

Championship History

Year	Location	Champion	Points	Runner-Up	Points
1981	Liberty, Mo.	Simon Fraser (B.C.)	636	Western State (Colo.)	332
1982	Burnaby, B.C.	Simon Fraser (B.C.)	625	Shepherd (W.Va.)	402
1983	Arkadelphia, Ark.	Wisconsin-Eau Claire	406	Pacific Lutheran (Wash.)	387
1984	Arkadelphia, Ark.	Wisconsin-Green Bay	397	Wisconsin-Eau Claire	290
1985	Indianapolis, Ind.	Simon Fraser (B.C.)	313	Central Washington	303
1986	Spokane, Wash.	Central Washington	378.5	Pacific Lutheran (Wash.)	331
1987	Milwaukee, Wis.	Wisconsin-Eau Claire	538	Central Washington	497
1988	Orlando, Fla.	Wisconsin-Eau Claire	472	Puget Sound (Wash.)	456
1989	Brown Deer, Wis.	Puget Sound (Wash.)	599	Wisconsin-Eau Claire	490.5
1990	Canton, Ohio	Puget Sound (Wash.)	752	Simon Fraser (B.C.)	422
1991	Federal Way, Wash.	Simon Fraser (B.C.)	571	Puget Sound (Wash.)	562
1992	Canton, Ohio	Drury (Mo.)	621	Puget Sound (Wash.)	583
1993	San Antonio, Texas	Drury (Mo.)	637	Puget Sound (Wash.)	630.5
1994	Federal Way, Wash.	Drury (Mo.)	726	Puget Sound (Wash.)	576
1995	San Antonio, Texas	Simon Fraser (B.C.)	828	Puget Sound (Wash.)	551
1996	San Antonio, Texas	Puget Sound (Wash.)	602.5	Simon Fraser (B.C.)	429
1997	Federal Way, Wash.	Simon Fraser (B.C.)	750	Puget Sound (Wash.)	505
1998	Federal Way Wash.	Puget Sound (Wash.)	682	Simon Fraser (B.C.)	680
1999	Federal Way Wash.	Puget Sound (Wash.)	761	Simon Fraser (B.C.)	755
2000	Burnaby, B.C.	Simon Fraser (B.C.)	547	California Baptist	315.5
2001	Burnaby, B.C.	Simon Fraser (B.C.)	485	California Baptist	342
2002	Burnaby, B.C.	Simon Fraser (B.C.)	488	Seattle (Wash.)	435
2003	Lawrence, Kan.	Simon Fraser (B.C.)	578	California Baptist	519
2004	Lawrence, Kan.	Simon Fraser (B.C.)	548	California Baptist	421
2005	St. Peters, Mo.	California Baptist	551	Simon Fraser (B.C.)	496
2006	St. Peters, Mo.	California Baptist	457	SCAD Savannah (Ga.)	336
2007	San Antonio, Texas	California Baptist	783.5	Simon Fraser (B.C.)	584
2008	San Antonio, Texas	California Baptist	729	Simon Fraser (B.C.)	585
2009	St. Peters, Mo.	SCAD Savannah (Ga.)	691	California Baptist	639.5
2010	St. Peters, Mo.	SCAD Savannah (Ga.)	540	California Baptist	472
2011	St. Peters, Mo.	California Baptist	616	Fresno Pacific (Calif.)	459
2012	Oklahoma City, Okla.	Fresno Pacific (Calif.)	780	Oklahoma Baptist	578
2013	Oklahoma City, Okla.	Oklahoma Baptist	845	SCAD Savannah (Ga.)	600
2014	Oklahoma City, Okla.	Oklahoma Baptist	849	SCAD Savannah (Ga.)	492
2015	Oklahoma City, Okla.	Oklahoma Baptist	745	SCAD Savannah (Ga.)	481
2016	Columbus, Ga.	SCAD Savannah (Ga.)	753	Olivet Nazarene (Ill.)	502.5
2017	Columbus, Ga.	Olivet Nazarene (Ill.)	639	SCAD Savannah (Ga.)	632.5
2018	Columbus, Ga.	SCAD Savannah (Ga.)	603.5	Olivet Nazarene (Ill.)	519
2019	Columbus, Ga.	SCAD Savannah (Ga.)	638.5	Keiser (Fla.)	477.5



Championship History

Meet Records

Yards

50-Yard Freestyle

22.29, Cheyenne Coffman, Fresno Pacific (Calif.), 2012

100-Yard Freestyle

49.24, Julie Woody, SCAD Savannah (Ga.), 2017

200-Yard Freestyle

1:49.58, Alex Peters, Concordia (Calif.), 2011

500-Yard Freestyle

4:52.24, Alex Peters, Concordia (Calif.), 2011

1650-Yard Freestyle

16:43.37, Kathryn Rosberg, Simon Fraser (B.C.), 2007

100-Yard Backstroke

52.76, Cheyenne Coffman, Fresno Pacific (Calif.), 2012

200-Yard Backstroke

1:56.87, Amanda Moran, Olivet Nazarene (Ill.), 2017

100-Yard Breaststroke

1:02.09, Catherine Duquet, SCAD Savannah (Ga.), 2012

200-Yard Breaststroke

2:14.90, Lourette Hakansson, Drury (Mo.), 1993

100-Yard Butterfly

53.70, Lisa Tixier, Biola (Calif.), 2017

200-Yard Butterfly

2:00.89, Christine Tixier, Biola (Calif.), 2015

100-Yard Individual Medley

1:00.63, Michelle Langsford, Drury (Mo.), 1984

200-Yard Individual Medley

2:02.75, Christine Tixier, Oklahoma Baptist 2015

400-Yard Individual Medley

4:24.03, Lourette Hakansson, Drury (Mo.), 1993

200-Yard Freestyle Relay

1:31.91, Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Tamlyn Price, Andrea Antonissen), 2014

200-Yard Medley Relay

1:41.40, Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Kendall Swanson, Katelyn Brown), 2012

400-Yard Freestyle Relay

3:23.11, Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Andrea Antonissen, Lexie Keller), 2015

400-Yard Medley Relay

3:44.56, Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Michelle Moreno, Sofie Gjemmetstad), 2012

800-Yard Freestyle Relay

7:26.93, Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Sofie Gjemmetstad, Stacy Carter), 2012

One-Meter Diving (10 Dives)

417.75, Hayley Rosenlund, Simon Fraser (B.C.), 2005

One-Meter Diving (11 Dives)

444.81, Cynthia Miller, Wisconsin-Milwaukee, 1987

Meters

50-Meter Freestyle

26.01, Jessica Wild, California Baptist, 2000

100-Meter Freestyle

57.02, Jessica Wild, California Baptist, 2002

200-Meter Freestyle

2:05.29, Amber Dykes, Simon Fraser (B.C.), 2002

400-Meter Freestyle

4:21.03, Lyndsay Devaney, California Baptist, 2002 p

1500-Meter Freestyle

17:09.73, Lyndsay Devaney, California Baptist, 2002

100-Meter Backstroke

1:04.69, Jennifer Kasuya Simon Fraser (B.C.), 2001

200-Meter Backstroke

2:20.34, Jennifer Kasuya, Simon Fraser (B.C.), 2002

100-Meter Breaststroke

1:11.84, Kathleen Stody, Simon Fraser (B.C.), 2001

200-Meter Breaststroke

2:33.34, Kathleen Stody, Simon Fraser (B.C.), 2001

100-Meter Butterfly

1:03.14, Gennifer Amthor, California Baptist, 2001

200-Meter Butterfly

2:15.58, Gennifer Amthor, California Baptist, 2001

100-Meter Individual Medley

1:09.75, Michelle Langsford, College of the Ozarks (Mo.), 1982

200-Meter Individual Medley

2:19.17, Lisa Huffman, Simon Fraser (B.C.), 2001

400-Meter Individual Medley

4:55.06, Judy Baker, Simon Fraser (B.C.), 1982

200-Meter Freestyle Relay

1:46.97, Simon Fraser (B.C.) (Amber Dykes, Jennifer Kasuya, Winnie Lam, Sarah Jung), 2002

200-Meter Medley Relay

1:58.69, Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stody, Andrea McIntosh, Kacey Dalzell), 2001

400-Meter Medley Relay

4:20.36, Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stody, Andrea McIntosh, Sarah Jung), 2001

Championship History

400-Meter Freestyle Relay

3:55.03, Simon Fraser (B.C.) (Amber Dykes, Winnie Lam, Lisa Huffman, Sarah Jung), 2002

800-Meter Freestyle Relay

8:29.07, Simon Fraser (B.C.) (Lisa Huffman, Winnie Lam, Sarah Jung, Amber Dykes), 2002

One-Meter Diving (11 Dives)

444.81, Cynthia Miller, Wisconsin-Milwaukee, 1987

Three-Meter Diving (11 Dives)

555.45, Jessica Metcalf, Lindenwood (Mo.), 2000

p Record established in preliminary heats

All-Time Team Championships

Simon Fraser (B.C.).....	10
California Baptist.....	5
Puget Sound (Wash.).....	5
SCAD Savannah (Ga.).....	5
Oklahoma Baptist.....	4
Drury (Mo.).....	3
Wisconsin-Eau Claire.....	3
Central Washington.....	1
Fresno Pacific (Calif.).....	1
Olivet Nazarene (Ill.).....	1
Wisconsin-Green Bay.....	1

All-Time Individual Championships

Simon Fraser (B.C.).....	253
SCAD Savannah (Ga.).....	54
Drury (Mo.).....	43
Oklahoma Baptist.....	42
Puget Sound (Wash.).....	42
California Baptist.....	41
Fresno Pacific (Calif.).....	26
Olivet Nazarene (Ill.).....	26
Pacific Lutheran (Wash.).....	22
Central Washington.....	19
Wisconsin-Eau Claire.....	15
Biola (Calif.).....	12
Cumberlands (Ky.).....	12
Shepherd (W.Va.).....	11
Concordia (Calif.).....	9
Fairmont State (W.Va.).....	8
Lindenwood (Mo.).....	8
Wisconsin-Green Bay.....	8
Wisconsin-Milwaukee.....	8
Linfield (Ore.).....	6
Azusa Pacific (Calif.).....	6
Brenau (Ga.).....	6
College of the Ozarks (Mo.).....	5
Keiser (Fla.).....	4
Lindsey Wilson (Ky.).....	4
St. Ambrose (Iowa).....	4
Wisconsin-Stout.....	4
Union (Ky.).....	3
Whitworth (Wash.).....	3
Wisconsin-La Crosse.....	3
Arkansas-Little Rock.....	2
Eisenhower (N.Y.).....	2
John Brown (Ark.).....	2
Morningside (Iowa).....	2
Westminster (Pa.).....	2
Wisconsin-Green Bay.....	2

Asbury (Ky.).....	2
Campbellsville (Ky.).....	1
Kearney State (Neb.).....	1
Seattle (Wash.).....	1
Transylvania (Ky.).....	1
Wayland Baptist (Texas).....	1
Willamette (Ore.).....	1

Note The above table includes co-champions. Relay victories count one for each event.

Individual Championships, One Year

Eighteen Titles

Simon Fraser (B.C.), 2005

Seventeen Titles

Simon Fraser (B.C.), 1999, 2004

Sixteen Titles

Simon Fraser (B.C.), 1982, 1995, 1997
Drury (Mo.), 1994

Fifteen Titles

Simon Fraser (B.C.), 2003

Fourteen Titles

Oklahoma Baptist, 2013
Simon Fraser (B.C.), 2001

Thirteen Titles

Oklahoma Baptist, 2015
Oklahoma Baptist, 2014
Simon Fraser (B.C.), 2000

Twelve Titles

Simon Fraser (B.C.), 1993, 1997, 2008

Eleven Titles

Simon Fraser (B.C.), 1981, 2002

Ten Titles

Fresno Pacific (Calif.), 2012
Fresno Pacific (Calif.), 2010
California Baptist, 2006
Simon Fraser (B.C.), 1991
Puget Sound (Wash.), 1990

Nine Titles

SCAD Savannah (Ga.), 2016, 2017
Simon Fraser (B.C.), 1996
Drury (Mo.), 1992
Olivet Nazarene (Ill.), 2018

Eight Titles

Olivet Nazarene (Ill.), 2017
SCAD Savannah (Ga.), 2006
Simon Fraser (B.C.), 1983, 1992
Puget Sound (Wash.), 1988, 1989
Fairmont State (W.Va.), 1987

Seven Titles

Simon Fraser (B.C.), 1985, 1990
Fairmont State (W.Va.), 1987
Pacific Lutheran (Wash.), 1986



Championship History

Six Titles

California Baptist, 2002
Simon Fraser, 2009

Five Titles

Central Washington, 1986, 1988
Drury (Mo.), 1984
Pacific Lutheran (Wash.), 1983
Shepherd (W.Va.), 1981
SCAD Savannah (Ga.), 2009
Olivet Nazarene (Ill.), 2019

Most Individual Titles, One Year

Five Titles

Judy Baker, Simon Fraser (B.C.), 1982 (400-meter freestyle, 200-meter breaststroke, 200-meter butterfly, 200-meter individual medley, 400-meter individual medley)
Michelle Langsford, Drury (Mo.), 1984 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle, 100-yard breaststroke, 100-yard individual medley)
Suzanne Melody, Simon Fraser (B.C.), 1982 (100-meter freestyle, 200-meter freestyle, 1500-meter freestyle, 100-meter butterfly, 200-meter backstroke)

Four Titles

Judy Baker, Simon Fraser (B.C.), 1981 (400-meter freestyle, 1500-meter freestyle, 200-meter breaststroke, 400-meter individual medley)
Michelle Langsford, Drury (Mo.), 1985 (50-yard freestyle, 100-yard breaststroke, 100-yard freestyle, 200-yard breaststroke)
Suzanne Melody, Simon Fraser (B.C.), 1983 (200-yard freestyle, 500-yard freestyle, 1650-yard freestyle, 200-yard butterfly)

Three Titles

Cheyenne Coffman, Fresno Pacific (Calif.) 2012 (50-yard freestyle, 100-yard backstroke, 200-yard backstroke)
Laura Galarza, Oklahoma Baptist 2013 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle)
Laura Galarza, Oklahoma Baptist 2014 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle)
Hannah Legg, SCAD Savannah (Ga.) 2013 (200-yard backstroke, 200-yard butterfly, 400-yard individual medley)
Alex Peters, Concordia (Calif.) 2011 (200-yard freestyle, 500-yard freestyle, 1650-yard freestyle)
Christine Tixier, Biola (Calif.), 2014 (100-yard butterfly, 200-yard butterfly, 200-yard individual medley)
Laura Galarza, Oklahoma Baptist, 2015 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle)
Christine Tixier, Biola (Calif.), 2015 (100-yard butterfly, 200-yard butterfly, 200-yard individual medley)
Mendy De Rooi, Cumberlands (Ky.) (500-yard freestyle, 100-yard fly, 100-yard freestyle)
Andrea Vega, Olivet Nazarene (Ill.) (200-yard individual medley, 100-yard breast stroke, 200-yard breast stroke)

Most Individual Titles, Career

Fourteen Titles

Michelle Langsford, College of the Ozarks (Mo.), Drury (Mo.) (50-yard freestyle 1983-84-85; 100-yard freestyle 1984-85; 200-yard freestyle 1984; 100-meter breaststroke 1982; 100-yard breaststroke 1983-84-85; 100-meter individual medley, 1982; 100-yard individual medley 1983-84; 200-yard breaststroke 1985)

Twelve Titles

Lourette Hakansson, Drury (Mo.) (200-yard breaststroke 1991-92-93-94; 200-yard individual medley 1991-92-93-94; 400-yard individual medley 1991-92-93-94)
Suzanne Melody, Simon Fraser (B.C.) (100-meter freestyle 1982; 200-meter freestyle 1982; 200-yard freestyle 1983-85; 500-yard freestyle 1983; 1500-meter freestyle 1982; 1650-yard freestyle 1983; 100-meter butterfly 1982; 200-meter butterfly 1983; 200-meter backstroke 1982; 200-yard individual medley 1985; 400-yard individual medley 1985)
Sharon Turner, Simon Fraser (B.C.) (50-yard freestyle 1991-92-95; 100-yard freestyle 1991-92-93-95; 200-yard freestyle 1991-92-93-95; 500-yard freestyle 1993)
Diane Ureche, Simon Fraser (B.C.), (100-yard backstroke 1995-96-97-98; 100-yard butterfly 1995-96; 200-yard butterfly 1996; 200-yard individual medley 1995-97, 50-yard freestyle 1998; 200-yard backstroke 1997-98)

Nine Titles

Judy Baker, Simon Fraser (B.C.) (400-meter freestyle 1981-82; 1500-meter freestyle 1981; 200-meter breaststroke 1981-82; 200-meter butterfly 1982; 200-meter individual medley 1982; 400-meter individual medley 1981-82)
Barbara Graham, Simon Fraser (B.C.) (200-yard freestyle 1986-87; 500-yard freestyle 1984-85-86-87; 1650-yard freestyle 1985-86-87)
Lisa Huffman, Simon Fraser (B.C.) (1650-meter freestyle 1999; 500-yard freestyle 1999; 400-meter freestyle 2000; 1,500-meter freestyle 2000-01; 400-meter individual medley 2000-01-02; 200-meter individual medley 2001-02)
Kathleen Stody, Simon Fraser (B.C.) (100-meter breaststroke 2001-02, 100-yard breaststroke 2003-04; 200-meter breaststroke 2001-02, 200-yard breaststroke 2003-04; 200-yard individual medley 2004)
Laura Galarza, Oklahoma Baptist (50-yard freestyle 2013-14-15, 100-yard freestyle 2013-14-15, 200-yard freestyle 2013-14-15)

Repeat Champions

Four-Time

Kerri Butcher, Pacific Lutheran (Wash.) (100-yard butterfly, 1983-84-85-86)
Cheyenne Coffman, Fresno Pacific (Calif.) (100-yard backstroke, 2008-09-10-12)
Belinda Eddy, Simon Fraser (B.C.) (1-meter diving 1990-91-92-93; 3-meter diving 1990-91-92-93)
Barbara Graham, Simon Fraser (B.C.) (500-yard freestyle, 1984-85-86-87)
Lourette Hakansson, Drury (Mo.) (200-yard breaststroke 1991-92-93 -94; 200-yard individual medley 1992-93-94; 400-yard individual medley 1991-92-93-94)
Kathleen Stody, Simon Fraser (B.C.) (100-meter breaststroke 2001-02, 100-yard breaststroke 2003-04; 200-meter breaststroke 2001-02, 200-yard breaststroke 2003-04).
Diana Ureche, Simon Fraser (B.C.) (100-yard backstroke 1995-96-97-98)
Jessica Wild, California Baptist (50-meter freestyle 2000-01-02, 50-yard freestyle 2003)
Nicole Shipman, California Baptist (200-yard backstroke, 2006-07-08-09)
Christine Tixier, Biola (Calif.) (100-yard butterfly, 2012-13-14-15)

Three-Time

Amber Dykes, Simon Fraser (B.C.) (100-yard freestyle 2003-04-05)
Barbara Graham, Simon Fraser (B.C.) (1650-yard freestyle 1985-86-87; 200-yard individual medley 1991-92-93)
Lisa Huffman, Simon Fraser (B.C.) (400-meter individual medley 2000-01-02)
Jennifer Kasuya, Simon Fraser (B.C.) (200-meter backstroke 2001-02, 200-yard backstroke 2003)
Jennifer (Kuhn) Lane, Puget Sound (Wash.) (200-yard backstroke 1992-93-94)
Michelle Langsford, College of the Ozarks (Mo.), Drury (Mo.) (50-yard freestyle 1983-84-85; 100-yard breaststroke 1983-84-85)
Andrea McIntosh, Simon Fraser (B.C.) (200-meter individual medley, 2000; 200-yard individual medley, 1998-99)
Lisa Robertson, Simon Fraser (B.C.) (100-yard breaststroke 1997-98-99; 100-yard butterfly 1997-98-99)
Christine Runkle, Concordia (Calif.) (One-meter diving, 2010-11-12)
Christine Tixier, Biola (Calif.) (100-yard butterfly, 2012-13-14)
Sharon Turner, Simon Fraser (B.C.) (100-yard freestyle 1991-92-93; 200-yard freestyle 1991-92-93)
Kathleen Stody, Simon Fraser (B.C.) (100-meter breaststroke 2001-03, 100-yard breaststroke 2003)
Kathleen Stody, Simon Fraser (B.C.) (200-meter breaststroke 2001-02, 200-yard breaststroke 2003)
Jessica Wild, California Baptist (100-meter freestyle 2000-01-02)
Sharon Wilson, Central Washington (200-yard individual medley 1986-87-88; 400-yard individual medley 1986-87-88)
Elaine Van Oosten, Simon Fraser (B.C.) (200-meter individual medley, 2000; 200-yard individual medley, 1998-99)
Kristen Brimage, Oklahoma Baptist (1-meter diving, 2013-14-15)
Kristen Brimage, Oklahoma Baptist (3-meter diving, 2013-14-15)
Laura Galarza, Oklahoma Baptist (50-yard freestyle, 2013-14-15)
Laura Galarza, Oklahoma Baptist (100-yard freestyle, 2013-14-15)
Laura Galarza, Oklahoma Baptist (200-yard freestyle, 2013-14-15)
Kerryn Mulin, Oklahoma Baptist (100-yard freestyle, 2013-14-15)
Courtney Hayward, Brenau (Ga.) (50-yard freestyle, 2014-15-16)
Amanda Moran, Olivet Nazarene (Ill.) (200 & 100 Yard Backstroke, 2016-17-18)
Lydia Reinhardt, SCAD Savannah (Fa.) (200-yard fly, 2017-18-19)

Championship History

All-Time Individual Champions

One-Meter Diving

1981	Kendra Langley, Simon Fraser (B.C.), 390.30
1982	Kendra Langley, Simon Fraser (B.C.), 368.95
1983	Colleen Hunstad, Wisconsin-Eau Claire, 385.90
1984	Cindy Miller, Wisconsin-Eau Claire, 412.30
1985	Sara Smith, Wisconsin-Eau Claire, 399.05
1986	Ellen Holterman, Wisconsin-Eau Claire, 418.40
1987	Cynthia Miller, Wisconsin-Milwaukee, 444.81
1988	Kimberly Hubbard, Wisconsin-Eau Claire, 419.5
1989	Kimberly Hubbard, Wisconsin-Eau Claire, 383.55
1990	Belinda Eddy, Simon Fraser (B.C.), 404.37
1991	Belinda Eddy, Simon Fraser (B.C.), 387.35
1992	Belinda Eddy, Simon Fraser (B.C.), 366.40
1993	Belinda Eddy, Simon Fraser (B.C.), 407.45
1994	Joanna Linardis, Simon Fraser (B.C.), 395.30
1995	Allison Randall, Simon Fraser (B.C.), 394.20
1996	Joanna Linardis, Simon Fraser (B.C.), 417.80
1997	Kate Milhausen, Simon Fraser (B.C.), 353.05
1998	Jacqueline Leveille, Simon Fraser (B.C.), 391.15
1999	Jacqueline Leveille, Simon Fraser (B.C.), 374.80
2000	Jessica Metcalf, Lindenwood (Mo.), 441.40
2001	Kelli Wind, Lindenwood (Mo.), 448.20
2002	Kelli Wind, Lindenwood (Mo.), 434.35
2003	Kristen Lindquist, Simon Fraser (B.C.), 353.50
2004	Hayley Rosenlund, Simon Fraser (B.C.), 444.40
2005	Hayley Rosenlund, Simon Fraser (B.C.), 417.75
2006	Kyla Kachman, Lindenwood (Mo.), 234.30
2007	Laura Sherer, Simon Fraser (B.C.), 435.05
2008	Caitlyn Taylor, Asbury (Ky.), 422.55
2009	Chelsea Hardrick, Lindenwood (Mo.), 337.75
2010	Christine Runkle, Concordia (Calif.), 225.50
2011	Christine Runkle, Concordia (Calif.), 259.70
2012	Christine Runkle, Concordia (Calif.), 274.50
2013	Kristen Brimage, Oklahoma Baptist, 252.50
2014	Kristen Brimage, Oklahoma Baptist, 248.85
2015	Kristen Brimage, Oklahoma Baptist, 266.30
2016	Genesis Veliz, Wayland Baptist, 206.80
2017	Vanessa VanOoast, Olivet Nazarene (Ill.), 203.70
2018	Andrea Adam, St. Ambrose (Iowa), 230.00
2019	Andrea Adam, St. Ambrose (Iowa), 234.20

Three-Meter Diving

1981	Kendra Langley, Simon Fraser (B.C.), 416.80
1982	Kendra Langley, Simon Fraser (B.C.), 393.40
1983	Lisa Roettger, Wisconsin-Eau Claire, 403.00
1984	Sara Smith, Wisconsin-Eau Claire, 433.10
1985	Sara Smith, Wisconsin-Eau Claire, 398.45
1986	Ellen Holterman, Wisconsin-Eau Claire, 431.70
1987	Sara Smith, Wisconsin-Eau Claire, 454.08
1988	Kimberly Hubbard, Wisconsin-Eau Claire, 414.2
1989	Jane Marien, Wisconsin-La Crosse, 393.35
1990	Belinda Eddy, Simon Fraser (B.C.), 477.54
1991	Belinda Eddy, Simon Fraser (B.C.), 444.45
1992	Belinda Eddy, Simon Fraser (B.C.), 414.30
1993	Belinda Eddy, Simon Fraser (B.C.), 494.05
1994	Joanna Linardis, Simon Fraser (B.C.), 430.00
1995	Joanna Linardis, Simon Fraser (B.C.), 453.95
1996	Joanna Linardis, Simon Fraser (B.C.), 476.75
1997	Kate Milhausen, Simon Fraser (B.C.), 455.70
1998	Amy McGuire, Transylvania (Ky.), 312.45
1999	Amy McGuire, Transylvania (Ky.), 357.15
2000	Jessica Metcalf, Lindenwood (Mo.), 555.45
2001	Jessica Metcalf, Lindenwood (Mo.), 485.20
2002	Kelli Wind, Lindenwood (Mo.), 503.50
2003	Kristen Lindquist, Simon Fraser (B.C.), 422.85
2004	Hayley Rosenlund, Simon Fraser (B.C.), 521.00
2005	Hayley Rosenlund, Simon Fraser (B.C.), 512.30
2006	Kyla Kachman, Lindenwood (Mo.), 251.30
2007	Laura Sherer, Simon Fraser (B.C.), 478.45
2008	Lindsey Cline, California Baptist, 432.85
2009	Chelsea Hardrick, Lindenwood (Mo.), 350.95
2010	Christine Runkle, Concordia (Calif.), 232.80
2011	Jamie Flynn, California Baptist, 248.40
2012	Christine Runkle, Concordia (Calif.), 332.75
2013	Kristen Brimage, Oklahoma Baptist, 252.30
2014	Kristen Brimage, Oklahoma Baptist, 222.50
2015	Kristen Brimage, Oklahoma Baptist, 252.35
2016	Genesis Veliz, Wayland Baptist (Texas), 289.50
2017	Vanessa VanOoast, Olivet Nazarene (Ill.), 195.70
2018	Andrea Adam, St. Ambrose (Iowa), 246.40
2019	Andrea Adam, St. Ambrose (Iowa), 222.0

50-Meter Freestyle

1981	Beth Carter, Eisenhower (N.Y.), 27.882
1982	Celeste Robinson, Central Washington, 27.35
2000	Jessica Wild, California Baptist, 26.01
2001	Jessica Wild, California Baptist, 26.20
2002	Jessica Wild, California Baptist, 26.21

50-Yard Freestyle

1983	Michelle Langsford, College of the Ozarks (Mo.), 24.54
1984	Michelle Langsford, Drury (Mo.), 24.01
1985	Michelle Langsford, Drury (Mo.), 23.57
1986	Kerri Butcher, Pacific Lutheran (Wash.), 24.64
1987	Lisa Bailey, Fairmont State (W.Va.), 24.64
1988	Wendy Heineke, Wisconsin-Stout, 24.14
1989	Wendy Heineke, Wisconsin-Stout, 23.65
1990	Tracey Richards, Wisconsin-Green Bay, 24.51
1991	Sharon Turner, Simon Fraser (B.C.), 23.52
1992	Sharon Turner, Simon Fraser (B.C.), 24.21
1993	Karen Chow, Simon Fraser (B.C.), 23.78
1994	Cecilia Gadd, Drury (Mo.), 23.84
1995	Sharon Turner, Simon Fraser (B.C.), 23.93
1996	Karen Chow, Simon Fraser (B.C.), 24.19
1997	Karen Chow, Simon Fraser (B.C.), 23.85
1998	Diana Ureche, Simon Fraser (B.C.), 23.67
1999	Elanie VanOosten, Simon Fraser (B.C.), 24.55
2003	Jessica Wild, California Baptist, 23.97
2004	Amber Dykes, Simon Fraser (B.C.), 24.07
2005	Abigail Doxsey, SCAD Savannah (Ga.), 24.17
2006	Abigail Doxsey, SCAD Savannah (Ga.), 24.03
2007	Cassie Dixon, SCAD Savannah (Ga.), 23.44
2008	Vicky Sui, Simon Fraser (B.C.), 23.45
2009	Vicky Sui, Simon Fraser (B.C.), 23.27
2010	Cheyenne Coffman, Fresno Pacific (Calif.), 23.12
2011	Nicole Cossey, Simon Fraser (B.C.), 23.48
2012	Cheyenne Coffman, Fresno Pacific (Calif.), 22.29
2013	Laura Galarza, Oklahoma Baptist, 22.99
2014	Laura Galarza, Oklahoma Baptist, 22.86
2015	Laura Galarza, Oklahoma Baptist, 22.47
2016	Heather Partlow, SCAD Savannah (Ga.), 23.77
2017	Lisa Tixier, Biola (Calif.), 23.01
2018	Alexis Kessler, Lindsey Wilson (Ky.), 23.36
2019	Jessica Axford, Union (Ky.), 23.66

100-Meter Freestyle

1981	Beth Carter, Eisenhower (N.Y.), 1:00.965
1982	Suzanne Melody, Simon Fraser (B.C.), 59.26
2000	Jessica Wild, California Baptist, 57.94
2001	Jessica Wild, California Baptist, 58.13
2002	Jessica Wild, California Baptist, 57.02

100-Yard Freestyle

1983	Cynthia Gaudet, Simon Fraser (B.C.), 54.06
1984	Michelle Langsford, Drury (Mo.), 52.39
1985	Michelle Langsford, Drury (Mo.), 51.69
1986	Kerri Butcher, Pacific Lutheran (Wash.), 53.79
1987	Ann Olin, Wisconsin-Green Bay, 53.29
1988	Shelly Weyers, Wisconsin-La Crosse, 52.59
1989	Wendy Heineke, Wisconsin-Stout, 52.57
1990	Jill Rutledge, Puget Sound (Wash.), 53.12
1991	Sharon Turner, Simon Fraser (B.C.), 51.31
1992	Sharon Turner, Simon Fraser (B.C.), 51.46
1993	Sharon Turner, Simon Fraser (B.C.), 51.03
1994	Cecilia Gadd, Drury (Mo.), 51.80
1995	Sharon Turner, Simon Fraser (B.C.), 51.40
1996	Karen Chow, Simon Fraser (B.C.), 52.85
1997	Karen Chow, Simon Fraser (B.C.), 52.01
1998	Elanie VanOosten, Simon Fraser (B.C.), 52.90
1999	Elanie VanOosten, Simon Fraser (B.C.), 52.44
2003	Amber Dykes, Simon Fraser (B.C.), 51.67
2004	Amber Dykes, Simon Fraser (B.C.), 52.50
2005	Amber Dykes, Simon Fraser (B.C.), 52.73
2006	Abigail Doxsey, SCAD Savannah (Ga.), 52.23
2007	Jenelle Furuto, California Baptist, 51.81
2008	Katelyn Butler, California Baptist, 51.83
2009	Vicky Sui, Simon Fraser (B.C.), 50.46
2010	Cheyenne Coffman, Fresno Pacific (Calif.), 50.94
2011	Nicole Cossey, Simon Fraser (B.C.), 50.16
2012	Renata Cabral, Union (Ky.), 50.73
2013	Laura Galarza, Oklahoma Baptist, 50.29
2014	Laura Galarza, Oklahoma Baptist, 49.97
2015	Laura Galarza, Oklahoma Baptist, 49.63
2016	Lisa Tixier, Biola (Calif.), 51.12
2017	Julie Woody, SCAD Savannah (Ga.), 49.24
2018	Alexis Kessler, Lindsey Wilson (Ky.), 51.00



Championship History

2019 Mendy De Rooi, Cumberlands (Ky.), 4:54.45

200-Meter Freestyle

1981 Jill Trotter, Simon Fraser (B.C.), 2:11.402
1982 Suzanne Melody, Simon Fraser (B.C.), 2:08.30
2000 Elaine Van Oosten, Simon Fraser (B.C.), 2:07.74
2001 Andrea McIntosh, Simon Fraser (B.C.), 2:06.36
2002 Amber Dykes, Simon Fraser (B.C.), 2:05.29

200-Yard Freestyle

1983 Suzanne Melody, Simon Fraser (B.C.), 1:55.15
1984 Michelle Langsford, Drury (Mo.), 1:54.52
1985 Sue Melody, Simon Fraser (B.C.), 1:53.38
1986 Barbara Graham, Simon Fraser (B.C.), 1:55.31
1987 Barbara Graham, Simon Fraser (B.C.), 1:53.13
1988 Shelly Weyers, Wisconsin-La Crosse, 1:53.15
1989 Melissa Loun, Puget Sound (Wash.), 1:55.40
1990 Susan Bendl, Puget Sound (Wash.), 1:55.87
1991 Sharon Turner, Simon Fraser (B.C.), 1:51.02
1992 Sharon Turner, Simon Fraser (B.C.), 1:52.20
1993 Sharon Turner, Simon Fraser (B.C.), 1:51.71
1994 Cecilia Gadd, Drury (Mo.), 1:51.89
1995 Sharon Turner, Simon Fraser (B.C.), 1:52.66
1996 Carianne Davis, Central Washington, 1:54.85
1997 Karen Chow, Simon Fraser (B.C.), 1:54.03
1998 Elanie VanOosten, Simon Fraser (B.C.), 1:54.2
1999 Elanie VanOosten, Simon Fraser (B.C.), 1:54.58
2003 Amber Dykes, Simon Fraser (B.C.), 1:52.14
2004 Amber Dykes, Simon Fraser (B.C.), 1:53.10
2005 Kathryn Rosberg, Simon Fraser (B.C.), 1:51.75
2006 Rachel Fritts, SCAD Savannah (Ga.), 1:54.18
2007 Kathryn Rosberg, Simon Fraser (B.C.), 1:51.14
2008 Gia Bogetti, Simon Fraser (B.C.), 1:52.05
2009 Stephanie McNicol, SCAD Savannah (Ga.), 1:51.75
2010 Suzanne Wuolle, Simon Fraser (B.C.), 1:53.73
2011 Alex Peters, Concordia (Calif.), 1:49.58
2012 Sofie Gjemmestad, Fresno Pacific (Calif.), 1:51.44
2013 Laura Galarza, Oklahoma Baptist, 1:49.95
2014 Laura Galarza, Oklahoma Baptist, 1:50.18
2015 Laura Galarza, Oklahoma Baptist, 1:50.49
2016 Abigail Richey, SCAD Savannah (Ga.), 1:52
2017 Abigail Richey, SCAD Savannah (Ga.), 1:52.21
2018 Jessica Axford, Union (Ky.), 1:53.27
2019 Spencer Sheridan, SCAD Savannah (Ga.), 1:50.85

400-Meter Freestyle

1981 Judy Baker, Simon Fraser (B.C.), 4:23.556
1982 Judy Baker, Simon Fraser (B.C.), 4:22.79
2000 Lisa Huffman, Simon Fraser (B.C.), 4:29.55
2001 Andrea McIntosh, Simon Fraser (B.C.), 4:25.41
2002 Lyndsay Devaney, California Baptist, 4:21.03

500-Yard Freestyle

1983 Suzanne Melody, Simon Fraser (B.C.), 5:09.29
1984 Barbara Graham, Simon Fraser (B.C.), 5:14.84
1985 Barbara Graham, Simon Fraser (B.C.), 5:04.63
1986 Barbara Graham, Simon Fraser (B.C.), 5:09.38
1987 Barbara Graham, Simon Fraser (B.C.), 5:01.77
1988 Susan Bendl, Puget Sound (Wash.), 4:59.08
1989 Melissa Loun, Puget Sound (Wash.), 5:02.83
1990 Susan Bendl, Puget Sound (Wash.), 5:03.85
1991 Melissa Loun, Puget Sound (Wash.), 5:06.76
1992 Karen Hanson, Pacific Lutheran (Wash.), 5:01.81
1993 Sharon Turner, Simon Fraser (B.C.), 5:05.23
1994 Nida Zuhail, Drury (Mo.), 5:00.18
1995 Niki Peterson, John Brown (Ark.), 5:06.91
1996 Aurora Bray, Pacific Lutheran (Wash.), 5:04.44
1997 Diana Bate, Simon Fraser (B.C.), 5:03.93
1998 Kristin Veal, Puget Sound (Wash.), 5:04.9
1999 Lisa Huffman, Simon Fraser (B.C.), 5:09.59
2003 Lyndsay Devaney, California Baptist, 4:59.11
2004 Kathryn Rosberg, Simon Fraser (B.C.), 5:02.30
2005 Kathryn Rosberg, Simon Fraser (B.C.), 4:57.49
2006 Krista Chacon, California Baptist, 5:02.38
2007 Kathryn Rosberg, Simon Fraser (B.C.), 4:52.33
2008 Brooke Turner, Fresno Pacific (Calif.), 5:00.27
2009 Stephanie McNicol, SCAD Savannah (Ga.), 4:54.32
2010 Kaylen Hewko, Azusa Pacific (Calif.), 4:58.46
2011 Alex Peters, Concordia (Calif.), 4:52.24
2012 Nicole Wilson, Oklahoma Baptist, 4:56.90
2013 Nicole Wilson, Oklahoma Baptist, 4:59.02
2014 Courtney Hayward, Brenau (Ga.), 4:58.42
2015 Courtney Hayward, Brenau (Ga.), 4:56.87
2016 Courtney Hayward, Brenau (Ga.), 4:56.34

2017 Abigail Richey, SCAD Savannah (Ga.), 4:59.00
2018 Suzanna Gonzalez, Morningside (Iowa), 4:56.15
2019 Mendy De Rooi, Cumberlands (Ky.), 4:58.82

1500-Meter Freestyle

1981 Judy Baker, Simon Fraser (B.C.), 17:21.713
1982 Suzanne Melody, Simon Fraser (B.C.), 17:11.09
2000 Lisa Huffman, Simon Fraser (B.C.), 17:44.80
2001 Lisa Huffman, Simon Fraser (B.C.), 17:31.07
2002 Lyndsay Devaney, California Baptist, 17:09.73

1650-Yard Freestyle

1983 Suzanne Melody, Simon Fraser (B.C.), 17:31.94
1984 Carol Burdges, Brenau (Ga.), 17:54.11
1985 Barbara Graham, Simon Fraser (B.C.), 17:38.42
1986 Barbara Graham, Simon Fraser (B.C.), 17:49.13
1987 Barbara Graham, Simon Fraser (B.C.), 17:23.01
1988 Haleigh Kurtz, Puget Sound (Wash.), 17:27.25
1989 Laura Mercugliano, Shepherd (W.Va.), 17:24.88
1990 Melissa Loun, Puget Sound (Wash.), 17:36.79
1991 Jessica Roberts, Simon Fraser (B.C.), 17:32.06
1992 Annabel Bicknell, Simon Fraser (B.C.), 17:11.93
1993 Nani Blake, Westminster (Pa.), 17:30.94
1994 Shannyn Hite, Drury (Mo.), 17:29.65
1995 Niki Peterson, John Brown (Ark.), 17:31.64
1996 Aurora Bray, Pacific Lutheran (Wash.), 17:40.76
1997 Aurora Bray, Pacific Lutheran (Wash.), 17:37.53
1998 Kristin Veal, Puget Sound (Wash.), 17:15.8
1999 Lisa Huffman, Simon Fraser (B.C.), 17:36.55
2003 Lyndsay Devaney, California Baptist, 17:09.98
2004 Kathryn Rosberg, Simon Fraser (B.C.), 17:37.02
2005 Kathryn Rosberg, Simon Fraser (B.C.), 16:51.80
2006 Christine Phillips, SCAD Savannah (Ga.), 17:25.43
2007 Kathryn Rosberg, Simon Fraser (B.C.), 16:43.37
2008 Brooke Turner, Fresno Pacific, 17:07.75
2009 Stephanie McNicol, SCAD Savannah (Ga.), 16:48.91
2010 Brooke Turner, Fresno Pacific (Calif.), 17:21.07
2011 Alex Peters, Concordia (Calif.), 16:58.66
2012 Heather Librizzi, SCAD Savannah (Ga.), 16:58.86
2013 Caroline Lepesant, SCAD Savannah (Ga.), 17:05.79
2014 Caroline Lepesant, SCAD Savannah (Ga.), 16:54.23
2015 Courtney Hayward, Brenau (Ga.), 16:58.36
2016 Caroline Lepesant, SCAD Savannah (Ga.), 16:44.01
2017 Courtney Hayward, Brenau (Ga.), 17:19.77
2018 Suzanna Gonzalez, Morningside (Iowa), 17:07.01
2019 Karla Islas, Olivet Nazarene (Ill.), 17:18.54

100-Meter Backstroke

1981 Marcia Konat, Kearney State (Neb.), 1:14.172
1982 Karen Workman, Shepherd (W.Va.), 1:11.70
2000 Katy Oliver, Simon Fraser (B.C.), 1:05.59
2001 Jennifer Kasuya, Simon Fraser (B.C.), 1:11.84
2002 Jessica Wild, California Baptist, 1:04.92

100-Yard Backstroke

1983 Cynthia Gaudet, Simon Fraser (B.C.), 1:01.72
1984 Brenda Dahl, Wisconsin-Eau Claire, 1:01.84
1985 Barbara Hefte, Pacific Lutheran (Wash.), 1:00.33
1986 Connie Wright, Wisconsin-Milwaukee, 1:00.04
1987 Lisa Bailey, Fairmont State (W.Va.), 59.03
1988 Wendy Heineke, Wisconsin-Stout, 1:00.68
1989 Sharon Juckeland, Puget Sound (Wash.), 1:01.27
1990 Sharon Juckeland, Puget Sound (Wash.), 1:00.52
1991 Christine Harris, Simon Fraser (B.C.), 57.56
1992 Sharon Juckeland, Puget Sound (Wash.), 59.28
1993 Niki Peterson, John Brown (Ark.), 59.44
1994 Jennifer Lane, Puget Sound (Wash.), 57.84
1995 Diana Ureche, Simon Fraser (B.C.), 57.31
1996 Diana Ureche, Simon Fraser (B.C.), 56.84
1997 Diana Ureche, Simon Fraser (B.C.), 56.27
1998 Diana Ureche, Simon Fraser (B.C.), 56.38
1999 Cassie Trotter, Campbellsville (Ky.), 58.52
2003 Jennifer Kasuya, Simon Fraser (B.C.), 58.30
2004 Tina Hoang, Simon Fraser (B.C.), 57.29
2005 Tina Hoang, Simon Fraser (B.C.), 57.3
2006 Nicole Shipman, California Baptist, 57.94
2007 Addie Kolybaba, Simon Fraser (B.C.), 57.86
2008 Cheyenne Coffman, Fresno Pacific (Calif.), 57.79
2009 Cheyenne Coffman, Fresno Pacific (Calif.), 55.63
2010 Cheyenne Coffman, Fresno Pacific (Calif.), 55.39
2011 Mary Hanson, California Baptist, 54.66
2012 Cheyenne Coffman, Fresno Pacific (Calif.), 52.76
2013 Lisa MacManus, Oklahoma Baptist, 54.67
2014 Lisa MacManus, Oklahoma Baptist, 54.69

Championship History

2015 Talia Sola, Brenau (Ga.), 54.76
 2016 Amanda Moran, Olivet Nazarene (Ill.), 55.10
 2017 Amanda Moran, Olivet Nazarene (Ill.), 55.19
 2018 Amanda Moran, Olivet Nazarene (Ill.), 57.06
 2019 Anna Herbst, Keiser (Fla.), 57.07

200-Meter Backstroke

1981 Karen Workman, Shepherd (W.Va.), 2:35.348
 1982 Suzanne Melody, Simon Fraser (B.C.), 2:31.70
 2000 Katy Oliver, Simon Fraser (B.C.), 2:22.46
 2001 Jennifer Kasuya, Simon Fraser (B.C.), 2:22.44
 2002 Jennifer Kasuya, Simon Fraser (B.C.), 2:20.34

200-Yard Backstroke

1983 Brenda Dahl, Wisconsin-Eau Claire, 2:13.14
 1984 Cheryl Osachoff, Simon Fraser (B.C.), 2:12.41
 1985 Connie Wright, Wisconsin-Milwaukee, 2:11.97
 1986 Carol Quarterman, Pacific Lutheran (Wash.), 2:10.70
 1987 Lisa Bailey, Fairmont State (W.Va.), 2:09.27
 1988 Sharon Wilson, Central Washington, 2:08.36
 1989 Annabel Bicknell, Simon Fraser (B.C.), 2:09.51
 1990 Jacqy Franks, Drury (Mo.), 2:09.10
 1991 Christine Harris, Simon Fraser (B.C.), 2:04.59
 1992 Jennifer Kuhn, Puget Sound (Wash.), 2:04.59
 1993 Jennifer Kuhn, Puget Sound (Wash.), 2:06.52
 1994 Jennifer Lane, Puget Sound (Wash.), 2:05.70
 1995 Karen Seland, Simon Fraser (B.C.), 2:03.75
 1996 Beth Slaughter, Linfield (Ore.), 2:06.95
 1997 Diana Ureche, Simon Fraser (B.C.), 2:02.63
 1998 Diana Ureche, Simon Fraser (B.C.), 2:03.50
 1999 Kristina Booth, Puget Sound (Wash.), 2:06.41
 2003 Jennifer Kasuya, Simon Fraser (B.C.), 2:04.94
 2004 Jennifer Kasuya, Simon Fraser (B.C.), 2:04.56
 2005 Natasha Perry, Cumberlands (Ky.), 2:04.61
 2006 Nicole Shipman, California Baptist, 2:05.78
 2007 Nicole Shipman, California Baptist, 2:05.49
 2008 Nicole Shipman, California Baptist, 2:04.67
 2009 Nicole Shipman, California Baptist, 2:02.85
 2010 Lara Pease, California Baptist, 2:05.02
 2011 Gia Bogetti, Simon Fraser (B.C.), 2:04.51
 2012 Cheyenne Coffman, Fresno Pacific (Calif.), 1:58.20
 2013 Hannah Legg, SCAD Savannah (Ga.), 2:01.67
 2014 Ines Remersaro, Oklahoma Baptist, 2:01.10
 2015 Ines Remersaro, Oklahoma Baptist, 2:00.27
 2016 Amanda Moran, Olivet Nazarene (Ill.), 1:59.32
 2017 Amanda Moran, Olivet Nazarene (Ill.), 1:56.87
 2018 Amanda Moran, Olivet Nazarene (Ill.), 2:01.35
 2019 Christina Klouda, Cumberlands (Ky.), 2:02.85

100-Meter Breaststroke

1981 Kathy Etzel, Shepherd (W.Va.), 1:18.117
 1982 Michelle Langsford, College of the Ozarks (Mo.), 1:17.99
 2000 Victoria Arrandale, Simon Fraser (B.C.), 1:13.37
 2001 Kathleen Stoodly, Simon Fraser (B.C.), 1:11.84
 2002 Kathleen Stoodly, Simon Fraser (B.C.), 1:12.20

100-Yard Breaststroke

1983 Michelle Langsford, College of the Ozarks (Mo.), 1:09.28
 1984 Michelle Langsford, Drury (Mo.), 1:07.86
 1985 Michelle Langsford, Drury (Mo.), 1:06.31
 1986 Debbie Gray, Central Washington, 1:08.97
 1987 Jennifer Galster, Puget Sound (Wash.), 1:07.43
 1988 Susan Bendl, Puget Sound (Wash.), 1:06.59
 1989 Leslie Biegler, Wisconsin-Milwaukee, 1:07.50
 1990 Deanne Schweitzer, Simon Fraser (B.C.), 1:06.39
 1991 Charlene Miller, Puget Sound (Wash.), 1:06.89
 1992 Heather Cozzens, Drury (Mo.), 1:06.53
 1993 Staci Malin, Linfield (Ore.), 1:05.53
 1994 Heather Cozzens, Drury (Mo.), 1:05.65
 1995 Staci Malin, Linfield (Ore.), 1:05.38
 1996 Staci Malin, Linfield (Ore.), 1:05.57
 1997 Lisa Robertson, Simon Fraser (B.C.), 1:05.91
 1998 Lisa Robertson, Simon Fraser (B.C.), 1:05.86
 1999 Lisa Robertson, Simon Fraser (B.C.), 1:05.48
 2003 Kathleen Stoodly, Simon Fraser (B.C.), 1:03.45
 2004 Kathleen Stoodly, Simon Fraser (B.C.), 1:04.01
 2005 Kellie West, California Baptist, 1:05.23
 2006 Kellie West, California Baptist, 1:05.23
 2007 Arienne Gachupin, California Baptist, 1:06.81
 2008 Liz Roberts, SCAD Savannah (Ga.), 1:06.69
 2009 Teresa Antesberger, Cumberlands (Ky.), 1:03.69
 2010 Alison Berrien, Concordia (Calif.), 1:03.94
 2011 Liz Roberts, SCAD Savannah (Ga.), 1:02.38
 2012 Catherine Duquet, SCAD Savannah (Ga.), 1:02.09

2013 Kerryn Mullin, Oklahoma Baptist, 1:02.93
 2014 Kerryn Mullin, Oklahoma Baptist, 1:04.29
 2015 Kerryn Mullin, Oklahoma Baptist, 1:03.16
 2016 Ronni Borders, Lindsey Wilson (Ky.), 1:03.47
 2017 Sara Lacusky, SCAD Savannah (Ga.), 1:03.25
 2018 Andrea Vega, Olivet Nazarene (Ill.), 1:02.99
 2019 Anna Herbst, Keiser (Fla.), 57.07

200-Meter Breaststroke

1981 Judy Baker, Simon Fraser (B.C.), 2:46.851
 1982 Judy Baker, Simon Fraser (B.C.), 2:44.45
 2000 Victoria Arrandale, Simon Fraser (B.C.), 2:37.96
 2001 Kathleen Stoodly, Simon Fraser (B.C.), 2:33.34
 2002 Kathleen Stoodly, Simon Fraser (B.C.), 2:35.87

200-Yard Breaststroke

1983 Laura Jones, Simon Fraser (B.C.), 2:30.04
 1984 Lisa Mazingo, Shepherd (W.Va.), 2:28.60
 1985 Michelle Langsford, Drury (Mo.), 2:26.00
 1986 Debbie Gray, Central Washington, 2:31.0
 1987 Susan Bendl, Puget Sound (Wash.), 2:26.38
 1988 Susan Bendl, Puget Sound (Wash.), 2:24.44
 1989 Leslie Biegler, Wisconsin-Milwaukee, 2:25.99
 1990 Deanne Schweitzer, Simon Fraser (B.C.), 2:24.12
 1991 Lourette Hakansson, Drury (Mo.), 2:20.28
 1992 Lourette Hakansson, Drury (Mo.), 2:17.38
 1993 Lourette Hakansson, Drury (Mo.), 2:14.90
 1994 Lourette Hakansson, Drury (Mo.), 2:18.22
 1995 Staci Malin, Linfield (Ore.), 2:24.22
 1996 Staci Malin, Linfield (Ore.), 2:23.61
 1997 Joni Jacobs, Central Washington, 2:25.03
 1998 Joni Jacobs, Central Washington, 2:25.6
 1999 Victoria Arrandale, Simon Fraser (B.C.), 2:24.29
 2003 Kathleen Stoodly, Simon Fraser (B.C.), 2:15.09
 2004 Kathleen Stoodly, Simon Fraser (B.C.), 2:15.67
 2005 Taylor Sexton, SCAD Savannah (Ga.), 2:21.13
 2006 Kimie Cook, California Baptist, 2:21.46
 2007 Courtenay Mulhern, Simon Fraser (B.C.), 2:23.45
 2008 Courtenay Mulhern, Simon Fraser (B.C.), 2:23.08
 2009 Teresa Antesberger, Cumberlands (Ky.), 2:19.44
 2010 April Smith, Biola (Calif.), 2:21.66
 2011 Lauren Malthaner, Fresno Pacific (Calif.), 2:17.16
 2012 Catherine Duquet, SCAD Savannah (Ga.), 2:16.67
 2013 Kerryn Mullin, Oklahoma Baptist, 2:19.67
 2014 Sydney Harris, Olivet Nazarene (Ill.), 2:19.55
 2015 Kerryn Mullin, Oklahoma Baptist, 2:19.83
 2016 Christina Ali, Biola (Calif.), 2:18.31
 2017 Sara Lacusky, SCAD Savannah (Ga.), 2:17.53
 2018 Andrea Vega, Olivet Nazarene (Ill.), 2:17.57
 2019 Andrea Vega, Olivet Nazarene (Ill.), 2:17.43

100-Meter Butterfly

1981 Kristy Robertson, Simon Fraser (B.C.), 1:08.956
 1982 Suzanne Melody, Simon Fraser (B.C.), 1:06.02
 2000 Gennifer Amthor, California Baptist, 1:03.78
 2001 Gennifer Amthor, California Baptist, 1:03.14
 2002 Mercedes Rivera, Seattle (Wash.), 1:05.48

100-Yard Butterfly

1983 Kerri Butcher, Pacific Lutheran (Wash.), 58.87
 1984 Kerri Butcher, Pacific Lutheran (Wash.), 58.40
 1985 Kerri Butcher, Pacific Lutheran (Wash.), 57.42
 1986 Kerri Butcher, Pacific Lutheran (Wash.), 57.93
 1987 Sally Lambert, Fairmont State (W.Va.), 57.37
 1988 Jill Rutledge, Puget Sound (Wash.), 57.89
 1989 Jill Rutledge, Puget Sound (Wash.), 58.92
 1990 Tracey Richards, Wisconsin-Green Bay, 58.92
 1991 Kristen Zukowski, Westminster (Pa.), 58.37
 1992 Sarah Agnew, Simon Fraser (B.C.), 56.97
 1993 Sarah Agnew, Simon Fraser (B.C.), 57.11
 1994 Nida Zuhail, Drury (Mo.), 57.07
 1995 Diana Ureche, Simon Fraser (B.C.), 55.33
 1996 Diana Ureche, Simon Fraser (B.C.), 57.05
 1997 Lisa Robertson, Simon Fraser (B.C.), 56.68
 1998 Lisa Robertson, Simon Fraser (B.C.), 56.62
 1999 Lisa Robertson, Simon Fraser (B.C.), 56.72
 2003 Jennifer Horwood, Simon Fraser (B.C.), 58.05
 2004 Jennifer Horwood, Simon Fraser (B.C.), 57.66
 2005 Tina Hoang, Simon Fraser (B.C.), 57.07
 2006 Abigail Doxsey, SCAD Savannah (Ga.), 57.21
 2007 Addie Kolybaba, Simon Fraser (B.C.), 56.30
 2008 Vicky Sui, Simon Fraser (B.C.), 54.96
 2009 Vicky Sui, Simon Fraser (B.C.), 55.09
 2010 Kaylen Hewko, Azusa Pacific (Calif.), 56.25

Championship History

- 2011 Kaylen Hewko, Azusa Pacific (Calif.), 55.71
- 2012 Christine Tixier, Biola (Calif.), 54.60
- 2013 Christine Tixier, Biola (Calif.), 54.75
- 2014 Christine Tixier, Biola (Calif.), 54.35
- 2015 Christine Tixier, Biola (Calif.), 54.34
- 2016 Lisa Tixier, Biola (Calif.), 55.29
- 2017 Lisa Tixier, Biola (Calif.), 53.70
- 2018 Alexis Kessler, Lindsey Wilson (Ky.), 56.07
- 2019 Mendy De Rooi, Cumberlands (Ky.), 54.41

200-Meter Butterfly

- 1981 Kristy Robertson, Simon Fraser (B.C.), 2:35.347
- 1982 Judy Baker, Simon Fraser (B.C.), 2:16.86
- 2000 Gennifer Amthor, California Baptist, 2:18.58
- 2001 Gennifer Amthor, California Baptist, 2:15.58
- 2002 Lyndsay Devaney, California Baptist, 2:20.97

200-Yard Butterfly

- 1983 Suzanne Melody, Simon Fraser (B.C.), 2:07.96
- 1984 Kirsten Olson, Pacific Lutheran (Wash.), 2:09.48
- 1985 Ana Tormo, Arkansas-Little Rock, 2:08.20
- 1986 Eileen Luigard, Fairmont State (W.Va.), 2:10.0
- 1987 Sally Lambert, Fairmont State (W.Va.), 2:07.39
- 1988 Ana Tormo, Arkansas-Little Rock, 2:07.13
- 1989 Julie Himstreet, Puget Sound (Wash.), 2:08.83
- 1990 Annabel Bicknell, Simon Fraser (B.C.), 2:08.19
- 1991 Annabel Bicknell, Simon Fraser (B.C.), 2:06.55
- 1992 Sarah Agnew, Simon Fraser (B.C.), 2:04.67
- 1993 Sarah Agnew, Simon Fraser (B.C.), 2:04.24
- 1994 Nida Zuhail, Drury (Mo.), 2:03.24
- 1995 Sarah Agnew, Simon Fraser (B.C.), 2:05.63
- 1996 Diana Ureche, Simon Fraser (B.C.), 2:06.61
- 1997 Lisa Roberston, Simon Fraser (B.C.), 2:04.61
- 1998 Lisa Robertson, Simon Fraser (B.C.), 2:05.2
- 1999 Andrea McIntosh, Simon Fraser (B.C.), 2:06.66
- 2003 Christen Heideman, Cumberlands (Ky.), 2:06.47
- 2004 Christen Heideman, Cumberlands (Ky.), 2:07.80
- 2005 Kimie Cook, California Baptist, 2:04.06
- 2006 Rachel Fritts, SCAD Savannah (Ga.), 2:05.00
- 2007 Kerry Hancock, Asbury (Ky.), 2:07.07
- 2008 Vicky Sui, Simon Fraser (B.C.), 2:04.51
- 2009 Adriana Quezada, California Baptist, 2:04.25
- 2010 Kaylen Hewko, Azusa Pacific (Calif.), 2:02.57
- 2011 Kaylen Hewko, Azusa Pacific (Calif.), 2:01.41
- 2012 Charlotte Parent, Cumberlands (Ky.), 2:04.95
- 2013 Hannah Legg, SCAD Savannah (Ga.), 2:03.33
- 2014 Christine Tixier, Biola (Calif.), 2:01.53
- 2015 Christine Tixier, Biola (Calif.), 2:00.89
- 2016 Hannah Legg, SCAD Savannah (Ga.), 2:03.98
- 2017 Lydia Reinhardt, SCAD Savannah (Ga.), 2:03.53
- 2018 Lydia Reinhardt, SCAD Savannah (Ga.), 2:04.23
- 2019 Lydia Reinhardt, SCAD Savannah (Ga.), 2:04.23

100-Meter Individual Medley

- 1982 Michelle Langsford, College of the Ozarks (Mo.), 1:09.08

100-Yard Individual Medley

- 1983 Michelle Langsford, College of the Ozarks (Mo.), 1:02.08
- 1984 Michelle Langsford, Drury (Mo.), 1:00.63

200-Meter Individual Medley

- 1981 Jill Trotter, Simon Fraser (B.C.), 2:28.967
- 1982 Judy Baker, Simon Fraser (B.C.), 2:21.73
- 2000 Andrea McIntosh, Simon Fraser (B.C.), 2:21.86
- 2001 Lisa Huffman, Simon Fraser (B.C.), 2:19.17
- 2002 Lisa Huffman, Simon Fraser (B.C.), 2:19.29

200-Yard Individual Medley

- 1983 Elizabeth Green, Pacific Lutheran (Wash.), 2:12.14
- 1984 Kirsten Olson, Pacific Lutheran (Wash.), 2:14.05
- 1985 Sue Melody, Simon Fraser (B.C.), 2:10.92
- 1986 Sharon Wilson, Central Washington, 2:11.55
- 1987 Sharon Wilson, Central Washington, 2:08.98
- 1988 Sharon Wilson, Central Washington, 2:07.78
- 1989 Annabel Bicknell, Simon Fraser (B.C.), 2:08.79
- 1990 Annabel Bicknell, Simon Fraser (B.C.), 2:08.69
- 1991 Lourette Hakansson, Drury (Mo.), 2:05.57
- 1992 Lourette Hakansson, Drury (Mo.), 2:05.51
- 1993 Lourette Hakansson, Drury (Mo.), 2:04.21
- 1994 Lourette Hakansson, Drury (Mo.), 2:05.74
- 1995 Diana Ureche, Simon Fraser (B.C.), 2:05.94
- 1996 Dorian Reese, Whitworth (Wash.), 2:10.83
- 1997 Diana Ureche, Simon Fraser (B.C.), 2:07.91
- 1998 Andrea McIntosh, Simon Fraser (B.C.), 2:08.12

- 1999 Andrea McIntosh, Simon Fraser (B.C.), 2:06.23
- 2003 Jennifer Kasuya, Simon Fraser (B.C.), 2:09.58
- 2004 Kathleen Stoody, Simon Fraser (B.C.), 2:08.30
- 2005 Kimie Cook, California Baptist, 2:04.90
- 2006 Kimie Cook, California Baptist, 2:07.18
- 2007 Courtenay Mulhern, Simon Fraser (B.C.), 2:08.30
- 2008 Courtenay Mulhern, Simon Fraser (B.C.), 2:06.55
- 2009 Stacy Carter, Fresno Pacific (Calif.), 2:06.92
- 2010 Stacy Carter, Fresno Pacific (Calif.), 2:06.82
- 2011 Norra Stroh, California Baptist, 2:06.03
- 2012 Stacy Carter, Fresno Pacific (Calif.), 2:05.04
- 2013 Charlotte Parent, Cumberlands (Ky.), 2:05.30
- 2014 Christine Tixier, Biola (Calif.), 2:04.48
- 2015 Christine Tixier, Biola (Calif.), 2:02.75
- 2016 Tiffany Ray, Olivet Nazarene (Ill.), 2:05.84
- 2017 Tiffany Ray, Olivet Nazarene (Ill.), 2:05.07
- 2018 Sara Lacusky, SCAD Savannah (Ga.), 2:05.93
- 2019 Andrea Vega, Olivet Nazarene (Ill.), 2:05.06

400-Meter Individual Medley

- 1981 Judy Baker, Simon Fraser (B.C.), 5:03.496
- 1982 Judy Baker, Simon Fraser (B.C.), 4:55.06
- 2000 Lisa Huffman, Simon Fraser (B.C.), 4:58.33
- 2001 Lisa Huffman, Simon Fraser (B.C.), 4:57.30
- 2002 Lisa Huffman, Simon Fraser (B.C.), 4:59.10

400-Yard Individual Medley

- 1983 Kim Lawrence, Shepherd (W.Va.), 4:41.13
- 1984 Kim Lawrence, Shepherd (W.Va.), 4:42.01
- 1985 Sue Melody, Simon Fraser (B.C.), 4:41.11
- 1986 Sharon Wilson, Central Washington, 4:48.38
- 1987 Sharon Wilson, Central Washington, 4:36.50
- 1988 Sharon Wilson, Central Washington, 4:35.47
- 1989 Annabel Bicknell, Simon Fraser (B.C.), 4:32.32
- 1990 Annabel Bicknell, Simon Fraser (B.C.), 4:34.07
- 1991 Lourette Hakansson, Drury (Mo.), 4:25.94
- 1992 Lourette Hakansson, Drury (Mo.), 4:27.75
- 1993 Lourette Hakansson, Drury (Mo.), 4:24.03
- 1994 Lourette Hakansson, Drury (Mo.), 4:29.00
- 1995 Sarah Agnew, Simon Fraser (B.C.), 4:35.95
- 1996 Kendra Lavik, Puget Sound (Wash.), 4:38.33
- 1997 Kristen Booth, Puget Sound (Wash.), 4:36.77
- 1998 Andrea McIntosh, Simon Fraser (B.C.), 4:31.9
- 1999 Andrea McIntosh, Simon Fraser (B.C.), 4:29.391
- 2003 Lyndsay Devaney, California Baptist, 4:34.61
- 2004 Kathryn Rosberg, Simon Fraser (B.C.), 4:35.78
- 2005 Kimie Cook, California Baptist, 4:24.26
- 2006 Kimie Cook, California Baptist, 4:28.03
- 2007 Courtenay Mulhern, Simon Fraser (B.C.), 4:31.37
- 2008 Courtenay Mulhern, Simon Fraser (B.C.), 4:30.49
- 2009 Stacy Carter, Fresno Pacific (Calif.), 4:29.33
- 2010 Sarah Billamosa, Lindenwood (Mo.), 4:32.06
- 2011 April Smith, Biola (Calif.), 4:30.23
- 2012 Nicole Wilson, Oklahoma Baptist, 4:25.38
- 2013 Hannah Legg, SCAD Savannah (Ga.), 4:25.13
- 2014 Courtney Hayward, Brenau (Ga.), 4:30.53
- 2015 Bailee Blankemeier, Concordia (Calif.), 4:24.27
- 2016 Courtney Hayward, Brenau (Ga.), 4:26.3
- 2017 Tiffany Ray, Olivet Nazarene (Ill.), 4:25.90
- 2018 Karla Islas, Olivet Nazarene (Ill.), 4:24.42
- 2019 Karla Islas, Olivet Nazarene (Ill.), 4:26.46

200-Meter Freestyle Relay

- 1982 Simon Fraser (B.C.) (Peggie Peacock, Cheri Mechalchuk, Stephanie Smith, Cynthia Gaudet), 1:52.21
- 2000 Simon Fraser (B.C.) (Elanie Van Oosten, Winnie Lam, Kacey Dalzell, Sarah Jung), 1:47.44
- 2001 Simon Fraser (B.C.) (Sarah Jung, Jennifer Kasuya, Andrea McIntosh, Kacey Dalzell), 1:47.27
- 2002 Simon Fraser (B.C.) (Amber Dykes, Jennifer Kasuya, Winnie Lam, Sarah Jung), 1:46.97

200-Yard Freestyle Relay

- 1983 Pacific Lutheran (Wash.) (Kristi Bosch, Kristine Soderman, Barbara Hefte, Kerri Butcher), 1:40.85
- 1984 Wisconsin-Green Bay (Debbie Hinze, Laurel Beckstrom, Ann Olin, Mary Margaret, Burkhard), 1:40.01
- 1985 Simon Fraser (B.C.) (Peggie Peacock, Cynthia Gaudet, Dena Burr, Sue Melody), 1:38.18
- 1986 Pacific Lutheran (Wash.) (Maurna Jamieson, Carol Quarterman, Mary Meyer, Kerri Butcher), 1:39.20
- 1987 Fairmont State (W.Va.) (Lisa Bailey, Karen Petko, Maryellen Earley, Sally Lambert), 1:39.60
- 1988 Puget Sound (Wash.) (Mary Gibson, Susan Bendl, Stacy Carlson, Jill Rutledge), 1:39.44
- 1989 Wisconsin-Milwaukee (Vicky Bott, Sharon Kothe, Sandy Farrand, Leslie Biegler), 1:38.83
- 1990 Puget Sound (Wash.) (Jill Rutledge, Sharon Juckeland, Larissa Culpepper, Ronda Blair), 1:39.52
- 1991 Drury (Mo.) (Cecilia Gadd, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 1:36.59
- 1992 Drury (Mo.) (Cashel Mack, Cecilia Gadd, Eva-Marie Eriksson, Lourette Hakansson), 1:36.23
- 1993 Simon Fraser (B.C.) (Sharon Turner, Sarah Agnew, Karen Chow, Leeanne Dick), 1:35.91
- 1994 Drury (Mo.) (Cecilia Gadd, Eva-Marie Eriksson, Lourette Hakansson, Adina Melner), 1:36.26
- 1995 Simon Fraser (B.C.) (Diana Ureche, Ala Ferguson, Karen Chow, Sharon Turner), 1:35.18
- 1996 Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Debbie Wright, Karen Chow), 1:38.09
- 1997 Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Elaine Van Oosten, Karen Chow), 1:35.61

Championship History

1998	Simon Fraser (B.C.) (Kacey Dalzell, Lisa Robertson, Diana Ureche, Elaine VanOosten), 1:37.35
1999	Simon Fraser (B.C.) (Winnie Lam, Lisa Robertson, Kacey Dalzell, Elanie VanOosten) 1:37.48
2003	Simon Fraser (B.C.) (Amber Dykes, Jennifer Kasuya, Jennifer Horwood, Sarah Jung), 1:39.95
2004	California Baptist (Beth Bartlett, Krista Machado, Larabeth Schellenberg, Cheryl Ogden), 1:39.04
2005	Simon Fraser (B.C.) (Tina Hoang, Annick Foukal, Kathryn Rosberg, Amber Dykes), 1:36.31
2006	SCAD Savannah (Ga.) (Cassie Dixon, Elizabeth Harr, Laine Benthall, Abigail Doxide), 1:36.58
2007	Simon Fraser (B.C.) (Tina Hoang, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 1:36.02
2008	Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 1:35.29
2009	SCAD Savannah (Ga.) (Mary Ashley Krogh, Kaycee Corso, Lizzie Harr, Cassie Dixon), 1:35.52
2010	Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Nathalie Kampen, Stacy Carter), 1:36.19
2011	Azusa Pacific (Calif.) (Victoria Gibb, Karla Hill, Quinn Robertson, Kaylen Hewko), 1:36.09
2012	Fresno Pacific (Calif.) (Cheyenne Coffman, Sofie Gjemmetstad, Michelle Moreno, Katelyn Brown), 1:32.90
2013	Oklahoma Baptist (Emma Forbes-Milne, Laura Galarza, Lisa MacManus, Lexie Keller), 1:32.88
2014	Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Lisa MacManus, Andrea Antonissen), 1:32.15
2015	Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Tammy Price, Andrea Antonissen), 1:31.91
2016	SCAD Savannah (Ga.) (Julie Woody, Shannon Cummings, Haley Thompson, Heather Partlow), 1:35.05
2017	Olivet Nazarene (Ill.) (Andrea Vega, Deirdre Gerke, Amanda Moran, Leanne Latocha), 1:34.69
2018	Olivet Nazarene (Ill.) (Deirdre Gerke, Jordan Enders, Andrea Vega, Leanne Latocha), 1:35.68
2019	SCAD Savannah (Ga.) (Spencer Sheridan, Kaylen Hou, Anna Kate McGinty, Sara Lacusky), 1:35.78

200-Meter Medley Relay

1981	Shepherd (W.Va.) (Kathy Etzel, Mary Verna, Tracy Liner, Cathy Blair), 2:11.163
1982	Shepherd (W.Va.) (Peggy Hennessy, Kelley Brown, Lisa Mazingo, Kim Fry), 2:08.07
2000	Simon Fraser (B.C.) (Katy Oliver, Andrea McIntosh, Victoria Arrandale, Elaine Van Oosten), 1:59.95
2001	Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Andrea McIntosh, Kacey Dalzell), 1:58.69
2002	Simon Fraser (B.C.) (Katy Oliver, Kathleen Stoodly, Suzy Brodeur, Amber Dykes), 1:59.98

200-Yard Medley Relay

1983	Willamette (Ore.) (Chrys Odell, Leslie Wilday, Gayle Roth, Kendra Wheeler), 1:53.89
1984	Wisconsin-Green Bay (Janice Perry, Ann Worm, Mary Margaret Burkhard, Ann Olin), 1:52.76
1985	Central Washington (Gail Foster, Debbie Gray, Mary Malgarini, Amy Carroll), 1:51.73
1986	Wisconsin-Milwaukee (Karen Ragland, Becky Buhrandt, Stephanie Holt, Connie Wright), 1:51.57
1987	Central Washington (Lorijo Claunch, Debbie Gray, Michelle Flury, Cyndi Hudon), 1:49.71
1988	Central Washington (Lorijo Claunch, Laura Hill, Sharon Wilson, Cyndi Hudon), 1:50.30
1989	Wisconsin-Milwaukee (Desire Denson, Leslie Biegler, Sandy Farrand, Vicky Bott), 1:51.03
1990	Puget Sound (Wash.) (Sharon Juckeland, Susan Bendl, Jill Rutledge, Ronda Blair), 1:50.69
1991	Simon Fraser (B.C.) (Christine Harris, Deanne Schweitzer, Marnie Engman, Sharon Turner), 1:47.56
1992	Drury (Mo.) (Diane Spivey, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 1:47.39
1993	Drury (Mo.) (Lourette Hakansson, Cecilia Gadd, Heather Cozzens, Eva-Marie Eriksson), 1:47.52
1994	Drury (Mo.) (Eva-Marie Eriksson, Heather Cozzens, Nida Zuhail, Cecilia Gadd), 1:46.96
1995	Simon Fraser (B.C.) (Diana Ureche, Ala Ferguson, Lisa Robertson, Sharon Turner), 1:46.41
1996	Simon Fraser (B.C.) (Diana Ureche, Debbie Wright, Myna Noriega, Karen Chow), 1:46.85
1997	Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Lisa Robertson, Karen Chow), 1:45.09
1998	Simon Fraser (B.C.) (Myna Noriega, Lisa Robertson, Diana Ureche, Elaine VanOosten), 1:46.97
1999	Simon Fraser (B.C.) (Victoria Arrandale, Lisa Robertson, Andrea McIntosh, Elaine VanOosten), 1:48.35
2003	Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Jennifer Horwood, Amber Dykes), 1:46.19
2004	Simon Fraser (B.C.) (Jennifer Kasuya, Lauren Allen, Suzy Brodeur, Kathryn Stoodly), 1:46.58
2005	Simon Fraser (B.C.) (Tina Hoang, Megan Allen, Suzy Brodeur, Amber Dykes), 1:47.42
2006	California Baptist (Nicole Shipman, Kellie West, Rachel Macneill, Katelyn Butler), 1:48.07
2007	Simon Fraser (B.C.) (Tina Hoang, Kathryn Rosberg, Addie Kolybaba, Jessica Verheyden)
2008	Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 1:46.92
2009	SCAD Savannah (Ga.) (Mary Ashley Krogh, Liz Roberts, Carly Keith, Cassie Dixon), 1:45.48
2010	Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Stacy Carter, Brooke Turner), 1:45.04
2011	SCAD Savannah (Ga.) (Fanny Varga, Liz Roberts, Kelsey Bobzien, Mary Ashley Krogh), 1:44.30
2012	Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Kendall Swanson, Katelyn Brown), 1:41.40
2013	Oklahoma Baptist (Lisa MacManus, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 1:41.64
2014	Oklahoma Baptist (Lisa MacManus, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 1:41.65
2015	Oklahoma Baptist (Tammy Price, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 1:41.84
2016	SCAD Savannah (Ga.) (Kandes Soapes, Heather Partlow, Shannon Cummings, Julie Woody), 1:43.56
2017	Olivet Nazarene (Ill.) (Deirdre Gerke, Andrea Vega, Amanda Moran, Leanne Latocha), 1:44.25
2018	Olivet Nazarene (Ill.) (Amanda Moran, Andrea Vega, Kara DeLong, Leanne Latocha), 1:43.75
2019	Keiser (Fla.) (Meagan Abad, Ori Freibach, Anna Herbst, Emma Sofie Augustsson), 1:43.86

400-Meter Freestyle Relay

1981	Shepherd (W.Va.) (Tracy Liner, Kathy Etzel, Cathy Blair, Karen Workman), 4:15.465
1982	Simon Fraser (B.C.) (Peggy Peacock, Cynthia Gaudet, Cheri Mechalchuk, Judy Baker), 4:06.55
2000	Simon Fraser (B.C.) (Winnie Lam, Michelle Nickerson, Sarah Jung, Elanie Van Oosten), 3:57.15
2001	Simon Fraser (B.C.) (Kacey Dalzell, Andrea McIntosh, Jennifer Kasuya, Sarah Jung), 3:56.15
2002	Simon Fraser (B.C.) (Amber Dykes, Winnie Lam, Lisa Huffman, Sarah Jung), 3:55.03

400-Yard Freestyle Relay

1983	Pacific Lutheran (Wash.) (Kristi Bosch, Kristine Soderman, Kirsten Olson, Barbara Heffe), 3:40.13
1984	Wisconsin-Green Bay (Debbie Hinze, Laura Beckstrom, Cindee Schmalz, Ann Olin), 3:39.71
1985	Simon Fraser (B.C.) (Peggy Peacock, Cynthia Gaudet, Sue Melody, Barbara Graham), 3:33.10
1986	Central Washington (Michelle Flury, Amy Carroll, Tani Thorstenson, Cyndi Hudon), 3:36.70
1987	Wisconsin-Green Bay (Lisa Hanson, Jody Williams, Kelly Gay, Ann Olin), 3:34.81
1988	Puget Sound (Wash.) (Stacy Carlson, Haleigh Kurtz, Susan Bendl, Jill Rutledge), 3:35.84
1989	Puget Sound (Wash.) (Ronda Blair, Melissa Loun, Sue Bendl, Jill Rutledge), 3:34.41
1990	Puget Sound (Wash.) (Jill Rutledge, Stacy Carlson, Susan Bendl, Ronda Blair), 3:33.30
1991	Drury (Mo.) (Cecilia Gadd, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 3:31.59
1992	Drury (Mo.) (Cashel Mack, Cecilia Gadd, Eva-Marie Eriksson, Lourette Hakansson), 3:30.08
1993	Simon Fraser (B.C.) (Sarah Agnew, Leeanne Dick, Carolyn Guy, Sharon Turner), 3:28.49
1994	Drury (Mo.) (Adina Meilner, Lourette Hakansson, Eva-Marie Eriksson, Cecilia Gadd), 3:32.02
1995	Simon Fraser (B.C.) (Sharon Turner, Diana Ureche, Karen Chow, Ala Ferguson), 3:29.58

1996	Puget Sound (Wash.) (Michelle Parrish, Erin Linquist, Jennifer Lane, Kendra Lavik), 3:35.97
1997	Simon Fraser (B.C.) (Diana Ureche, Diana Bate, Elaine Van Oosten, Karen Chow), 3:29.60
1998	Simon Fraser (B.C.) (Diana Bate, Kacey Dalzell, Diana Ureche, Elaine Van Oosten), 3:32.73
1999	Simon Fraser (B.C.) (Winnie Lam, Kacey Dalzell, Andrea McIntosh, Elanie VanOosten), 3:33.63
2003	Simon Fraser (B.C.) (Sarah Jung, Jennifer Horwood, Jennifer Kasuya, Amber Dykes), 3:30.15
2004	Simon Fraser (B.C.) (Suzy Brodeur, Jennifer Horwood, Megan Allen, Amber Dykes), 3:29.94
2005	Simon Fraser (B.C.) (Tina Hoang, Jessica Verheyden, Kathryn Rosberg, Amber Dykes), 3:30.38
2006	California Baptist (Kellie West, Cheryl Ogden, Jennelle Furruto, Katelyn Butler), 3:32.92
2007	Simon Fraser (B.C.) (Tina Hoang, Kathryn Rosberg, Addie Kolybaba, Jessica Verheyden), 3:28.99
2008	Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 3:29.68
2009	Simon Fraser (B.C.) (Vicky Sui, Gia Bogetti, Suzanne Wuolle, Addie Kolybaba), 3:28.55
2010	Fresno Pacific (Calif.) (Stacy Carter, Brooke Turner, Megan Smith, Cheyenne Coffman), 3:28.78
2011	Simon Fraser (B.C.) (Kristine Lawson, Meghan Quon, Gia Bogetti, Nicole Cossey), 3:27.85
2012	Fresno Pacific (Calif.) (Cheyenne Coffman, Katelyn Brown, Sofie Gjemmetstad, Stacy Carter), 3:25.81
2013	Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Lisa MacMans, Nicole Wilson), 3:25.63
2014	Oklahoma Baptist (Laura Galarza, Lisa MacManus, Andrea Antonissen, Ines Remersaro), 3:25.01
2015	Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Andrea Antonissen, Lexie Keller), 3:23.11
2016	SCAD Savannah (Ga.) (Heather Partlow, Julie Woody, Haley Thompson, Abigail Richey), 3:27.24
2017	SCAD Savannah (Ga.) (Julie Henninger, Sara Lacusky, Julie Woody, Abigail Richey), 3:25.11
2018	Olivet Nazarene (Ill.) (Andrea Vega, Karla Isles, Deirdre Gerke, Leanne Latocha) 3:29.43
2019	Keiser (Fla.) (Emma Sofie Augustsson, Ori Freibach, Stefania Sofouli, Kamryn Gallowich), 3:29.28

400-Meter Medley Relay

1981	Simon Fraser (B.C.) (Shelley Baldwin, Jill Trotter, Judy Baker, Lynn Fripps), 4:45.362
1982	Simon Fraser (B.C.) (Taimi Olson, Judy Baker, Andrea Trotter, Suzanne Melody), 4:36.64
2000	Simon Fraser (B.C.) (Katy Oliver, Andrea McIntosh, Victoria Arrandale, Elaine Van Oosten), 4:21.87
2001	Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Andrea McIntosh, Sarah Jung), 4:20.36
2002	Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Suzy Brodeur, Sarah Jung), 4:25.73

400-Yard Medley Relay

1983	Simon Fraser (B.C.) (Cynthia Gaudet, Laura Jones, Nancy Nordstrand, Sue Melody), 4:07.52
1984	Wisconsin-Green Bay (Mary Margaret Burkhard, Janice Perry, Ann Worm, Cindee Schmalz), 4:05.93
1985	Central Washington (Gail Foster, Debbie Gray, Tani Thorstenson, Kathy Lang), 4:05.90
1986	Pacific Lutheran (Wash.) (Carol Quarterman, Mary Meyer, Kirsten Olson, Kerri Butcher), 4:06.25
1987	Fairmont State (W.Va.) (Lisa Bailey, Karen Petko, Sally Lambert, Maryellen Earley), 4:00.60
1988	Central Washington (Lorijo Claunch, Debbie Gray, Sharon Wilson, Chris Hayden), 4:02.04
1989	Puget Sound (Wash.) (Sharon Juckeland, Sue Bendl, Jill Rutledge, Ronda Blair), 4:00.21
1990	Puget Sound (Wash.) (Sharon Juckeland, Charlene Miller, Jill Rutledge, Ronda Blair), 3:58.80
1991	Simon Fraser (B.C.) (Christine Harris, Deanne Schweitzer, Annabel Bicknell, Sharon Turner), 3:53.57
1992	Drury (Mo.) (Diane Spivey, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 3:52.59
1993	Simon Fraser (B.C.) (Karen Chow, Sarah Agnew, Erin Hildebrand, Sharon Turner), 3:53.88
1994	Drury (Mo.) (Eva-Marie Eriksson, Lourette Hakansson, Nida Zuhail, Cecilia Gadd), 3:53.29
1995	Simon Fraser (B.C.) (Lisa Robertson, Diana Ureche, Sharon Turner, Ala Ferguson), 3:51.02
1996	Puget Sound (Wash.) (Jennifer Lane, Michelle Parrish, Angela Butler, Marne McDonald), 3:56.74
1997	Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Lisa Robertson, Karen Chow), 3:52.63
1998	Simon Fraser (B.C.) (Myna Noriega, Lisa Robertson, Diana Ureche, Elaine VanOosten), 3:54.21
1999	Simon Fraser (B.C.) (Victoria Arrandale, Lisa Robertson, Andrea McIntosh, Elaine VanOosten), 3:57.01
2003	Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Jennifer Horwood, Amber Dykes), 3:52.27
2004	California Baptist (Tabitha Haud, Jessi Rodriguez, Rachel MacNeil, Megan Eldredge), 4:02.98
2005	Simon Fraser (B.C.) (Tina Hoang, Megan Allen, Suzy Brodeur, Amber Dykes), 3:55.05
2006	California Baptist (Nicole Shipman, Kellie West, Jennelle Furruto, Katelyn Butler), 3:56.25
2007	Simon Fraser (B.C.) (Tina Hoang, Kathryn Rosberg, Addie Kolybaba, Jessica Verheyden), 3:53.39
2008	Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Emma West-Sadler, Jessica Verheyden), 3:53.25
2009	Simon Fraser (B.C.) (Emma West-Sadler, Courtney Triano, Vicky Sui, Addie Kolybaba), 3:52.28
2010	Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Stacy Carter, Brooke Turner), 3:50.75
2011	SCAD Savannah (Ga.) (Kelsey Bobzien, Liz Roberts, Gianna Grace, Mary Ashley Krogh), 3:48.78
2012	Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Michelle Moreno, Sofie Gjemmetstad), 3:44.56
2013	Oklahoma Baptist (Ines Remersaro, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 3:47.70
2014	Oklahoma Baptist (Lisa MacManus, Kerryn Mullin, Laura Galarza, Lexie Keller), 3:46.28
2015	Oklahoma Baptist (Ines Remersaro, Kerryn Mullin, Laura Galarza, Lexie Keller), 3:44.95
2016	SCAD Savannah (Ga.) (Kandes Soapes, Heather Partlow, Cadie Crow, Abigail Richey), 3:49.58
2017	SCAD Savannah (Ga.) (Julie Woody, Sara Lacusky, Cadie Crow, Abigail Richey), 3:48.93
2018	Olivet Nazarene (Ill.) (Amanda Moran, Andrea Vega, Kara DeLong, Deirdre Gerke), 3:47.74
2019	Cumberlands (Ky.) (Christina Klouda, Julia Hnidenko, Meny De Rooi, Kary Smeltzer), 3:48.58

800-Meter Freestyle Relay

1981	Shepherd (W.Va.) (Tracy Liner, Kathy Etzel, Cathy Blair, Karen Workman), 9:25.194
1982	Simon Fraser (B.C.) (K.C. Emerson, Jill Trotter, Peggy Peacock, Suzanne Melody), 8:56.74
2000	Simon Fraser (B.C.) (Elanie Van Oosten, Michelle Nickerson, Sarah Jung, Andrea McIntosh), 8:42.44
2001	Simon Fraser (B.C.) (Andrea McIntosh, Sarah Jung, Leslie Cove, Lisa Huffman), 8:31.68
2002	Simon Fraser (B.C.) (Lisa Huffman, Winnie Lam, Sarah Jung, Amber Dykes), 8:29.07

800-Yard Freestyle Relay

1983	Pacific Lutheran (Wash.) (Kristi Bosch, Kerri Butcher, Kristine Soderman, Barbara Heffe), 8:01.13
1984	Simon Fraser (B.C.) (Kathleen Emerson, Cheryl Osachoff, Cynthia Gaudet, Barbara Graham), 8:04.12
1985	Pacific Lutheran (Wash.) (Kerri Butcher, Kirsten Olson, Maurna Jamieson, Barbara Heffe), 7:53.10
1986	Pacific Lutheran (Wash.) (Rose Johnson, Carol Quarterman, Kirsten Olson, Kerri Butcher), 7:54.53
1987	Wisconsin-Eau Claire (Traci Bergo, Kersti Nelson, Jennifer Iannarelli, Janice Buron), 7:48.37
1988	Puget Sound (Wash.) (Mary Gibson, Susan Bendl, Stacy Carlson, Jill Rutledge), 7:51.20
1989	Puget Sound (Wash.) (Jill Rutledge, Melissa Loun, Sue Bendl, Ronda Blair), 7:41.26
1990	Puget Sound (Wash.) (Jill Rutledge, Stacy Carlson, Rhonda Blair, Susan Bendl), 7:43.65
1991	Simon Fraser (B.C.) (Annabel Bicknell, Janice Vandergraaf, Carolyn Guy, Sharon Turner), 7:42.98
1992	Drury (Mo.) (Cecilia Gadd, Cashel Mack, Eva-Marie Eriksson, Lourette Hakansson), 7:38.53



Championship History

- 1993 Simon Fraser (B.C.) (Leeanne Dick, Karen Chow, Sarah Agnew, Sharon Turner), 7:37.76
- 1994 Drury (Mo.) (Cecilia Gadd, Eva-Marie Eriksson, Shannyn Hite, Nida Zuhai), 7:40.04
- 1995 Simon Fraser (B.C.) (Karen Chow, Karen Seland, Ala Ferguson, Sharon Turner), 7:44.34
- 1996 Whitworth (Wash.) (Dorian Reese, Carley Bush, Jan Okada, Shannon Braun), 7:50.39
- 1997 Simon Fraser (B.C.) (Elaine Van Oosten, Diana Bate, Pia Larsen, Karen Chow), 7:44.37
- 1998 Simon Fraser (B.C.) (Diana Bate, Andrea McIntosh, Julie Morgan, Elaine VanOosten), 7:47.32
- 1999 Simon Fraser (B.C.) (Lisa Huffman, Winnie Lam, Andrea McIntosh, Elaine VanOosten), 7:46.71
- 2003 Simon Fraser (B.C.) (Sarah Jung, Jennifer Kasuya, Mitra Chandler, Amber Dykes), 7:37.07
- 2004 Simon Fraser (B.C.) (Kathryn Rosberg, Jennifer Kasuya, Tina Hoang, Amber Dykes), 7:37.55
- 2005 Simon Fraser (B.C.) (Kathryn Rosberg, Courtenay Mulhern, Tina Hoang, Amber Dykes), 7:37.09
- 2006 SCAD Savannah (Ga.) (Elizabeth Harr, Rachel Fritts, Laine Benthall, Abigail Doxsey), 7:43.58
- 2007 Simon Fraser (B.C.) (Kathryn Rosberg, Suzanne Wuolle, Courtenay Mulhern, Tina Hoang), 7:39.96
- 2008 Simon Fraser (B.C.) (Vicky Sui, Gia Bogetti, Suzanne Wuolle, Courtenay Mulhern), 7:35.65
- 2009 Simon Fraser (B.C.) (Vicky Sui, Emma West-Sadler, Suzanne Wuolle, Gia Bogetti), 7:38.87
- 2010 Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Megan Smith, Stacy Carter), 7:39.59
- 2011 California Baptist (Mary Hanson, Hannah Braun, Norra Stroh, Adriana Quezada), 7:33.75
- 2012 Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Sofie Gjermestad, Stacy Carter), 7:26.93
- 2013 Oklahoma Baptist (Nicole Wilson, Laura Galarza, Lexie Keller, Michelle Glass), 7:34.96
- 2014 Oklahoma Baptist (Laura Galarza, Lexie Keller, Yulia Lapshova, Ines Remersaro), 7:38.21
- 2015 Oklahoma Baptist (Laura Galarza, Lexie Keller, Andrea Antonissen, Ines Remersaro), 7:36.33
- 2016 SCAD Savannah (Ga.) (Abigail Richey, Rebecca Justus, Emma McKinley, Haley Thompson), 7:32.83
- 2017 SCAD Savannah (Ga.) (Julie Woody, Julie Henninger, Rebecca Justus, Abigail Richey), 7:29.82
- 2018 SCAD Savannah (Ga.) (Rebecca Justus, Sarah Dostie, Julie Henninger, Shayna Salzman), 7:34.75
- 2019 SCAD Savannah (Ga.), (Spencer Sheridan, Shayna Salzman, Sarah Dostie, Julie Henninger), 7:32.57

Awards

Coach of the Year

1981	Paul Savage, Simon Fraser (B.C.)
1982	Rick Gibson, Shepherd (W.Va.)
1983	Bob Gregson, Central Washington
1984	Roger Harriman, Wisconsin-Green Bay
1985	Paul and Margaret Savage, Simon Fraser (B.C.)
1986	Jim Johnson, Pacific Lutheran (Wash.) Fred Russell, Wisconsin-Milwaukee
1987	Tom Prior, Wisconsin-Eau Claire
1988	Mark Scott, Puget Sound (Wash.)
1989	Dave Enzler, Wisconsin-Milwaukee
1990	Joan Bailey, Kearney State (Neb.)
1991	Lance Cansdale, Simon Fraser (B.C.)
1992	Brian Reynolds, Drury (Mo.)
1993	Cindy Anderson, Linfield (Ore.)
1994	Lori Clark, Central Washington
1995	Liam Donnelly, Simon Fraser (B.C.)
1996	Chris Myhre, Puget Sound (Wash.)
1997	Skip Kenitzer, Willamette (Ore.)
1998	Dean Brownley, Campbellsville (Ky.)
1999	Jack Ebel, Transylvania (Ky.)
2000	Liam Donnelly, Simon Fraser (B.C.) Craig Mallery, Seattle (Wash.)
2001	Rick Rowland, California Baptist
2002	Craig Penrose, Lindenwood (Mo.)
2003	John Hartman, Spring Hill (Ala.)
2004	Liam Donnelly, Simon Fraser (B.C.)
2005	Scott Rabalais, SCAD Savannah (Ga.)
2006	Rick Rowland, California Baptist
2007	Garry Nelson, Cumberlands (Ky.)
2008	Dorothy Kempf, Asbury (Ky.)
2009	Wes Sinclair, SCAD Savannah (Ga.)
2010	Peter Richardson, Fresno Pacific (Calif.)
2011	Rick Rowland, California Baptist
2012	Peter Richardson, Fresno Pacific (Calif.)
2013	Eric Skelly, Cumberlands (Ky.)
2014	Blair Bachman, Brenau (Ga.) Scott Teeters, Olivet Nazarene (Ill.)
2015	Dr. Sam Freas, Oklahoma Baptist
2016	Bill Pilczuk, SCAD Savannah (Ga.)
2017	Scott Teeters, Olivet Nazarene (Ill.)
2018	Eric Skelly, Cumberlands (Ky.)
2019	Adam Epstein, Keiser (Fla.)

Outstanding Swimmer

1981	Judy Baker, Simon Fraser (B.C.)
1982	Judy Baker, Simon Fraser (B.C.) Suzanne Melody, Simon Fraser (B.C.)
1983	Suzanne Melody, Simon Fraser (B.C.)
1984	Michelle Langsford, Drury (Mo.)
1985	Michelle Langsford, Drury (Mo.)
1986	Kerri Butcher, Pacific Lutheran (Wash.) Barbara Graham, Simon Fraser (B.C.)
1987	Lisa Bailey, Fairmont State (W.Va.) Barbara Graham, Simon Fraser (B.C.)
1988	Sharon Wilson, Central Washington
1989	Annabel Bicknell, Simon Fraser (B.C.)
1990	Annabel Bicknell, Simon Fraser (B.C.)
1991	Lourette Hakansson, Drury (Mo.)
1992	Lourette Hakansson, Drury (Mo.)
1993	Lourette Hakansson, Drury (Mo.)
1994	Lourette Hakansson, Drury (Mo.) Nida Zuhai, Drury (Mo.)
1995	Diana Ureche, Simon Fraser (B.C.)
1996	Diana Ureche, Simon Fraser (B.C.)
1997	Diana Ureche, Simon Fraser (B.C.)
1998	Diana Ureche, Simon Fraser (B.C.)
1999	Andrea McIntosh, Simon Fraser (B.C.) Elaine Van Oosten, Simon Fraser (B.C.)
2000	Lisa Huffman, Simon Fraser (B.C.)
2001	Lisa Huffman, Simon Fraser (B.C.)
2002	Lyndsay Devaney, California Baptist Jessica Wild, California Baptist
2003	Lyndsay Devaney, California Baptist Jennifer Kasuya, Simon Fraser (B.C.)
2004	Amber Dykes, Simon Fraser (B.C.) Kathryn Rosberg, Simon Fraser (B.C.) Kathleen Stoodly, Simon Fraser (B.C.)
2005	Kimie Cook, California Baptist Kathryn Rosberg, Simon Fraser (B.C.)
2006	Kimie Cook, California Baptist Abigail Doxsey, SCAD Savannah (Ga.)
2007	Kathryn Rosberg, Simon Fraser (B.C.)
2008	Vicky Sui, Simon Fraser (B.C.)
2009	Stephanie McNicol, SCAD Savannah (Ga.)
2010	Cheyenne Coffman, Fresno Pacific (Calif.)
2011	Alex Peters, Concordia (Calif.)
2012	Cheyenne Coffman, Fresno Pacific (Calif.)
2013	Laura Galarza, Oklahoma Baptist
2014	Laura Galarza, Oklahoma Baptist
2015	Laura Galarza, Oklahoma Baptist Christine Tixier, Biola (Calif.)
2016	Amanda Moran, Olivet Nazarene (Ill.)
2017	Amanda Moran, Olivet Nazarene (Ill.)
2018	Alexis Kessler, Lindsey Wilson (Ky.)
2019	Mendy De Rooi, Cumberlands (Ky.)

Outstanding Diver

2007	Laura Sherer, Simon Fraser (B.C.)
2008	Lindsey Cline, California Baptist
2009	Chelsea Hardrick, Lindenwood (Mo.)
2010	Christine Runkle, Concordia (Calif.)
2012	Christine Runkle, Concordia (Calif.)
2013	Kristen Brimage, Oklahoma Baptist
2014	Kristen Brimage, Oklahoma Baptist
2015	Kristen Brimage, Oklahoma Baptist
2016	Genesis Veliz, Wayland Baptist (Texas)
2017	Vanessa VanOoast, Olivet Nazarene (Ill.)
2018	Andrea Adam, St. Ambrose (Iowa)
2019	Andrea Adam, St. Ambrose (Iowa)