Jump

- 1981 Vivian Garner, Jackson State (Miss.), 1.70 (5-7)
- 1982 Paula Benne, MidAmerica Nazarene (Kan.), 1.65 (5-5)
- 1983 Leanna Jackson, Adams State (Colo.), 1.80 (5-11)
- 1984 Sybil Reddick, Texas Southern, 1.70 (5-7)
- 1985 Alberta Thomas, College of the Ozarks (Mo.), 1.73 (5-8)
- 1986 Erika Hohenstein, Moorhead State (Minn.), 1.70 (5-7)
- 1987 Sandy Andrews, Midland Lutheran (Neb.), 1.70 (5-7)
- 1988 Kelly Cox, Missouri Baptist, 1.81 (5-11 ½)
- 1989 Latrese Johnson, Azusa Pacific (Calif.), 1.78 (5-10)
- 1990 Latrese Johnson, Azusa Pacific (Calif.), 1.83 (6-0)
- 1991 Latrese Johnson, Azusa Pacific (Calif.), 1.78 (5-10)
- 1992 Jana Hochstetler, Doane (Neb.), 1.76 (5-9)
- 1993 Michelle Laviolette, Simon Fraser (B.C.), 1.78 (5-10)
- 1994 Corinna Wolf, Simon Fraser (B.C.), 1.76 (5-9 ¼)
- 1995 Selisha Hudson, Southern-New Orleans (La.), 1.70 (5-7)
- 1996 Corinna Wolf, Simon Fraser (B.C.), 1.75 (5-9)
- 1997 Kerrie O'Sullivan, Linfield (Ore.), 1.70 (5-7)
- 1998 Karen Fink, Doane (Neb.), 1.70 (5-7)
- 1999 Mandy Schroeder, Mary (N.D.), 1.75 (5-9)
- 2000 Desha Ray Doyle, Dakota State (S.D.), 1.68 (5-6)
- 2001 Nickey McClaine, Life (Ga.), 1.80 (5-10 ¾)
- 2002 Amber Nixon, Westmont (Calif.), 1.74 (5-08 ½)
- 2003 Erica O'Hara, Wilberforce (Ohio), 1.77 (5-9 ¾)
- 2004 Petra Earls, MidAmerica Nazarene (Kan.), 1.72 (5-07 ¾)
- 2005 Ruky Abdulai, Simon Fraser (B.C.), 1.70 (5-07)
- 2006 Ruky Abdulai, Simon Fraser (B.C.), 1.80 (5-10 ¾)
- 2007 Ruky Abdulai, Simon Fraser (B.C.), 1.80 (5-10 ¾)
- 2008 Ruky Abdulai, Simon Fraser (B.C.), 1.75 (5-8 ¾)
- 2009 Katie Bartels, Doane (Neb.), 1.70 (5-07)
- 2010 Natasha Miller, Biola (Calif.), 1.80 (5-10 ¾)
- 2011 Natasha Miller, Biola (Calif.), 1.72 (5-07 ¾)
- 2012 Megan Glisar, Morningside (Iowa), 1.75 (5-08 3/4)
- 2013 Akela Jones, Oklahoma Baptist, 1.75 (5-08 3/4)
- 2014 Akela Jones, Oklahoma Baptist, 1.78 (5-10)
- 2015 Phoenix Duncan, Siena Heights (Mich.), 1.74 (5-08 1/2)
- 2016 Bailey Collier, Southwestern (Kan.), 1.74 (5-8 1/2)
- 2017 Tyanna Petty, Rio Grande (Ohio), 1.77 (5-9 3/4)
- 2018 Candella Guijarro, Indiana Tech, 1.77 (5-9 3/4)

## Shot Put

- 1981 Karen Waddell, Prairie View A&M (Texas), 14.23 (46-8 ½)
- 1982 Karen Waddell, Prairie View A&M (Texas), 14.58 (47-10 ¼)
- 1983 Karen Waddell, Prairie View A&M (Texas), 14.93 (49-4)
- 1984 LuAnn Soderling, Nebraska Wesleyan, 15.06 (49-5)
- 1985 Beth Stuart, Kearney State (Neb.), 14.00 (45-11 ¼)
- 1986 Sharon Harrison, Prairie View A&M (Texas), 15.20 (49-10 ½)
- 1987 Beth Stuart, Kearney State (Neb.), 15.44 (50-8)
- 1988 Liz Mulvihill, Bemidji State (Minn.), 15.55 (51-0 1/4)
- 1989 Patti Fitzgerald, Bemidji State (Minn.), 13.61 (44-8)
- 1990 Kathleen Gottberg, Western Oregon, 14.42 (47-3 ¾)
- 1991 Tiffany Johnson, Mary (N.D.), 13.79 (45-3)
- 1992 Cecilia Gunn, Emporia State (Kan.), 14.76 (48-5)

- 1993 Heather Rhoadarmer, Doane (Neb.), 14.25 (46-9)
- 1994 Heather Rhoadarmer, Doane (Neb.), 14.47 (47-5 ¾)
- 1995 Michelle Hagge, Wayland Baptist (Texas), 14.59 (47-10 ½)
- 1996 Dagmar Flynt, Azusa Pacific (Calif.), 14.96 (49-1)
- 1997 Michelle Hagge, Wayland Baptist (Texas), 14.89 (48-10 ¼)
- 1998 Donelle Carter, Minot State (N.D.), 15.61 (51-2 ¾)
- 1999 Donelle Carter, Minot State (N.D.), 15.55 (51-0 ¼)
- 2000 April Kockrow, Doane (Neb.), 14.62 (47-11 ¾)
- 2001 Tanya Thomas, McKendree (Ill.), 14.8 (48-06 ¾)
- 2002 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.46 (57-03 ½)
- 2003 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.03 (59-2)
- 2004 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.35 (56-11 ¾)
- 2005 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.74 (58-02 ½)
- 2006 Shernelle Nicholls, Missouri Baptist, 14.93 (48-11 ¾)
- 2007 Aubrey Baxter, Black Hills State (S.D.), 15.62 (51-3)
- 2008 Jessica Becker, Bethany (Kan.), 15.39 (50-6)
- 2009 Aubrey Baxter, Black Hills State (S.D.), 16.57 (54-04 ½)
- 2010 Denise Mattoon, Oklahoma Christian, 14.94 (49-00 ¼)
- 2011 Kayla Xavier, Concordia (Ore.), 14.95 (49-00 ¾)
- 2012 Milik Tuivanuvou, Fresno Pacific (Calif.), 14.69 (48-02 1/2)
- 2013 Jennifer Maag, Hastings (Neb.), 15.10 (49-06 1/2)
- 2014 Jennifer Maag, Hastings (Neb.), 15.3 (50-02 1/2)
- 2015 Amy Blucker, Olivet Nazarene (Ill.), 15.5 (50-10 3/4)
- 2016 Amy Blucker, Olivet Nazarene (Ill.), 14.70 (48-2 3/4)
- 2017 Kylie Davis, Olivet Nazarene, 14.53 (47-8 1/4)
- 2018 Samantha Liermann, Concordia (Neb.), 15.06 (49-5)

## Pole Vault

- 1997 Ashley Hickman, Azusa Pacific (Calif.), 3.20 (10-6)
- 1998 Kristen Peterson, Eastern Oregon, 3.51 (11-6)
- 1999 Stephanie McCann, Azusa Pacific (Calif.), 3.51 (11-6)
- 2000 Kari Wilson, Mary (N.D.), 3.51 (11-6)
- 2001 Krystal Laughlin, Huston-Tillotson (Texas), 3.74 (12-3 ¾)
- 2002 Kari Wilson, Mary (N.D.), 3.81 (12-06)
- 2003 Steph Beberniss, Concordia (Neb.), 3.70 (12-1 ½)
- 2004 Kristin Schwehr, Mary (N.D.), 3.8 (12-05 ½)
- 2005 Jen Sturzynski, Roberts Wesleyan (N.Y.), 4.00 (13-01 ½)
- 2006 Amanda Haines, Siena Heights (Mich.), 3.80 (12-05 ½)
- 2007 Jessie Gallaher, Concordia (Ore.), 4.20 (13-09 ¼)
- 2008 Kelsey Aide, Dickinson State (N.D.), 3.65 (11-11 ¾)
- 2009 Brianna Shippy, Oklahoma Baptist, 3.75 (12-03 ¾)
- 2010 Kelsey Aide, Dickinson State (N.D.), 3.85 (12-07 ¾)
- 2011 Brigitte Gross, Sioux Falls (S.D.), 4.03 (13-02 ½)
- 2012 Erinn Shaughnessy, Oklahoma Baptist, 3.75 (12-03 1/2)
- 2013 Lenzey Stidham, Siena Heights (Mich.), 3.95 (12-11 1/2)
- 2014 Talitha Fagen, Eastern Oregon, 3.83 (12-06 3/4)
- 2015 Talitha Fagen, Eastern Oregon, 3.88 (12-08 3/4)
- 2016 Talitha Fagen, Eastern Oregon, 3.87 (12-8 1/4)
- 2017 Danielle, Wojciechowski, Bethel (Ind.), 3.82 (12-6 1/4)
- 2018 Tasha McKinley, Siena Heights (Mich.), 3.85 (12-7 1/2)

## Long Jump

- 1981 Lori Risenhoover, Adams State (Colo.), 5.66 (18-7)
- 1982 Thomasina Busch, Hampton (Va.), 5.91 (19-4 ¾)
- 1983 Kathrene Wallace, Texas Southern, 6.27 (20-7)
- 1984 Kathrene Wallace, Texas Southern, 6.28 (20-7 ½)
- 1985 Lori Risenhoover, Adams State (Colo.), 5.99 (19-8)
- 1986 Comfort Ighe, Wayland Baptist (Texas), 6.21 (20-4 ¾)
- 1987 Michelle Neal, Prairie View A&M (Texas), 5.97 (19-7)
- 1988 Raquel Andrews, Prairie View A&M (Texas), 6.07 (19-11)
- 1989 Felicia Amajali, Wayland Baptist (Texas), 5.84 (19-2)
- 1990 Wendi Simmons, Graceland (Iowa), 6.44 (20-1 ½)
- 1991 Carolin Sterling, Central State (Ohio), 6.20 (20-4 ¼)
- 1992 Carolin Sterling, Central State (Ohio), 6.50 (21-4 ¾)
- 1993 Carolin Sterling, Central State (Ohio), 6.12 (20-1)
- 1994 Rowena Welford, Wayland Baptist (Texas), 5.89 (19-4)
- 1995 Ronalee Davis, Central State (Ohio), 6.10 (20-0 ¼)
- 1996 Ronalee Davis, Central State (Ohio), 6.26 (20-6 ½)
- 1997 Jamey Mulske, Mary (N.D.), 5.87 (19-3 ¾)
- 1998 Nicole Duncan, Iowa Wesleyan, 5.81 (19-0 ¾)
- 1999 Sharen Fidge, Hastings (Neb.), 5.70 (18-8 ½)
- 2000 Keisha Harvey, McKendree (Ill.), 5.71 (18-9)
- 2001 Betty-Ann Haywood, McKendree (Ill.), 5.93 (19-5 ½)
- 2002 Melocia Clarke, Central State (Ohio), 6.11 (20-00 ½)
- 2003 Melocia Clarke, Central State (Ohio), 5.88 (19-3 ½)
- 2004 Rochelle Schmidt, Doane (Neb.), 5.91 (19-04 ¾)
- 2005 Aishia James, Southern-New Orleans (La.), 6.12 (20-01)
- 2006 Anna Kay Campbell, Lindenwood (Mo.), 6.37 (20-10 ¾)
- 2007 Ruky Abdulai, Simon Fraser (B.C.), 6.32 (20-09)
- 2008 Ruky Abdulai, Simon Fraser (B.C.), 6.43 (21-01 ¼)
- 2009 Tamara Francis, McKendree (Ill.), 5.93 (19-05 ½)
- 2010 Francine Simpson, Lindenwood (Mo.), 6.35 (20-10)
- 2011 Bianca Grant, Wayland Baptist (Texas), 5.98 (19-07 ½)
- 2012 Latanya Nation, Wayland Baptist (Texas), 5.86 (19-02 3/4)
- 2013 Akela Jones, Oklahoma Baptist, 6.26 (20-06 1/2)



## Awards

- 2014 Akela Jones, Oklahoma Baptist, 6.26 (20-06 1/2)  
 2015 Elizabeth Dadzie, Oklahoma Baptist, 5.82 (19-01 1/4)  
 2016 Jonina Brinson, Mobile (Ala.), 5.77 (18-11 1/4)  
 2017 Telecia Briscoe, Wayland Baptist (Texas), 5.92 (19-5 1/4)  
 2018 Amy Stricker, Columbia (Mo.), 5.99 (19-8)

### Triple Jump

- 1986 Denise Williams, Wayland Baptist (Texas), 12.21 (40-0 3/4)  
 1987 Denise Williams, Wayland Baptist (Texas), 12.09 (39-8)  
 1988 Kimolyn Vanzant, Prairie View A&M (Texas), 11.91 (39-1)  
 1989 Chandra Williams, Prairie View A&M (Texas), 12.04 (39-6)  
 1990 Chandra Williams, Prairie View A&M (Texas), 12.76 (41-10 1/2)  
 1991 Chandra Williams, Prairie View A&M (Texas), 11.92 (39-9 3/4)  
 1992 Antoinette Reed, Wayland Baptist (Texas), 12.02 (39-5 1/2)  
 1993 Christine Gray, Prairie View A&M (Texas), 12.74 (41-9 3/4)  
 1994 Christine Gray, Prairie View A&M (Texas), 12.45 (40-10 1/2)  
 1995 Yvette French, Prairie View A&M (Texas), 12.33 (40-5 1/2)  
 1996 Ronalee Davis, Central State (Ohio), 12.23 (40-1 1/2)  
 1997 Sharen Fidge, Hastings (Neb.), 12.07 (39-7 1/4)  
 1998 Sharen Fidge, Hastings (Neb.), 11.90 (39-0 1/2)  
 1999 Roatter Johnson, Lindenwood (Mo.), 12.19 (40-0)  
 2000 Keisha Harvey, McKendree (Ill.), 12.34 (40-6)  
 2001 Rose Gauber, Life (Ga.), 12.46 (40-10 1/2)  
 2002 Shannon Mihaltan, Hastings (Neb.), 12.55 (41-02.55)  
 2003 Rochelle Schmidt, Doane (Neb.), 12.15 (39-10 1/2)  
 2004 Rochelle Schmidt, Doane (Neb.), 12.34 (40-06)  
 2005 Christal Waters, McKendree (Ill.), 12.39 (40-07 3/4)  
 2006 Latoya Heath, Lindenwood (Mo.), 13.00 (42-08)  
 2007 Sarah Ensslen, Cedarville (Ohio), 12.29 (40-04)  
 2008 Natalie Friesen, Fresno Pacific (Calif.), 12.42 (40-9)  
 2009 Zhulietta Mechkarska, Lindenwood (Mo.), 12.09 (39-08)  
 2010 Celia M'Boua, Lindenwood (Mo.), 12.57 (41-03)  
 2011 Celia M'Boua, Lindenwood (Mo.), 12.93 (42-05 1/4)  
 2012 Tamala Daley, Shorter (Ga.), 12.13 (39-09 3/4)  
 2013 Courtney Mills, Hastings (Neb.), 11.81 (38-09)  
 2014 Darice Bowie, Indiana Tech, 12.55 (41-02 1/4)  
 2015 Elizabeth Dadzie, Oklahoma Baptist, 12.40 (40-08 1/4)  
 2016 Tameca Wallace, Doane (Neb.), 12.29 (40-4)  
 2017 Bria Sands, Life (Ga.), 11.92 (39-1 3/4)  
 2018 Tiona Owens, Wayland Baptist (Texas), 12.4 (40-8 1/4)

### 20-Pound Weight Throw

- 1996 Dagmar Flynt, Azusa Pacific (Calif.), 17.49 (57-4 3/4)  
 1997 Becky Dale, Wayland Baptist (Texas), 16.21 (53-2 1/4)  
 1998 Becky Dale, Wayland Baptist (Texas), 16.55 (54-3 3/4)  
 1999 Donelle Carter, Minot State (N.D.), 16.72 (54-10 1/4)  
 2000 April Kockrow, Doane (Neb.), 17.27 (56-8)  
 2001 April Haney, Eastern Oregon, 16.34 (53-7 1/2)  
 2002 Vivian Chukwuemeka, Azusa Pacific (Calif.), 17.41 (57-01 1/2)  
 2003 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.44 (60-6)  
 2004 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.47 (60-07 1/4)  
 2005 Vivian Chukwuemeka, Azusa Pacific (Calif.), 18.80 (61-08 1/4)  
 2006 Barbara Sugar, Azusa Pacific (Calif.), 18.19 (59-08 1/2)  
 2007 Aubrey Baxter, Black Hills State (S.D.), 18.86 (61-10 1/2)  
 2008 Aubrey Baxter, Black Hills State (S.D.), 18.37 (60-3 1/4)  
 2009 Aubrey Baxter, Black Hills State (S.D.), 19.79 (64-11 1/4)  
 2010 Denise Mattoon, Oklahoma Christian, 19.41 (63-08 1/4)  
 2011 Denise Mattoon, Oklahoma Christian, 18.80 (61-08 1/4)  
 2012 Reta Woodard, Embry-Riddle (Fla.), 18.50 (60-08 1/2)  
 2013 Gabriella Dixon, Concordia (Ore.), 19.14 (62-09 1/2)  
 2014 Reta Woodard, Embry-Riddle (Fla.), 8.89 (61-11 3/4)  
 2015 Kasey Renshaw, Siena Heights (Mich.), 19.46 (63-10 1/4)  
 2016 Kasey Renshaw, Siena Heights (Mich.), 21.20 (69-6 3/4)  
 2017 Sara Olsen, Hastings (Neb.), 19.21 (63 1/2)  
 2018 Sara Olsen, Hastings (Neb.), 20.03 (65-8 3/4)

### Pentathlon

- 1994 Kim Vanderhoek, Simon Fraser (B.C.), 3771  
 1995 Carmen Gage, Azusa Pacific (Calif.), 3464  
 1996 Cindy Leingang, Mary (N.D.), 3481  
 1997 Jamey Mulske, Mary (N.D.), 3559  
 1998 Mandy Schroeder, Mary (N.D.), 3768  
 1999 Mandy Schroeder, Mary (N.D.), 3715  
 2000 Neisha Thompson, McKendree (Ill.), 3668  
 2001 Shannon Mihaltan, Hastings (Neb.), 3550  
 2002 Annie Goodson, Mary (N.D.), 3545  
 2003 Annette Ekberg, Hastings (Neb.), 3501  
 2004 Mireya Beltran, Azusa Pacific (Calif.), 3613  
 2005 Annette Ekberg, Hastings (Neb.), 3539  
 2006 Nadina Marsh, Missouri Baptist, 3893  
 2007 Katie Kosmos, Doane (Neb.), 3849  
 2008 Zora Golcevska, Azusa Pacific (Calif.), 3642  
 2009 Natasha Miller, Biola (Calif.), 3943  
 2010 Natasha Miller, Biola (Calif.), 3992  
 2011 Natasha Miller, Biola (Calif.), 4032

- 2012 Breanna Leslie, Azusa Pacific (Calif.), 3861  
 2013 Briana Vander Woude, Dordt (Iowa), 3751  
 2014 Akela Jones, Oklahoma Baptist, 4153  
 2015 Brittany Murray, Cornerstone (Mich.), 3842  
 2016 Paige Hervert, Doane (Neb.), 3572  
 2017 Chelsea Baker, Friends (Kan.), 3698  
 2018 Chelsea Baker, Friends (Kan.), 3854

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### Outstanding Performer

- 1981 Radium Jacobs, Jackson State (Miss.)  
 1982 Cathy Schmidt, Saginaw Valley State (Mich.)  
 1983 Cathy Schmidt, Saginaw Valley State (Mich.)  
 1984 Tori Neubauer, Wisconsin-La Crosse  
 1985 Carol Williams, Mississippi Valley State  
 1986 Jane Romig-Brooker, Cedarville (Ohio)  
 1987 Cathy Taylor, Prairie View A&M (Texas)  
 1988 Leah Pells, Simon Fraser (B.C.)  
 1989 Yvonne Hollmann, Midland Lutheran (Neb.)  
 1990 Alana Kripps, Simon Fraser (B.C.)  
 1991 Barbara Smith, Prairie View A&M (Texas)  
 1992 Kim Vanderhoek, Simon Fraser (B.C.)  
 1993 Tigist Moreda, Wayland Baptist (Texas)  
 1994 Rosa Ibarra, Wayland Baptist (Texas)  
 1995 Fatimat Yusuf, Azusa Pacific (Calif.)  
 1996 Rosa Ibarra, Wayland Baptist (Texas)  
 1997 Jamey Mulske, Mary (N.D.)  
 1998 Zoila Stewart, Life (Ga.)  
 1999 Agne Visockaite, McKendree (Ill.)  
 2000 Agne Visockaite, McKendree (Ill.)  
 2001 Shannon Mihaltan, Hastings (Neb.)  
 2002 Agne Visockaite, McKendree (Ill.)  
 Vivian Chukwuemeka, Azusa Pacific (Calif.)  
 Brianna Carstensen, Azusa Pacific (Calif.)  
 Vivian Chukwuemeka, Azusa Pacific (Calif.)  
 2004 Julie Howard, Simon Fraser (B.C.)  
 2005 Rosemary Okafor, McKendree (Ill.)  
 Julia Howard, Simon Fraser (B.C.)  
 2006 Margaret Nakintu, Missouri Baptist  
 Ruky Abdulai, Simon Fraser (B.C.)  
 2008 Sherene Pinnock, Wayland Baptist (Texas)  
 2009 Aubrey Baxter, Black Hills State (S.D.)  
 2010 Kimberly Smith, Wayland Baptist (Texas)  
 2011 Natasha Miller, Biola (Calif.)  
 2012 Jura Levy, Oklahoma Baptist  
 2013 Hillary Holt, College of Idaho  
 2014 Hillary Holt, College of Idaho  
 2015 Hannah Fields, Oklahoma Baptist  
 2016 Kasey Renshaw, Siena Heights (Mich.)  
 2017 Chelsea Baker, Friends (Kan.)  
 2018 Anna Shields, Point Park (Pa.)

### Most Valuable Performance

(based on total points scored in national meet competition)

- 2008 Ruky Abdulai, Simon Fraser (B.C.)  
 2009 Natasha Miller, Biola (Calif.)  
 2010 Natasha Miller, Biola (Calif.)  
 2011 Verone Chambers, Oklahoma Baptist  
 2012 Victoria Martinez, Azusa Pacific (Calif.)  
 2013 Akela Jones, Oklahoma Baptist  
 2014 Akela Jones, Oklahoma Baptist  
 2015 Elizabeth Dadzie, Oklahoma Baptist  
 2016 Rochene Smith, Wayland Baptist (Texas)  
 2017 Aminat Olowora, Oklahoma City  
 2018 Devin Johnson, Wayland Baptist  
 Anna Shields, Point Park (Pa.)

Adri Sigafoose, Aquinas (Mich.)

### Coach of the Year

- 1981 Martin Epps, Jackson State (Miss.)  
 1982 Dave Bethany, Texas Southern  
 1983 Porter Robinson, Texas Southern  
 1984 Barbara Jacket, Prairie View A&M (Texas)  
 1985 Milan Donley, Adams State (Colo.)  
 1986 John Creer, Wayland Baptist (Texas)  
 1987 Barbara Jacket, Prairie View A&M (Texas)  
 1988 John Creer, Wayland Baptist (Texas)  
 1989 Jim McMahon, Midland Lutheran (Neb.)  
 1990 Zenon Smiechowski, Simon Fraser (B.C.)  
 1991 Barbara Jacket, Prairie View A&M (Texas)  
 1992 Zenon Smiechowski, Simon Fraser (B.C.)  
 1993 Josh Culbreath, Central State (Ohio)  
 1994 Rick Beelby, Wayland Baptist (Texas)  
 1995 Artis Davenport, Southern-New Orleans (La.)  
 1996 Josh Culbreath, Central State (Ohio)  
 1997 Artis Davenport, Southern-New Orleans (La.)  
 1998 Zenon Smiechowski, Simon Fraser (B.C.)  
 1999 Gary White, McKendree (Ill.)  
 2000 Mike Thorson, Mary (N.D.)  
 2001 Fred Beile, Doane (Neb.)  
 2002 Mike Thorson, Mary (N.D.)  
 2003 Mike Barnett, Azusa Pacific (Calif.)  
 2004 Mike Barnett, Azusa Pacific (Calif.)  
 2005 Ford Mastin, Oklahoma Baptist  
 2006 Vincet Bingham, Missouri Baptist  
 2007 Ford Mastin, Oklahoma Baptist  
 2008 Brian Whitlock, Wayland Baptist  
 2009 Brian Whitlock, Wayland Baptist  
 2010 Ford Mastin, Oklahoma Baptist  
 2011 Ford Mastin, Oklahoma Baptist  
 2012 Mike Barnett, Azusa Pacific (Calif.)  
 2013 Ford Mastin, Oklahoma Baptist  
 2014 Ford Mastin, Oklahoma Baptist  
 2015 Ford Mastin, Oklahoma Baptist  
 2016 Brian Whitlock, Wayland Baptist (Texas)  
 2017 Doug Edgar, Indiana Tech  
 2018 Brian Whitlock, Wayland Baptist (Texas)