

Championship History

| Year | Location | Champion | Points | Runner-Up | Points |
|------|----------------------|-------------------------|--------|--------------------------|--------|
| 1981 | Liberty, Mo. | Simon Fraser (B.C.) | 636 | Western State (Colo.) | 332 |
| 1982 | Burnaby, B.C. | Simon Fraser (B.C.) | 625 | Shepherd (W.Va.) | 402 |
| 1983 | Arkadelphia, Ark. | Wisconsin-Eau Claire | 406 | Pacific Lutheran (Wash.) | 387 |
| 1984 | Arkadelphia, Ark. | Wisconsin-Green Bay | 397 | Wisconsin-Eau Claire | 290 |
| 1985 | Indianapolis, Ind. | Simon Fraser (B.C.) | 313 | Central Washington | 303 |
| 1986 | Spokane, Wash. | Central Washington | 378.5 | Pacific Lutheran (Wash.) | 331 |
| 1987 | Milwaukee, Wis. | Wisconsin-Eau Claire | 538 | Central Washington | 497 |
| 1988 | Orlando, Fla. | Wisconsin-Eau Claire | 472 | Puget Sound (Wash.) | 456 |
| 1989 | Brown Deer, Wis. | Puget Sound (Wash.) | 599 | Wisconsin-Eau Claire | 490.5 |
| 1990 | Canton, Ohio | Puget Sound (Wash.) | 752 | Simon Fraser (B.C.) | 422 |
| 1991 | Federal Way, Wash. | Simon Fraser (B.C.) | 571 | Puget Sound (Wash.) | 562 |
| 1992 | Canton, Ohio | Drury (Mo.) | 621 | Puget Sound (Wash.) | 583 |
| 1993 | San Antonio, Texas | Drury (Mo.) | 637 | Puget Sound (Wash.) | 630.5 |
| 1994 | Federal Way, Wash. | Drury (Mo.) | 726 | Puget Sound (Wash.) | 576 |
| 1995 | San Antonio, Texas | Simon Fraser (B.C.) | 828 | Puget Sound (Wash.) | 551 |
| 1996 | San Antonio, Texas | Puget Sound (Wash.) | 602.5 | Simon Fraser (B.C.) | 429 |
| 1997 | Federal Way, Wash. | Simon Fraser (B.C.) | 750 | Puget Sound (Wash.) | 505 |
| 1998 | Federal Way Wash. | Puget Sound (Wash.) | 682 | Simon Fraser (B.C.) | 680 |
| 1999 | Federal Way Wash. | Puget Sound (Wash.) | 761 | Simon Fraser (B.C.) | 755 |
| 2000 | Burnaby, B.C. | Simon Fraser (B.C.) | 547 | California Baptist | 315.5 |
| 2001 | Burnaby, B.C. | Simon Fraser (B.C.) | 485 | California Baptist | 342 |
| 2002 | Burnaby, B.C. | Simon Fraser (B.C.) | 488 | Seattle (Wash.) | 435 |
| 2003 | Lawrence, Kan. | Simon Fraser (B.C.) | 578 | California Baptist | 519 |
| 2004 | Lawrence, Kan. | Simon Fraser (B.C.) | 548 | California Baptist | 421 |
| 2005 | St. Peters, Mo. | California Baptist | 551 | Simon Fraser (B.C.) | 496 |
| 2006 | St. Peters, Mo. | California Baptist | 457 | SCAD Savannah (Ga.) | 336 |
| 2007 | San Antonio, Texas | California Baptist | 783.5 | Simon Fraser (B.C.) | 584 |
| 2008 | San Antonio, Texas | California Baptist | 729 | Simon Fraser (B.C.) | 585 |
| 2009 | St. Peters, Mo. | SCAD Savannah (Ga.) | 691 | California Baptist | 639.5 |
| 2010 | St. Peters, Mo. | SCAD Savannah (Ga.) | 540 | California Baptist | 472 |
| 2011 | St. Peters, Mo. | California Baptist | 616 | Fresno Pacific (Calif.) | 459 |
| 2012 | Oklahoma City, Okla. | Fresno Pacific (Calif.) | 780 | Oklahoma Baptist | 578 |
| 2013 | Oklahoma City, Okla. | Oklahoma Baptist | 845 | SCAD Savannah (Ga.) | 600 |
| 2014 | Oklahoma City, Okla. | Oklahoma Baptist | 849 | SCAD Savannah (Ga.) | 492 |
| 2015 | Oklahoma City, Okla. | Oklahoma Baptist | 745 | SCAD Savannah (Ga.) | 481 |
| 2016 | Columbus, Ga. | SCAD Savannah (Ga.) | 753 | Olivet Nazarene (Ill.) | 502.5 |
| 2017 | Columbus, Ga. | Olivet Nazarene (Ill.) | 639 | SCAD Savannah (Ga.) | 632.5 |



Championship History

Meet Records

Yards

50-Yard Freestyle

22.29, Cheyenne Coffman, Fresno Pacific (Calif.), 2012

100-Yard Freestyle

49.24, Julie Woody, SCAD Savannah (Ga.), 2017

200-Yard Freestyle

1:49.58, Alex Peters, Concordia (Calif.), 2011

500-Yard Freestyle

4:52.24, Alex Peters, Concordia (Calif.), 2011

1650-Yard Freestyle

16:43.37, Kathryn Rosberg, Simon Fraser (B.C.), 2007

100-Yard Backstroke

52.76, Cheyenne Coffman, Fresno Pacific (Calif.), 2012

200-Yard Backstroke

1:56.87, Amanda Moran, Olivet Nazarene (Ill.), 2017

100-Yard Breaststroke

1:02.09, Catherine Duquet, SCAD Savannah (Ga.), 2012

200-Yard Breaststroke

2:14.90, Lourette Hakansson, Drury (Mo.), 1993

100-Yard Butterfly

53.70, Lisa Tixier, Biola (Calif.), 2017

200-Yard Butterfly

2:00.89, Christine Tixier, Biola (Calif.), 2015

100-Yard Individual Medley

1:00.63, Michelle Langsford, Drury (Mo.), 1984

200-Yard Individual Medley

2:02.75, Christine Tixier, Oklahoma Baptist 2015

400-Yard Individual Medley

4:24.03, Lourette Hakansson, Drury (Mo.), 1993

200-Yard Freestyle Relay

1:31.91, Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Tamlyn Price, Andrea Antonissen), 2014

200-Yard Medley Relay

1:41.40, Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Kendall Swanson, Katelyn Brown), 2012

400-Yard Freestyle Relay

3:23.11, Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Andrea Antonissen, Lexie Keller), 2015

400-Yard Medley Relay

3:44.56, Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Michelle Moreno, Sofie Gjemmestad), 2012

800-Yard Freestyle Relay

7:26.93, Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Sofie Gjemmestad, Stacy Carter), 2012

One-Meter Diving (10 Dives)

417.75, Hayley Rosenlund, Simon Fraser (B.C.), 2005

One-Meter Diving (11 Dives)

444.81, Cynthia Miller, Wisconsin-Milwaukee, 1987

Meters

50-Meter Freestyle

26.01, Jessica Wild, California Baptist, 2000

100-Meter Freestyle

57.02, Jessica Wild, California Baptist, 2002

200-Meter Freestyle

2:05.29, Amber Dykes, Simon Fraser (B.C.), 2002

400-Meter Freestyle

4:21.03, Lyndsay Devaney, California Baptist, 2002 p

1500-Meter Freestyle

17:09.73, Lyndsay Devaney, California Baptist, 2002

100-Meter Backstroke

1:04.69, Jennifer Kasuya Simon Fraser (B.C.), 2001

200-Meter Backstroke

2:20.34, Jennifer Kasuya, Simon Fraser (B.C.), 2002

100-Meter Breaststroke

1:11.84, Kathleen Stody, Simon Fraser (B.C.), 2001

200-Meter Breaststroke

2:33.34, Kathleen Stody, Simon Fraser (B.C.), 2001

100-Meter Butterfly

1:03.14, Gennifer Amthor, California Baptist, 2001

200-Meter Butterfly

2:15.58, Gennifer Amthor, California Baptist, 2001

100-Meter Individual Medley

1:09.75, Michelle Langsford, College of the Ozarks (Mo.), 1982

200-Meter Individual Medley

2:19.17, Lisa Huffman, Simon Fraser (B.C.), 2001

400-Meter Individual Medley

4:55.06, Judy Baker, Simon Fraser (B.C.), 1982

200-Meter Freestyle Relay

1:46.97, Simon Fraser (B.C.) (Amber Dykes, Jennifer Kasuya, Winnie Lam, Sarah Jung), 2002

200-Meter Medley Relay

1:58.69, Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stody, Andrea McIntosh, Kacey Dalzell), 2001

400-Meter Medley Relay

4:20.36, Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stody, Andrea McIntosh, Sarah Jung), 2001

400-Meter Freestyle Relay

Championship History

3:55.03, Simon Fraser (B.C.) (Amber Dykes, Winnie Lam, Lisa Huffman, Sarah Jung), 2002

800-Meter Freestyle Relay

8:29.07, Simon Fraser (B.C.) (Lisa Huffman, Winnie Lam, Sarah Jung, Amber Dykes), 2002

One-Meter Diving (11 Dives)

444.81, Cynthia Miller, Wisconsin-Milwaukee, 1987

Three-Meter Diving (11 Dives)

555.45, Jessica Metcalf, Lindenwood (Mo.), 2000

p Record established in preliminary heats

All-Time Team Championships

| | |
|-------------------------------|----|
| Simon Fraser (B.C.)..... | 10 |
| California Baptist | 5 |
| Puget Sound (Wash.) | 5 |
| Oklahoma Baptist | 4 |
| Drury (Mo.) | 3 |
| Wisconsin-Eau Claire | 3 |
| SCAD Savannah (Ga.) | 3 |
| Central Washington | 1 |
| Fresno Pacific (Calif.) | 1 |
| Olivet Nazarene (Ill.) | 1 |
| Wisconsin-Green Bay | 1 |

All-Time Individual Championships

| | |
|-----------------------------------|-----|
| Simon Fraser (B.C.)..... | 253 |
| SCAD Savannah (Ga.) | 45 |
| Drury (Mo.) | 43 |
| Oklahoma Baptist | 42 |
| Puget Sound (Wash.) | 42 |
| California Baptist | 41 |
| Fresno Pacific (Calif.) | 26 |
| Pacific Lutheran (Wash.) | 22 |
| Central Washington | 19 |
| Wisconsin-Eau Claire | 15 |
| Biola (Calif.) | 12 |
| Olivet Nazarene (Ill.) | 12 |
| Shepherd (W.Va.) | 11 |
| Concordia (Calif.) | 9 |
| Fairmont State (W.Va.) | 8 |
| Lindenwood (Mo.) | 8 |
| Wisconsin-Green Bay | 8 |
| Wisconsin-Milwaukee | 8 |
| Cumberlands (Ky.) | 7 |
| Linfield (Ore.) | 6 |
| Azusa Pacific (Calif.) | 6 |
| Brenau (Ga.) | 6 |
| College of the Ozarks (Mo.) | 5 |
| Wisconsin-Stout | 4 |
| Whitworth (Wash.) | 3 |
| Wisconsin-La Crosse | 3 |
| Arkansas-Little Rock | 2 |
| Eisenhower (N.Y.) | 2 |
| John Brown (Ark.) | 2 |
| Westminster (Pa.) | 2 |
| Wisconsin-Green Bay | 2 |
| Asbury (Ky.) | 1 |
| Campbellsville (Ky.) | 1 |
| Kearney State (Neb.) | 1 |
| Lindsey Wilson (Ky.) | 1 |
| Seattle (Wash.) | 1 |
| Transylvania (Ky.) | 1 |

| | |
|------------------------------|---|
| Union (Ky.)..... | 1 |
| Wayland Baptist (Texas)..... | 1 |
| Willamette (Ore.) | 1 |

Note The above table includes co-champions. Relay victories count one for each event.

Individual Championships, One Year

Eighteen Titles

Simon Fraser (B.C.), 2005

Seventeen Titles

Simon Fraser (B.C.), 1999, 2004

Sixteen Titles

Simon Fraser (B.C.), 1982, 1995, 1997

Drury (Mo.), 1994

Fifteen Titles

Simon Fraser (B.C.), 2003

Fourteen Titles

Oklahoma Baptist, 2013

Simon Fraser (B.C.), 2001

Thirteen Titles

Oklahoma Baptist, 2015

Oklahoma Baptist, 2014

Simon Fraser (B.C.), 2000

Twelve Titles

Simon Fraser (B.C.), 1993, 1997, 2008

Eleven Titles

Simon Fraser (B.C.), 1981, 2002

Ten Titles

Fresno Pacific (Calif.), 2012

Fresno Pacific (Calif.), 2010

California Baptist, 2006

Simon Fraser (B.C.), 1991

Puget Sound (Wash.), 1990

Nine Titles

SCAD Savannah (Ga.), 2016, 2017

Simon Fraser (B.C.), 1996

Drury (Mo.), 1992

Eight Titles

Olivet Nazarene (Ill.), 2017

SCAD Savannah (Ga.), 2006

Simon Fraser (B.C.), 1983, 1992

Puget Sound (Wash.), 1988, 1989

Fairmont State (W.Va.), 1987

Seven Titles

Simon Fraser (B.C.), 1985, 1990

Fairmont State (W.Va.), 1987

Pacific Lutheran (Wash.), 1986

Six Titles

California Baptist, 2002

Simon Fraser, 2009

Five Titles

Central Washington, 1986, 1988



Championship History

Drury (Mo.), 1984
Pacific Lutheran (Wash.), 1983
Shepherd (W.Va.), 1981
SCAD Savannah (Ga.), 2009

Most Individual Titles, One Year

Five Titles

Judy Baker, Simon Fraser (B.C.), 1982 (400-meter freestyle, 200-meter breaststroke, 200-meter butterfly, 200-meter individual medley, 400-meter individual medley)
Michelle Langsford, Drury (Mo.), 1984 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle, 100-yard breaststroke, 100-yard individual medley)
Suzanne Melody, Simon Fraser (B.C.), 1982 (100-meter freestyle, 200-meter freestyle, 1500-meter freestyle, 100-meter butterfly, 200-meter backstroke)

Four Titles

Judy Baker, Simon Fraser (B.C.), 1981 (400-meter freestyle, 1500-meter freestyle, 200-meter breaststroke, 400-meter individual medley)
Michelle Langsford, Drury (Mo.), 1985 (50-yard freestyle, 100-yard breaststroke, 100-yard freestyle, 200-yard breaststroke)
Suzanne Melody, Simon Fraser (B.C.), 1983 (200-yard freestyle, 500-yard freestyle, 1650-yard freestyle, 200-yard butterfly)

Three Titles

Cheyenne Coffman, Fresno Pacific (Calif.) 2012 (50-yard freestyle, 100-yard backstroke, 200-yard backstroke)
Laura Galarza, Oklahoma Baptist 2013 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle)
Laura Galarza, Oklahoma Baptist 2014 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle)
Hannah Legg, SCAD Savannah (Ga.) 2013 (200-yard backstroke, 200-yard butterfly, 400-yard individual medley)
Alex Peters, Concordia (Calif.) 2011 (200-yard freestyle, 500-yard freestyle, 1650-yard freestyle)
Christine Tixier, Biola (Calif.), 2014 (100-yard butterfly, 200-yard butterfly, 200-yard individual medley)
Laura Galarza, Oklahoma Baptist, 2015 (50-yard freestyle, 100-yard freestyle, 200-yard freestyle)
Christine Tixier, Biola (Calif.), 2015 (100-yard butterfly, 200-yard butterfly, 200-yard individual medley)

Most Individual Titles, Career

Fourteen Titles

Michelle Langsford, College of the Ozarks (Mo.), Drury (Mo.) (50-yard freestyle 1983-84-85; 100-yard freestyle 1984-85; 200-yard freestyle 1984; 100-meter breaststroke 1982; 100-yard breaststroke 1983-84-85; 100-meter individual medley, 1982; 100-yard individual medley 1983-84; 200-yard breaststroke 1985)

Twelve Titles

Lourette Hakansson, Drury (Mo.) (200-yard breaststroke 1991-92-93-94; 200-yard individual medley 1991-92-93-94; 400-yard individual medley 1991-92-93-94)
Suzanne Melody, Simon Fraser (B.C.) (100-meter freestyle 1982; 200-meter freestyle 1982; 200-yard freestyle 1983-85; 500-yard freestyle 1983; 1500-meter freestyle 1982; 1650-yard freestyle 1983; 100-meter butterfly 1982; 200-meter butterfly 1983; 200-meter backstroke 1982; 200-yard individual medley 1985; 400-yard individual medley 1985)
Sharon Turner, Simon Fraser (B.C.) (50-yard freestyle 1991-92-95; 100-yard freestyle 1991-92-93-95; 200-yard freestyle 1991-92-93-95; 500-yard freestyle 1993)
Diane Ureche, Simon Fraser (B.C.), (100-yard backstroke 1995-96-97-98; 100-yard butterfly 1995-96; 200-yard butterfly 1996; 200-yard individual medley 1995-97, 50-yard freestyle 1998; 200-yard backstroke 1997-98)

Nine Titles

Judy Baker, Simon Fraser (B.C.) (400-meter freestyle 1981-82; 1500-meter freestyle 1981; 200-meter breaststroke 1981-82; 200-meter butterfly 1982; 200-meter individual medley 1982; 400-meter individual medley 1981-82)
Barbara Graham, Simon Fraser (B.C.) (200-yard freestyle 1986-87; 500-yard freestyle 1984-85-86-87; 1650-yard freestyle 1985-86-87)
Lisa Huffman, Simon Fraser (B.C.) (1650-meter freestyle 1999; 500-yard freestyle 1999; 400-meter freestyle 2000; 1,500-meter freestyle 2000-01; 400-meter individual medley 2000-01-02; 200-meter individual medley 2001-02)
Kathleen Stoodly, Simon Fraser (B.C.) (100-meter breaststroke 2001-02, 100-yard breaststroke 2003-04; 200-meter breaststroke 2001-02, 200-yard breaststroke 2003-04; 200-yard individual medley 2004)
Laura Galarza, Oklahoma Baptist (50-yard freestyle 2013-14-15, 100-yard freestyle 2013-14-15, 200-yard freestyle 2013-14-15)

Repeat Champions

Four-Time

Kerri Butcher, Pacific Lutheran (Wash.) (100-yard butterfly, 1983-84-85-86)
Cheyenne Coffman, Fresno Pacific (Calif.) (100-yard backstroke, 2008-09-10-12)
Belinda Eddy, Simon Fraser (B.C.) (1-meter diving 1990-91-92-93; 3-meter diving 1990-91-92-93)
Barbara Graham, Simon Fraser (B.C.) (500-yard freestyle, 1984-85-86-87)
Lourette Hakansson, Drury (Mo.) (200-yard breaststroke 1991-92-93-94; 200-yard individual medley 1992-93-94; 400-yard individual medley 1991-92-93-94)
Kathleen Stoodly, Simon Fraser (B.C.) (100-meter breaststroke 2001-02, 100-yard breaststroke 2003-04; 200-meter breaststroke 2001-02, 200-yard breaststroke 2003-04).
Diana Ureche, Simon Fraser (B.C.) (100-yard backstroke 1995-96-97-98)
Jessica Wild, California Baptist (50-meter freestyle 2000-01-02, 50-yard freestyle 2003)
Nicole Shipman, California Baptist (200-yard backstroke, 2006-07-08-09)
Christine Tixier, Biola (Calif.) (100-yard butterfly, 2012-13-14-15)

Three-Time

Amber Dykes, Simon Fraser (B.C.) (100-yard freestyle 2003-04-05)
Barbara Graham, Simon Fraser (B.C.) (1650-yard freestyle 1985-86-87; 200-yard individual medley 1991-92-93)
Lisa Huffman, Simon Fraser (B.C.) (400-meter individual medley 2000-01-02)
Jennifer Kasuya, Simon Fraser (B.C.) (200-meter backstroke 2001-02, 200-yard backstroke 2003)
Jennifer (Kuhn) Lane, Puget Sound (Wash.) (200-yard backstroke 1992-93-94)
Michelle Langsford, College of the Ozarks (Mo.), Drury (Mo.) (50-yard freestyle 1983-84-85; 100-yard breaststroke 1983-84-85)
Andrea McIntosh, Simon Fraser (B.C.) (200-meter individual medley, 2000; 200-yard individual medley, 1998-99)
Lisa Robertson, Simon Fraser (B.C.) (100-yard breaststroke 1997-98-99; 100-yard butterfly 1997-98-99)
Christine Runkle, Concordia (Calif.) (One-meter diving, 2010-11-12)
Christine Tixier, Biola (Calif.) (100-yard butterfly, 2012-13-14)
Sharon Turner, Simon Fraser (B.C.) (100-yard freestyle 1991-92-93; 200-yard freestyle 1991-92-93)
Kathleen Stoodly, Simon Fraser (B.C.) (100-meter breaststroke 2001-03, 100-yard breaststroke 2003)
Kathleen Stoodly, Simon Fraser (B.C.) (200-meter breaststroke 2001-02, 200-yard breaststroke 2003)
Jessica Wild, California Baptist (100-meter freestyle 2000-01-02)
Sharon Wilson, Central Washington (200-yard individual medley 1986-87-88; 400-yard individual medley 1986-87-88)
Elaine Van Oosten, Simon Fraser (B.C.) (200-meter individual medley, 2000; 200-yard individual medley, 1998-99)
Kristen Brimage, Oklahoma Baptist (1-meter diving, 2013-14-15)
Kristen Brimage, Oklahoma Baptist (3-meter diving, 2013-14-15)
Laura Galarza, Oklahoma Baptist (50-yard freestyle, 2013-14-15)
Laura Galarza, Oklahoma Baptist (100-yard freestyle, 2013-14-15)
Laura Galarza, Oklahoma Baptist (200-yard freestyle, 2013-14-15)
Kerryn Mulin, Oklahoma Baptist (100-yard freestyle, 2013-14-15)
Courtney Hayward, Brenau (Ga.) (50-yard freestyle, 2014-15-16)

Championship History

All-Time Individual Champions

One-Meter Diving

| | |
|------|--|
| 1981 | Kendra Langley, Simon Fraser (B.C.), 390.30 |
| 1982 | Kendra Langley, Simon Fraser (B.C.), 368.95 |
| 1983 | Colleen Hunstad, Wisconsin-Eau Claire, 385.90 |
| 1984 | Cindy Miller, Wisconsin-Eau Claire, 412.30 |
| 1985 | Sara Smith, Wisconsin-Eau Claire, 399.05 |
| 1986 | Ellen Holterman, Wisconsin-Eau Claire, 418.40 |
| 1987 | Cynthia Miller, Wisconsin-Milwaukee, 444.81 |
| 1988 | Kimberly Hubbard, Wisconsin-Eau Claire, 419.5 |
| 1989 | Kimberly Hubbard, Wisconsin-Eau Claire, 383.55 |
| 1990 | Belinda Eddy, Simon Fraser (B.C.), 404.37 |
| 1991 | Belinda Eddy, Simon Fraser (B.C.), 387.35 |
| 1992 | Belinda Eddy, Simon Fraser (B.C.), 366.40 |
| 1993 | Belinda Eddy, Simon Fraser (B.C.), 407.45 |
| 1994 | Joanna Linardis, Simon Fraser (B.C.), 395.30 |
| 1995 | Allison Randall, Simon Fraser (B.C.), 394.20 |
| 1996 | Joanna Linardis, Simon Fraser (B.C.), 417.80 |
| 1997 | Kate Milhausen, Simon Fraser (B.C.), 353.05 |
| 1998 | Jacqueline Leveille, Simon Fraser (B.C.), 391.15 |
| 1999 | Jacqueline Leveille, Simon Fraser (B.C.), 374.80 |
| 2000 | Jessica Metcalf, Lindenwood (Mo.), 441.40 |
| 2001 | Kelli Wind, Lindenwood (Mo.), 448.20 |
| 2002 | Kelli Wind, Lindenwood (Mo.), 434.35 |
| 2003 | Kristen Lindquist, Simon Fraser (B.C.), 353.50 |
| 2004 | Hayley Rosenlund, Simon Fraser (B.C.), 444.40 |
| 2005 | Hayley Rosenlund, Simon Fraser (B.C.), 417.75 |
| 2006 | Kyla Kachman, Lindenwood (Mo.), 234.30 |
| 2007 | Laura Sherer, Simon Fraser (B.C.), 435.05 |
| 2008 | Caitlyn Taylor, Asbury (Ky.), 422.55 |
| 2009 | Chelsea Hardrick, Lindenwood (Mo.), 337.75 |
| 2010 | Christine Runkle, Concordia (Calif.), 225.50 |
| 2011 | Christine Runkle, Concordia (Calif.), 259.70 |
| 2012 | Christine Runkle, Concordia (Calif.), 274.50 |
| 2013 | Kristen Brimage, Oklahoma Baptist, 252.50 |
| 2014 | Kristen Brimage, Oklahoma Baptist, 248.85 |
| 2015 | Kristen Brimage, Oklahoma Baptist, 266.30 |
| 2016 | Genesis Veliz, Wayland Baptist, 206.80 |
| 2017 | Vanessa VanOoast, Olivet Nazarene (Ill.), 203.70 |

Three-Meter Diving

| | |
|------|--|
| 1981 | Kendra Langley, Simon Fraser (B.C.), 416.80 |
| 1982 | Kendra Langley, Simon Fraser (B.C.), 393.40 |
| 1983 | Lisa Roettger, Wisconsin-Eau Claire, 403.00 |
| 1984 | Sara Smith, Wisconsin-Eau Claire, 433.10 |
| 1985 | Sara Smith, Wisconsin-Eau Claire, 398.45 |
| 1986 | Ellen Holterman, Wisconsin-Eau Claire, 431.70 |
| 1987 | Sara Smith, Wisconsin-Eau Claire, 454.08 |
| 1988 | Kimberly Hubbard, Wisconsin-Eau Claire, 414.2 |
| 1989 | Jane Marien, Wisconsin-La Crosse, 393.35 |
| 1990 | Belinda Eddy, Simon Fraser (B.C.), 477.54 |
| 1991 | Belinda Eddy, Simon Fraser (B.C.), 444.45 |
| 1992 | Belinda Eddy, Simon Fraser (B.C.), 414.30 |
| 1993 | Belinda Eddy, Simon Fraser (B.C.), 494.05 |
| 1994 | Joanna Linardis, Simon Fraser (B.C.), 430.00 |
| 1995 | Joanna Linardis, Simon Fraser (B.C.), 453.95 |
| 1996 | Joanna Linardis, Simon Fraser (B.C.), 476.75 |
| 1997 | Kate Milhausen, Simon Fraser (B.C.), 455.70 |
| 1998 | Amy McGuire, Transylvania (Ky.), 312.45 |
| 1999 | Amy McGuire, Transylvania (Ky.), 357.15 |
| 2000 | Jessica Metcalf, Lindenwood (Mo.), 555.45 |
| 2001 | Jessica Metcalf, Lindenwood (Mo.), 485.20 |
| 2002 | Kelli Wind, Lindenwood (Mo.), 503.50 |
| 2003 | Kristen Lindquist, Simon Fraser (B.C.), 422.85 |
| 2004 | Hayley Rosenlund, Simon Fraser (B.C.), 521.00 |
| 2005 | Hayley Rosenlund, Simon Fraser (B.C.), 512.30 |
| 2006 | Kyla Kachman, Lindenwood (Mo.), 251.30 |
| 2007 | Laura Sherer, Simon Fraser (B.C.), 478.45 |
| 2008 | Lindsey Cline, California Baptist, 432.85 |
| 2009 | Chelsea Hardrick, Lindenwood (Mo.), 350.95 |
| 2010 | Christine Runkle, Concordia (Calif.), 232.80 |
| 2011 | Jamie Flynn, California Baptist, 248.40 |
| 2012 | Christine Runkle, Concordia (Calif.), 332.75 |
| 2013 | Kristen Brimage, Oklahoma Baptist, 252.30 |
| 2014 | Kristen Brimage, Oklahoma Baptist, 222.50 |
| 2015 | Kristen Brimage, Oklahoma Baptist, 252.35 |
| 2016 | Genesis Veliz, Wayland Baptist (Texas), 289.50 |
| 2017 | Vanessa VanOoast, Olivet Nazarene (Ill.), 195.70 |

50-Meter Freestyle

| | |
|------|---|
| 1981 | Beth Carter, Eisenhower (N.Y.), 27.882 |
| 1982 | Celeste Robinson, Central Washington, 27.35 |
| 2000 | Jessica Wild, California Baptist, 26.01 |
| 2001 | Jessica Wild, California Baptist, 26.20 |

2002 Jessica Wild, California Baptist, 26.21

50-Yard Freestyle

| | |
|------|--|
| 1983 | Michelle Langsford, College of the Ozarks (Mo.), 24.54 |
| 1984 | Michelle Langsford, Drury (Mo.), 24.01 |
| 1985 | Michelle Langsford, Drury (Mo.), 23.57 |
| 1986 | Kerri Butcher, Pacific Lutheran (Wash.), 24.64 |
| 1987 | Lisa Bailey, Fairmont State (W.Va.), 24.64 |
| 1988 | Wendy Heineke, Wisconsin-Stout, 24.14 |
| 1989 | Wendy Heineke, Wisconsin-Stout, 23.65 |
| 1990 | Tracey Richards, Wisconsin-Green Bay, 24.51 |
| 1991 | Sharon Turner, Simon Fraser (B.C.), 23.52 |
| 1992 | Sharon Turner, Simon Fraser (B.C.), 24.21 |
| 1993 | Karen Chow, Simon Fraser (B.C.), 23.78 |
| 1994 | Cecilia Gadd, Drury (Mo.), 23.84 |
| 1995 | Sharon Turner, Simon Fraser (B.C.), 23.93 |
| 1996 | Karen Chow, Simon Fraser (B.C.), 24.19 |
| 1997 | Karen Chow, Simon Fraser (B.C.), 23.85 |
| 1998 | Diana Ureche, Simon Fraser (B.C.), 23.67 |
| 1999 | Elanie VanOosten, Simon Fraser (B.C.), 24.55 |
| 2003 | Jessica Wild, California Baptist, 23.97 |
| 2004 | Amber Dykes, Simon Fraser (B.C.), 24.07 |
| 2005 | Abigail Doxsey, SCAD Savannah (Ga.), 24.17 |
| 2006 | Abigail Doxsey, SCAD Savannah (Ga.), 24.03 |
| 2007 | Cassie Dixon, SCAD Savannah (Ga.), 23.44 |
| 2008 | Vicky Sui, Simon Fraser (B.C.), 23.45 |
| 2009 | Vicky Sui, Simon Fraser (B.C.), 23.27 |
| 2010 | Cheyenne Coffman, Fresno Pacific (Calif.), 23.12 |
| 2011 | Nicole Cossey, Simon Fraser (B.C.), 23.48 |
| 2012 | Cheyenne Coffman, Fresno Pacific (Calif.), 22.29 |
| 2013 | Laura Galarza, Oklahoma Baptist, 22.99 |
| 2014 | Laura Galarza, Oklahoma Baptist, 22.86 |
| 2015 | Laura Galarza, Oklahoma Baptist, 22.47 |
| 2016 | Heather Partlow, SCAD Savannah (Ga.), 23.77 |
| 2017 | Lisa Tixier, Biola (Calif.), 23.01 |

100-Meter Freestyle

| | |
|------|--|
| 1981 | Beth Carter, Eisenhower (N.Y.), 1:00.965 |
| 1982 | Suzanne Melody, Simon Fraser (B.C.), 59.26 |
| 2000 | Jessica Wild, California Baptist, 57.94 |
| 2001 | Jessica Wild, California Baptist, 58.13 |
| 2002 | Jessica Wild, California Baptist, 57.02 |

100-Yard Freestyle

| | |
|------|--|
| 1983 | Cynthia Gaudet, Simon Fraser (B.C.), 54.06 |
| 1984 | Michelle Langsford, Drury (Mo.), 52.39 |
| 1985 | Michelle Langsford, Drury (Mo.), 51.69 |
| 1986 | Kerri Butcher, Pacific Lutheran (Wash.), 53.79 |
| 1987 | Ann Olin, Wisconsin-Green Bay, 53.29 |
| 1988 | Shelly Weyers, Wisconsin-La Crosse, 52.59 |
| 1989 | Wendy Heineke, Wisconsin-Stout, 52.57 |
| 1990 | Jill Rutledge, Puget Sound (Wash.), 53.12 |
| 1991 | Sharon Turner, Simon Fraser (B.C.), 51.31 |
| 1992 | Sharon Turner, Simon Fraser (B.C.), 51.46 |
| 1993 | Sharon Turner, Simon Fraser (B.C.), 51.03 |
| 1994 | Cecilia Gadd, Drury (Mo.), 51.80 |
| 1995 | Sharon Turner, Simon Fraser (B.C.), 51.40 |
| 1996 | Karen Chow, Simon Fraser (B.C.), 52.85 |
| 1997 | Karen Chow, Simon Fraser (B.C.), 52.01 |
| 1998 | Elanie VanOosten, Simon Fraser (B.C.), 52.90 |
| 1999 | Elanie VanOosten, Simon Fraser (B.C.), 52.44 |
| 2003 | Amber Dykes, Simon Fraser (B.C.), 51.67 |
| 2004 | Amber Dykes, Simon Fraser (B.C.), 52.50 |
| 2005 | Amber Dykes, Simon Fraser (B.C.), 52.73 |
| 2006 | Abigail Doxsey, SCAD Savannah (Ga.), 52.23 |
| 2007 | Jenelle Furuto, California Baptist, 51.81 |
| 2008 | Katelyn Butler, California Baptist, 51.83 |
| 2009 | Vicky Sui, Simon Fraser (B.C.), 50.46 |
| 2010 | Cheyenne Coffman, Fresno Pacific (Calif.), 50.94 |
| 2011 | Nicole Cossey, Simon Fraser (B.C.), 50.16 |
| 2012 | Renata Cabral, Union (Ky.), 50.73 |
| 2013 | Laura Galarza, Oklahoma Baptist, 50.29 |
| 2014 | Laura Galarza, Oklahoma Baptist, 49.97 |
| 2015 | Laura Galarza, Oklahoma Baptist, 49.63 |
| 2016 | Lisa Tixier, Biola (Calif.), 51.12 |
| 2017 | Julie Woody, SCAD Savannah (Ga.), 49.24 |

200-Meter Freestyle

| | |
|------|---|
| 1981 | Jill Trotter, Simon Fraser (B.C.), 2:11.402 |
| 1982 | Suzanne Melody, Simon Fraser (B.C.), 2:08.30 |
| 2000 | Elaine Van Oosten, Simon Fraser (B.C.), 2:07.74 |
| 2001 | Andrea McIntosh, Simon Fraser (B.C.), 2:06.36 |
| 2002 | Amber Dykes, Simon Fraser (B.C.), 2:05.29 |



Championship History

200-Yard Freestyle

1983 Suzanne Melody, Simon Fraser (B.C.), 1:55.15
1984 Michelle Langsford, Drury (Mo.), 1:54.52
1985 Sue Melody, Simon Fraser (B.C.), 1:53.38
1986 Barbara Graham, Simon Fraser (B.C.), 1:55.31
1987 Barbara Graham, Simon Fraser (B.C.), 1:53.13
1988 Shelly Weyers, Wisconsin-La Crosse, 1:53.15
1989 Melissa Loun, Puget Sound (Wash.), 1:55.40
1990 Susan Bendl, Puget Sound (Wash.), 1:55.87
1991 Sharon Turner, Simon Fraser (B.C.), 1:51.02
1992 Sharon Turner, Simon Fraser (B.C.), 1:52.20
1993 Sharon Turner, Simon Fraser (B.C.), 1:51.71
1994 Cecilia Gadd, Drury (Mo.), 1:51.89
1995 Sharon Turner, Simon Fraser (B.C.), 1:52.66
1996 Carianne Davis, Central Washington, 1:54.85
1997 Karen Chow, Simon Fraser (B.C.), 1:54.03
1998 Elanie VanOosten, Simon Fraser (B.C.), 1:54.2
1999 Elanie VanOosten, Simon Fraser (B.C.), 1:54.58
2003 Amber Dykes, Simon Fraser (B.C.), 1:52.14
2004 Amber Dykes, Simon Fraser (B.C.), 1:53.10
2005 Kathryn Rosberg, Simon Fraser (B.C.), 1:51.75
2006 Rachel Fritts, SCAD Savannah (Ga.), 1:54.18
2007 Kathryn Rosberg, Simon Fraser (B.C.), 1:51.14
2008 Gia Bogetti, Simon Fraser (B.C.), 1:52.05
2009 Stephanie McNicol, SCAD Savannah (Ga.), 1:51.75
2010 Suzanne Wuolle, Simon Fraser (B.C.), 1:53.73
2011 Alex Peters, Concordia (Calif.), 1:49.58
2012 Sofie Gjemmetstad, Fresno Pacific (Calif.), 1:51.44
2013 Laura Galarza, Oklahoma Baptist, 1:49.95
2014 Laura Galarza, Oklahoma Baptist, 1:50.18
2015 Laura Galarza, Oklahoma Baptist, 1:50.49
2016 Abigail Richey, SCAD Savannah (Ga.), 1:52
2017 Abigail Richey, SCAD Savannah (Ga.), 1:52.21

400-Meter Freestyle

1981 Judy Baker, Simon Fraser (B.C.), 4:23.556
1982 Judy Baker, Simon Fraser (B.C.), 4:22.79
2000 Lisa Huffman, Simon Fraser (B.C.), 4:29.55
2001 Andrea McIntosh, Simon Fraser (B.C.), 4:25.41
2002 Lyndsay Devaney, California Baptist, 4:21.03

500-Yard Freestyle

1983 Suzanne Melody, Simon Fraser (B.C.), 5:09.29
1984 Barbara Graham, Simon Fraser (B.C.), 5:14.84
1985 Barbara Graham, Simon Fraser (B.C.), 5:04.63
1986 Barbara Graham, Simon Fraser (B.C.), 5:09.38
1987 Barbara Graham, Simon Fraser (B.C.), 5:01.77
1988 Susan Bendl, Puget Sound (Wash.), 4:59.08
1989 Melissa Loun, Puget Sound (Wash.), 5:02.83
1990 Susan Bendl, Puget Sound (Wash.), 5:03.85
1991 Melissa Loun, Puget Sound (Wash.), 5:06.76
1992 Karen Hanson, Pacific Lutheran (Wash.), 5:01.81
1993 Sharon Turner, Simon Fraser (B.C.), 5:05.23
1994 Nida Zuhail, Drury (Mo.), 5:00.18
1995 Niki Peterson, John Brown (Ark.), 5:06.91
1996 Aurora Bray, Pacific Lutheran (Wash.), 5:04.44
1997 Diana Bate, Simon Fraser (B.C.), 5:03.93
1998 Kristin Veal, Puget Sound (Wash.), 5:04.9
1999 Lisa Huffman, Simon Fraser (B.C.), 5:09.59
2003 Lyndsay Devaney, California Baptist, 4:59.11
2004 Kathryn Rosberg, Simon Fraser (B.C.), 5:02.30
2005 Kathryn Rosberg, Simon Fraser (B.C.), 4:57.49
2006 Krista Chacon, California Baptist, 5:02.38
2007 Kathryn Rosberg, Simon Fraser (B.C.), 4:52.33
2008 Brooke Turner, Fresno Pacific (Calif.), 5:00.27
2009 Stephanie McNicol, SCAD Savannah (Ga.), 4:54.32
2010 Kaylen Hewko, Azusa Pacific (Calif.), 4:58.46
2011 Alex Peters, Concordia (Calif.), 4:52.24
2012 Nicole Wilson, Oklahoma Baptist, 4:56.90
2013 Nicole Wilson, Oklahoma Baptist, 4:59.02
2014 Courtney Hayward, Brenau (Ga.), 4:58.42
2015 Courtney Hayward, Brenau (Ga.), 4:56.87
2016 Courtney Hayward, Brenau (Ga.), 4:56.34
2017 Abigail Richey, SCAD Savannah (Ga.), 4:59.00

1500-Meter Freestyle

1981 Judy Baker, Simon Fraser (B.C.), 17:21.713
1982 Suzanne Melody, Simon Fraser (B.C.), 17:11.09
2000 Lisa Huffman, Simon Fraser (B.C.), 17:44.80
2001 Lisa Huffman, Simon Fraser (B.C.), 17:31.07
2002 Lyndsay Devaney, California Baptist, 17:09.73

1650-Yard Freestyle

1983 Suzanne Melody, Simon Fraser (B.C.), 17:31.94

1984 Carol Burdges, Brenau (Ga.), 17:54.11
1985 Barbara Graham, Simon Fraser (B.C.), 17:38.42
1986 Barbara Graham, Simon Fraser (B.C.), 17:49.13
1987 Barbara Graham, Simon Fraser (B.C.), 17:23.01
1988 Haleigh Kurtz, Puget Sound (Wash.), 17:27.25
1989 Laura Mercugliano, Shepherd (W.Va.), 17:24.88
1990 Melissa Loun, Puget Sound (Wash.), 17:36.79
1991 Jessica Roberts, Simon Fraser (B.C.), 17:32.06
1992 Annabel Bicknell, Simon Fraser (B.C.), 17:11.93
1993 Nani Blake, Westminster (Pa.), 17:30.94
1994 Shannyn Hite, Drury (Mo.), 17:29.65
1995 Niki Peterson, John Brown (Ark.), 17:31.64
1996 Aurora Bray, Pacific Lutheran (Wash.), 17:40.76
1997 Aurora Bray, Pacific Lutheran (Wash.), 17:37.53
1998 Kristin Veal, Puget Sound (Wash.), 17:15.8
1999 Lisa Huffman, Simon Fraser (B.C.), 17:36.55
2003 Lyndsay Devaney, California Baptist, 17:09.98
2004 Kathryn Rosberg, Simon Fraser (B.C.), 17:37.02
2005 Kathryn Rosberg, Simon Fraser (B.C.), 16:51.80
2006 Christine Phillips, SCAD Savannah (Ga.), 17:25.43
2007 Kathryn Rosberg, Simon Fraser (B.C.), 16:43.37
2008 Brooke Turner, Fresno Pacific, 17:07.75
2009 Stephanie McNicol, SCAD Savannah (Ga.), 16:48.91
2010 Brooke Turner, Fresno Pacific (Calif.), 17:21.07
2011 Alex Peters, Concordia (Calif.), 16:58.67
2012 Heather Librizzi, SCAD Savannah (Ga.), 16:58.86
2013 Caroline Lepesant, SCAD Savannah (Ga.), 17:05.79
2014 Caroline Lepesant, SCAD Savannah (Ga.), 16:54.23
2015 Courtney Hayward, Brenau (Ga.), 16:58.36
2016 Caroline Lepesant, SCAD Savannah (Ga.), 16:44.01
2017 Courtney Hayward, Brenau (Ga.), 17:19.77

100-Meter Backstroke

1981 Marcia Konat, Kearney State (Neb.), 1:14.172
1982 Karen Workman, Shepherd (W.Va.), 1:11.70
2000 Katy Oliver, Simon Fraser (B.C.), 1:05.59
2001 Jennifer Kasuya, Simon Fraser (B.C.), 1:11.84
2002 Jessica Wild, California Baptist, 1:04.92

100-Yard Backstroke

1983 Cynthia Gaudet, Simon Fraser (B.C.), 1:01.72
1984 Brenda Dahl, Wisconsin-Eau Claire, 1:01.84
1985 Barbara Hefte, Pacific Lutheran (Wash.), 1:00.33
1986 Connie Wright, Wisconsin-Milwaukee, 1:00.04
1987 Lisa Bailey, Fairmont State (W.Va.), 59.03
1988 Wendy Heineke, Wisconsin-Stout, 1:00.68
1989 Sharon Juckeland, Puget Sound (Wash.), 1:01.27
1990 Sharon Juckeland, Puget Sound (Wash.), 1:00.52
1991 Christine Harris, Simon Fraser (B.C.), 57.56
1992 Sharon Juckeland, Puget Sound (Wash.), 59.28
1993 Niki Peterson, John Brown (Ark.), 59.44
1994 Jennifer Lane, Puget Sound (Wash.), 57.84
1995 Diana Ureche, Simon Fraser (B.C.), 57.31
1996 Diana Ureche, Simon Fraser (B.C.), 56.84
1997 Diana Ureche, Simon Fraser (B.C.), 56.27
1998 Diana Ureche, Simon Fraser (B.C.), 56.38
1999 Cassie Trotter, Campbellsville (Ky.), 58.52
2003 Jennifer Kasuya, Simon Fraser (B.C.), 58.30
2004 Tina Hoang, Simon Fraser (B.C.), 57.29
2005 Tina Hoang, Simon Fraser (B.C.), 57.3
2006 Nicole Shipman, California Baptist, 57.94
2007 Addie Kolybaba, Simon Fraser (B.C.), 57.86
2008 Cheyenne Coffman, Fresno Pacific (Calif.), 57.79
2009 Cheyenne Coffman, Fresno Pacific (Calif.), 55.63
2010 Cheyenne Coffman, Fresno Pacific (Calif.), 55.39
2011 Mary Hanson, California Baptist, 54.66
2012 Cheyenne Coffman, Fresno Pacific (Calif.), 52.76
2013 Lisa MacManus, Oklahoma Baptist, 54.67
2014 Lisa MacManus, Oklahoma Baptist, 54.69
2015 Talia Sola, Brenau (Ga.), 54.76
2016 Amanda Moran, Olivet Nazarene (Ill.), 55.10
2017 Amanda Moran, Olivet Nazarene (Ill.), 55.19

200-Meter Backstroke

1981 Karen Workman, Shepherd (W.Va.), 2:35.348
1982 Suzanne Melody, Simon Fraser (B.C.), 2:31.70
2000 Katy Oliver, Simon Fraser (B.C.), 2:22.46
2001 Jennifer Kasuya, Simon Fraser (B.C.), 2:22.44
2002 Jennifer Kasuya, Simon Fraser (B.C.), 2:20.34

200-Yard Backstroke

1983 Brenda Dahl, Wisconsin-Eau Claire, 2:13.14
1984 Cheryl Osachoff, Simon Fraser (B.C.), 2:12.41
1985 Connie Wright, Wisconsin-Milwaukee, 2:11.97

Championship History

1986 Carol Quarterman, Pacific Lutheran (Wash.), 2:10.70
 1987 Lisa Bailey, Fairmont State (W.Va.), 2:09.27
 1988 Sharon Wilson, Central Washington, 2:08.36
 1989 Annabel Bicknell, Simon Fraser (B.C.), 2:09.51
 1990 Jacqy Franks, Drury (Mo.), 2:09.10
 1991 Christine Harris, Simon Fraser (B.C.), 2:04.59
 1992 Jennifer Kuhn, Puget Sound (Wash.), 2:04.59
 1993 Jennifer Kuhn, Puget Sound (Wash.), 2:06.52
 1994 Jennifer Lane, Puget Sound (Wash.), 2:05.70
 1995 Karen Seland, Simon Fraser (B.C.), 2:03.75
 1996 Beth Slaughter, Linfield (Ore.), 2:06.95
 1997 Diana Ureche, Simon Fraser (B.C.), 2:02.63
 1998 Diana Ureche, Simon Fraser (B.C.), 2:03.50
 1999 Kristen Booth, Puget Sound (Wash.), 2:06.41
 2003 Jennifer Kasuya, Simon Fraser (B.C.), 2:04.94
 2004 Jennifer Kasuya, Simon Fraser (B.C.), 2:04.56
 2005 Natasha Perry, Cumberlands (Ky.), 2:04.61
 2006 Nicole Shipman, California Baptist, 2:05.78
 2007 Nicole Shipman, California Baptist, 2:05.49
 2008 Nicole Shipman, California Baptist, 2:04.67
 2009 Nicole Shipman, California Baptist, 2:02.85
 2010 Lara Pease, California Baptist, 2:05.02
 2011 Gia Bogetti, Simon Fraser (B.C.), 2:04.51
 2012 Cheyenne Coffman, Fresno Pacific (Calif.), 1:58.20
 2013 Hannah Legg, SCAD Savannah (Ga.), 2:01.67
 2014 Ines Remersaro, Oklahoma Baptist, 2:01.10
 2015 Ines Remersaro, Oklahoma Baptist, 2:00.27
 2016 Amanda Moran, Olivet Nazarene (Ill.), 1:59.32
 2017 Amanda Moran, Olivet Nazarene (Ill.), 1:56.87

100-Meter Breaststroke

1981 Kathy Etzel, Shepherd (W.Va.), 1:18.117
 1982 Michelle Langsford, College of the Ozarks (Mo.), 1:17.99
 2000 Victoria Arrandale, Simon Fraser (B.C.), 1:13.37
 2001 Kathleen Stoodly, Simon Fraser (B.C.), 1:11.84
 2002 Kathleen Stoodly, Simon Fraser (B.C.), 1:12.20

100-Yard Breaststroke

1983 Michelle Langsford, College of the Ozarks (Mo.), 1:09.28
 1984 Michelle Langsford, Drury (Mo.), 1:07.86
 1985 Michelle Langsford, Drury (Mo.), 1:06.31
 1986 Debbie Gray, Central Washington, 1:08.97
 1987 Jennifer Galster, Puget Sound (Wash.), 1:07.43
 1988 Susan Bendl, Puget Sound (Wash.), 1:06.59
 1989 Leslie Biegler, Wisconsin-Milwaukee, 1:07.50
 1990 Deanne Schweitzer, Simon Fraser (B.C.), 1:06.39
 1991 Charlene Miller, Puget Sound (Wash.), 1:06.89
 1992 Heather Cozzens, Drury (Mo.), 1:06.53
 1993 Staci Malin, Linfield (Ore.), 1:05.53
 1994 Heather Cozzens, Drury (Mo.), 1:05.65
 1995 Staci Malin, Linfield (Ore.), 1:05.38
 1996 Staci Malin, Linfield (Ore.), 1:05.57
 1997 Lisa Robertson, Simon Fraser (B.C.), 1:05.91
 1998 Lisa Robertson, Simon Fraser (B.C.), 1:05.86
 1999 Lisa Robertson, Simon Fraser (B.C.), 1:05.48
 2003 Kathleen Stoodly, Simon Fraser (B.C.), 1:03.45
 2004 Kathleen Stoodly, Simon Fraser (B.C.), 1:04.01
 2005 Kellie West, California Baptist, 1:05.23
 2006 Kellie West, California Baptist, 1:05.23
 2007 Arienne Gachupin, California Baptist, 1:06.81
 2008 Liz Roberts, SCAD Savannah (Ga.), 1:06.69
 2009 Teresa Antesberger, Cumberlands (Ky.), 1:03.69
 2010 Alison Berrien, Concordia (Calif.), 1:03.94
 2011 Liz Roberts, SCAD Savannah (Ga.), 1:02.38
 2012 Catherine Duquet, SCAD Savannah (Ga.), 1:02.09
 2013 Kerryn Mullin, Oklahoma Baptist, 1:02.93
 2014 Kerryn Mullin, Oklahoma Baptist, 1:04.29
 2015 Kerryn Mullin, Oklahoma Baptist, 1:03.16
 2016 Ronni Borders, Lindsey Wilson (Ky.), 1:03.47
 2017 Sara Lacusky, SCAD Savannah (Ga.), 1:03.25

200-Meter Breaststroke

1981 Judy Baker, Simon Fraser (B.C.), 2:46.851
 1982 Judy Baker, Simon Fraser (B.C.), 2:44.45
 2000 Victoria Arrandale, Simon Fraser (B.C.), 2:37.96
 2001 Kathleen Stoodly, Simon Fraser (B.C.), 2:33.34
 2002 Kathleen Stoodly, Simon Fraser (B.C.), 2:35.87

200-Yard Breaststroke

1983 Laura Jones, Simon Fraser (B.C.), 2:30.04
 1984 Lisa Mozingo, Shepherd (W.Va.), 2:28.60
 1985 Michelle Langsford, Drury (Mo.), 2:26.00
 1986 Debbie Gray, Central Washington, 2:31.0
 1987 Susan Bendl, Puget Sound (Wash.), 2:26.38

1988 Susan Bendl, Puget Sound (Wash.), 2:24.44
 1989 Leslie Biegler, Wisconsin-Milwaukee, 2:25.99
 1990 Deanne Schweitzer, Simon Fraser (B.C.), 2:24.12
 1991 Lourette Hakansson, Drury (Mo.), 2:20.28
 1992 Lourette Hakansson, Drury (Mo.), 2:17.38
 1993 Lourette Hakansson, Drury (Mo.), 2:14.90
 1994 Lourette Hakansson, Drury (Mo.), 2:18.22
 1995 Staci Malin, Linfield (Ore.), 2:24.22
 1996 Staci Malin, Linfield (Ore.), 2:23.61
 1997 Joni Jacobs, Central Washington, 2:25.03
 1998 Joni Jacobs, Central Washington, 2:25.6
 1999 Victoria Arrandale, Simon Fraser (B.C.), 2:24.29
 2003 Kathleen Stoodly, Simon Fraser (B.C.), 2:15.09
 2004 Kathleen Stoodly, Simon Fraser (B.C.), 2:15.67
 2005 Taylor Sexton, SCAD Savannah (Ga.), 2:21.13
 2006 Kirmie Cook, California Baptist, 2:21.46
 2007 Courtenay Mulhern, Simon Fraser (B.C.), 2:23.45
 2008 Courtenay Mulhern, Simon Fraser (B.C.), 2:23.08
 2009 Teresa Antesberger, Cumberlands (Ky.), 2:19.44
 2010 April Smith, Biola (Calif.), 2:21.66
 2011 Lauren Malthaner, Fresno Pacific (Calif.), 2:17.16
 2012 Catherine Duquet, SCAD Savannah (Ga.), 2:16.67
 2013 Kerryn Mullin, Oklahoma Baptist, 2:19.67
 2014 Sydney Harris, Olivet Nazarene (Ill.), 2:19.55
 2015 Kerryn Mullin, Oklahoma Baptist, 2:19.83
 2016 Christina Ali, Biola (Calif.), 2:18.31
 2017 Sara Lacusky, SCAD Savannah (Ga.), 2:17.53

100-Meter Butterfly

1981 Kristy Robertson, Simon Fraser (B.C.), 1:08.956
 1982 Suzanne Melody, Simon Fraser (B.C.), 1:06.02
 2000 Gennifer Amthor, California Baptist, 1:03.78
 2001 Gennifer Amthor, California Baptist, 1:03.14
 2002 Merceda Rivera, Seattle (Wash.), 1:05.48

100-Yard Butterfly

1983 Kerri Butcher, Pacific Lutheran (Wash.), 58.87
 1984 Kerri Butcher, Pacific Lutheran (Wash.), 58.40
 1985 Kerri Butcher, Pacific Lutheran (Wash.), 57.42
 1986 Kerri Butcher, Pacific Lutheran (Wash.), 57.93
 1987 Sally Lambert, Fairmont State (W.Va.), 57.37
 1988 Jill Rutledge, Puget Sound (Wash.), 57.89
 1989 Jill Rutledge, Puget Sound (Wash.), 58.92
 1990 Tracey Richards, Wisconsin-Green Bay, 58.92
 1991 Kristen Zukowski, Westminster (Pa.), 58.37
 1992 Sarah Agnew, Simon Fraser (B.C.), 56.97
 1993 Sarah Agnew, Simon Fraser (B.C.), 57.11
 1994 Nida Zuhail, Drury (Mo.), 57.07
 1995 Diana Ureche, Simon Fraser (B.C.), 55.33
 1996 Diana Ureche, Simon Fraser (B.C.), 57.05
 1997 Lisa Robertson, Simon Fraser (B.C.), 56.68
 1998 Lisa Robertson, Simon Fraser (B.C.), 56.62
 1999 Lisa Robertson, Simon Fraser (B.C.), 56.72
 2003 Jennifer Horwood, Simon Fraser (B.C.), 58.05
 2004 Jennifer Horwood, Simon Fraser (B.C.), 57.66
 2005 Tina Hoang, Simon Fraser (B.C.), 57.07
 2006 Abigail Doxsey, SCAD Savannah (Ga.), 57.21
 2007 Addie Kolybaba, Simon Fraser (B.C.), 56.30
 2008 Vicky Sui, Simon Fraser (B.C.), 54.96
 2009 Vicky Sui, Simon Fraser (B.C.), 55.09
 2010 Kaylen Hewko, Azusa Pacific (Calif.), 56.25
 2011 Kaylen Hewko, Azusa Pacific (Calif.), 55.71
 2012 Christine Tixier, Biola (Calif.), 54.60
 2013 Christine Tixier, Biola (Calif.), 54.75
 2014 Christine Tixier, Biola (Calif.), 54.35
 2015 Christine Tixier, Biola (Calif.), 54.34
 2016 Lisa Tixier, Biola (Calif.), 55.29
 2017 Lisa Tixier, Biola (Calif.), 53.70

200-Meter Butterfly

1981 Kristy Robertson, Simon Fraser (B.C.), 2:35.347
 1982 Judy Baker, Simon Fraser (B.C.), 2:16.86
 2000 Gennifer Amthor, California Baptist, 2:18.58
 2001 Gennifer Amthor, California Baptist, 2:15.58
 2002 Lyndsay Devaney, California Baptist, 2:20.97

200-Yard Butterfly

1983 Suzanne Melody, Simon Fraser (B.C.), 2:07.96
 1984 Kirsten Olson, Pacific Lutheran (Wash.), 2:09.48
 1985 Ana Tormo, Arkansas-Little Rock, 2:08.20
 1986 Eileen Luigard, Fairmont State (W.Va.), 2:10.0
 1987 Sally Lambert, Fairmont State (W.Va.), 2:07.39
 1988 Ana Tormo, Arkansas-Little Rock, 2:07.13
 1989 Julie Himstreet, Puget Sound (Wash.), 2:08.83



Championship History

- 1990 Annabel Bicknell, Simon Fraser (B.C.), 2:08.19
- 1991 Annabel Bicknell, Simon Fraser (B.C.), 2:06.55
- 1992 Sarah Agnew, Simon Fraser (B.C.), 2:04.67
- 1993 Sarah Agnew, Simon Fraser (B.C.), 2:04.24
- 1994 Nida Zuhail, Drury (Mo.), 2:03.24
- 1995 Sarah Agnew, Simon Fraser (B.C.), 2:05.63
- 1996 Diana Ureche, Simon Fraser (B.C.), 2:06.61
- 1997 Lisa Roberston, Simon Fraser (B.C.), 2:04.61
- 1998 Lisa Robertson, Simon Fraser (B.C.), 2:05.2
- 1999 Andrea McIntosh, Simon Fraser (B.C.), 2:06.66
- 2003 Christen Heideman, Cumberlands (Ky.), 2:06.47
- 2004 Christen Heideman, Cumberlands (Ky.), 2:07.80
- 2005 Kimie Cook, California Baptist, 2:04.06
- 2006 Rachel Fritts, SCAD Savannah (Ga.), 2:05.00
- 2007 Kerry Hancock, Asbury (Ky.), 2:07.07
- 2008 Vicky Sui, Simon Fraser (B.C.), 2:04.51
- 2009 Adriana Quezada, California Baptist, 2:04.25
- 2010 Kaylen Hewko, Azusa Pacific (Calif.), 2:02.57
- 2011 Kaylen Hewko, Azusa Pacific (Calif.), 2:01.41
- 2012 Charlotte Parent, Cumberlands (Ky.), 2:04.95
- 2013 Hannah Legg, SCAD Savannah (Ga.), 2:03.33
- 2014 Christine Tixier, Biola (Calif.), 2:01.53
- 2015 Christine Tixier, Biola (Calif.), 2:00.89
- 2016 Hannah Legg, SCAD Savannah (Ga.), 2:03.98
- 2017 Lydia Reinhardt, SCAD Savannah (Ga.), 2:03.53

100-Meter Individual Medley

- 1982 Michelle Langsford, College of the Ozarks (Mo.), 1:09.08

100-Yard Individual Medley

- 1983 Michelle Langsford, College of the Ozarks (Mo.), 1:02.08
- 1984 Michelle Langsford, Drury (Mo.), 1:00.63

200-Meter Individual Medley

- 1981 Jill Trotter, Simon Fraser (B.C.), 2:28.967
- 1982 Judy Baker, Simon Fraser (B.C.), 2:21.73
- 2000 Andrea McIntosh, Simon Fraser (B.C.), 2:21.86
- 2001 Lisa Huffman, Simon Fraser (B.C.), 2:19.17
- 2002 Lisa Huffman, Simon Fraser (B.C.), 2:19.29

200-Yard Individual Medley

- 1983 Elizabeth Green, Pacific Lutheran (Wash.), 2:12.14
- 1984 Kirsten Olson, Pacific Lutheran (Wash.), 2:14.05
- 1985 Sue Melody, Simon Fraser (B.C.), 2:10.92
- 1986 Sharon Wilson, Central Washington, 2:11.55
- 1987 Sharon Wilson, Central Washington, 2:08.98
- 1988 Sharon Wilson, Central Washington, 2:07.78
- 1989 Annabel Bicknell, Simon Fraser (B.C.), 2:08.79
- 1990 Annabel Bicknell, Simon Fraser (B.C.), 2:08.69
- 1991 Lourette Hakansson, Drury (Mo.), 2:05.57
- 1992 Lourette Hakansson, Drury (Mo.), 2:05.51
- 1993 Lourette Hakansson, Drury (Mo.), 2:04.21
- 1994 Lourette Hakansson, Drury (Mo.), 2:05.74
- 1995 Diana Ureche, Simon Fraser (B.C.), 2:05.94
- 1996 Dorian Reese, Whitworth (Wash.), 2:10.83
- 1997 Diana Ureche, Simon Fraser (B.C.), 2:07.91
- 1998 Andrea McIntosh, Simon Fraser (B.C.), 2:08.12
- 1999 Andrea McIntosh, Simon Fraser (B.C.), 2:06.23
- 2003 Jennifer Kasuya, Simon Fraser (B.C.), 2:09.58
- 2004 Kathleen Stoodly, Simon Fraser (B.C.), 2:08.30
- 2005 Kimie Cook, California Baptist, 2:04.90
- 2006 Kimie Cook, California Baptist, 2:07.18
- 2007 Courtenay Mulhern, Simon Fraser (B.C.), 2:08.30
- 2008 Courtenay Mulhern, Simon Fraser (B.C.), 2:06.55
- 2009 Stacy Carter, Fresno Pacific (Calif.), 2:06.92
- 2010 Stacy Carter, Fresno Pacific (Calif.), 2:06.82
- 2011 Norra Stroth, California Baptist, 2:06.03
- 2012 Stacy Carter, Fresno Pacific (Calif.), 2:05.04
- 2013 Charlotte Parent, Cumberlands (Ky.), 2:05.30
- 2014 Christine Tixier, Biola (Calif.), 2:04.48
- 2015 Christine Tixier, Biola (Calif.), 2:02.75
- 2016 Tiffany Ray, Olivet Nazarene (Ill.), 2:05.84
- 2017 Tiffany Ray, Olivet Nazarene (Ill.), 2:05.07

400-Meter Individual Medley

- 1981 Judy Baker, Simon Fraser (B.C.), 5:03.496
- 1982 Judy Baker, Simon Fraser (B.C.), 4:55.06
- 2000 Lisa Huffman, Simon Fraser (B.C.), 4:58.33
- 2001 Lisa Huffman, Simon Fraser (B.C.), 4:57.30
- 2002 Lisa Huffman, Simon Fraser (B.C.), 4:59.10

400-Yard Individual Medley

- 1983 Kim Lawrence, Shepherd (W.Va.), 4:41.13
- 1984 Kim Lawrence, Shepherd (W.Va.), 4:42.01

- 1985 Sue Melody, Simon Fraser (B.C.), 4:41.11
- 1986 Sharon Wilson, Central Washington, 4:48.38
- 1987 Sharon Wilson, Central Washington, 4:36.50
- 1988 Sharon Wilson, Central Washington, 4:35.47
- 1989 Annabel Bicknell, Simon Fraser (B.C.), 4:32.32
- 1990 Annabel Bicknell, Simon Fraser (B.C.), 4:34.07
- 1991 Lourette Hakansson, Drury (Mo.), 4:25.94
- 1992 Lourette Hakansson, Drury (Mo.), 4:27.75
- 1993 Lourette Hakansson, Drury (Mo.), 4:24.03
- 1994 Lourette Hakansson, Drury (Mo.), 4:29.00
- 1995 Sarah Agnew, Simon Fraser (B.C.), 4:35.95
- 1996 Kendra Lavik, Puget Sound (Wash.), 4:38.33
- 1997 Kristen Booth, Puget Sound (Wash.), 4:36.77
- 1998 Andrea McIntosh, Simon Fraser (B.C.), 4:31.9
- 1999 Andrea McIntosh, Simon Fraser (B.C.), 4:29.391
- 2003 Lyndsay Devaney, California Baptist, 4:34.61
- 2004 Kathryn Rosberg, Simon Fraser (B.C.), 4:35.78
- 2005 Kimie Cook, California Baptist, 4:24.26
- 2006 Kimie Cook, California Baptist, 4:28.03
- 2007 Courtenay Mulhern, Simon Fraser (B.C.), 4:31.37
- 2008 Courtenay Mulhern, Simon Fraser (B.C.), 4:30.49
- 2009 Stacy Carter, Fresno Pacific (Calif.), 4:29.33
- 2010 Sarah Billamosa, Lindenwood (Mo.), 4:32.06
- 2011 April Smith, Biola (Calif.), 4:30.23
- 2012 Nicole Wilson, Oklahoma Baptist, 4:25.38
- 2013 Hannah Legg, SCAD Savannah (Ga.), 4:25.13
- 2014 Courtney Hayward, Brenau (Ga.), 4:30.53
- 2015 Bailee Blankemeier, Concordia (Calif.), 4:24.27
- 2016 Courtney Hayward, Brenau (Ga.), 4:26.3
- 2017 Tiffany Ray, Olivet Nazarene (Ill.), 4:25.90

200-Meter Freestyle Relay

- 1982 Simon Fraser (B.C.) (Peggie Peacock, Cheri Mechalchuk, Stephanie Smith, Cynthia Gaudet), 1:52.21
- 2000 Simon Fraser (B.C.) (Elanie Van Oosten, Winnie Lam, Kacey Dalzell, Sarah Jung), 1:47.44
- 2001 Simon Fraser (B.C.) (Sarah Jung, Jennifer Kasuya, Andrea McIntosh, Kacey Dalzell), 1:47.27
- 2002 Simon Fraser (B.C.) (Amber Dykes, Jennifer Kasuya, Winnie Lam, Sarah Jung), 1:46.97

200-Yard Freestyle Relay

- 1983 Pacific Lutheran (Wash.) (Kristi Bosch, Kristine Soderman, Barbara Hefte, Kerri Butcher), 1:40.85
- 1984 Wisconsin-Green Bay (Debbie Hinze, Laurel Beckstrom, Ann Olin, Mary Margaret, Burkhard), 1:40.01
- 1985 Simon Fraser (B.C.) (Peggie Peacock, Cynthia Gaudet, Dena Burr, Sue Melody), 1:38.18
- 1986 Pacific Lutheran (Wash.) (Maurna Jamieson, Carol Quarterman, Mary Meyer, Kerri Butcher), 1:39.20
- 1987 Fairmont State (W.Va.) (Lisa Bailey, Karen Petko, Maryellen Earley, Sally Lambert), 1:39.60
- 1988 Puget Sound (Wash.) (Mary Gibson, Susan Bendt, Stacy Carlson, Jill Rutledge), 1:39.44
- 1989 Wisconsin-Milwaukee (Vicky Bott, Sharon Kothe, Sandy Farrand, Leslie Biegler), 1:38.83
- 1990 Puget Sound (Wash.) (Jill Rutledge, Sharon Juckeland, Larissa Culpepper, Ronda Blair), 1:39.52
- 1991 Drury (Mo.) (Cecilia Gadd, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 1:36.59
- 1992 Drury (Mo.) (Cashel Mack, Cecilia Gadd, Eva-Marie Eriksson, Lourette Hakansson), 1:36.23
- 1993 Simon Fraser (B.C.) (Sharon Turner, Sarah Agnew, Karen Chow, Leeanne Dick), 1:35.91
- 1994 Drury (Mo.) (Cecilia Gadd, Eva-Marie Eriksson, Lourette Hakansson, Adina Melner), 1:36.26
- 1995 Simon Fraser (B.C.) (Diana Ureche, Ala Ferguson, Karen Chow, Sharon Turner), 1:35.18
- 1996 Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Debbie Wright, Karen Chow), 1:38.09
- 1997 Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Elaine Van Oosten, Karen Chow), 1:35.61
- 1998 Simon Fraser (B.C.) (Kacey Dalzell, Lisa Robertson, Diana Ureche, Elaine VanOosten), 1:37.35
- 1999 Simon Fraser (B.C.) (Winnie Lam, Lisa Robertson, Kacey Dalzell, Elanie VanOosten), 1:37.48
- 2003 Simon Fraser (B.C.) (Amber Dykes, Jennifer Kasuya, Jennifer Horwood, Sarah Jung), 1:39.95
- 2004 California Baptist (Beth Bartlett, Krista Machado, Larabeth Schellenberg, Cheryl Ogden), 1:39.04
- 2005 Simon Fraser (B.C.) (Tina Hoang, Annick Foukal, Kathryn Rosberg, Amber Dykes), 1:36.31
- 2006 SCAD Savannah (Ga.) (Cassie Dixon, Elizabeth Harr, Laine Benthall, Abigail Doxsey), 1:36.58
- 2007 Simon Fraser (B.C.) (Tina Hoang, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 1:36.02
- 2008 Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 1:35.29
- 2009 SCAD Savannah (Ga.) (Mary Ashley Krogh, Kaycee Corso, Lizzie Harr, Cassie Dixon), 1:35.52
- 2010 Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Nathalie Kampen, Stacy Carter), 1:36.19
- 2011 Azusa Pacific (Calif.) (Victoria Gibb, Karla Hill, Quinn Robertson, Kaylen Hewko), 1:36.09
- 2012 Fresno Pacific (Calif.) (Cheyenne Coffman, Sofie Gjemmetad, Michelle Moreno, Katelyn Brown), 1:32.90
- 2013 Oklahoma Baptist (Emma Forbes-Milne, Laura Galarza, Lisa MacManus, Lexie Keller), 1:32.88
- 2014 Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Lisa MacManus, Andrea Antonissen), 1:32.15
- 2015 Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Tammy Price, Andrea Antonissen), 1:31.91
- 2016 SCAD Savannah (Ga.) (Julie Woody, Shannon Cummings, Haley Thompson, Heather Partlow), 1:35.05
- 2017 Olivet Nazarene (Ill.) (Andrea Vega, Deirdre Gerke, Amanda Moran, Leanne Latocha), 1:34.69

200-Meter Medley Relay

- 1981 Shepherd (W.Va.) (Kathy Etzel, Mary Verna, Tracy Liner, Cathy Blair), 2:11.163
- 1982 Shepherd (W.Va.) (Peggy Hennessy, Kelley Brown, Lisa Mazingo, Kim Fry), 2:08.07
- 2000 Simon Fraser (B.C.) (Katy Oliver, Andrea McIntosh, Victoria Arrandale, Elaine Van Oosten), 1:59.95
- 2001 Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Andrea McIntosh, Kacey Dalzell), 1:58.69
- 2002 Simon Fraser (B.C.) (Katy Oliver, Kathleen Stoodly, Suzy Brodeur, Amber Dykes), 1:59.98

200-Yard Medley Relay

- 1983 Willamette (Ore.) (Chrys Odell, Leslie Wilday, Gayle Roth, Kendra Wheeler), 1:53.89
- 1984 Wisconsin-Green Bay (Janice Perry, Ann Worm, Mary Margaret Burkhard, Ann Olin), 1:52.76
- 1985 Central Washington (Gail Foster, Debbie Gray, Mary Malgarini, Amy Carroll), 1:51.73
- 1986 Wisconsin-Milwaukee (Karen Ragland, Becky Buhardt, Stephanie Holt, Connie Wright), 1:51.57
- 1987 Central Washington (Lorijo Claunch, Debbie Gray, Michelle Flury, Cyndi Hudon), 1:49.71

Championship History

| | |
|------|---|
| 1988 | Central Washington (Lorijo Claunch, Laura Hill, Sharon Wilson, Cyndi Hudon), 1:50.30 |
| 1989 | Wisconsin-Milwaukee (Desire Denson, Leslie Biegler, Sandy Farrand, Vicky Bott), 1:51.03 |
| 1990 | Puget Sound (Wash.) (Sharon Juckeland, Susan Bendl, Jill Rutledge, Ronda Blair), 1:50.69 |
| 1991 | Simon Fraser (B.C.) (Christine Harris, Deanne Schweitzer, Marnie Engman, Sharon Turner), 1:47.56 |
| 1992 | Drury (Mo.) (Diane Spivey, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 1:47.39 |
| 1993 | Drury (Mo.) (Lourette Hakansson, Cecilia Gadd, Heather Cozzens, Eva-Marie Eriksson), 1:47.52 |
| 1994 | Drury (Mo.) (Eva-Marie Eriksson, Heather Cozzens, Nida Zuhai, Cecilia Gadd), 1:46.96 |
| 1995 | Simon Fraser (B.C.) (Diana Ureche, Ala Ferguson, Lisa Robertson, Sharon Turner), 1:46.41 |
| 1996 | Simon Fraser (B.C.) (Diana Ureche, Debbie Wright, Myna Noriega, Karen Chow), 1:46.85 |
| 1997 | Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Lisa Robertson, Karen Chow), 1:45.09 |
| 1998 | Simon Fraser (B.C.) (Myna Noriega, Lisa Robertson, Diana Ureche, Elaine VanOosten), 1:46.97 |
| 1999 | Simon Fraser (B.C.) (Victoria Arrandale, Lisa Robertson, Andrea McIntosh, Elaine VanOosten), 1:48.35 |
| 2000 | Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Jennifer Horwood, Amber Dykes), 1:46.19 |
| 2001 | Simon Fraser (B.C.) (Jennifer Kasuya, Megan Allen, Suzy Brodeur, Kathryn Stoodly), 1:46.58 |
| 2002 | Simon Fraser (B.C.) (Tina Hoang, Megan Allen, Suzy Brodeur, Amber Dykes), 1:47.42 |
| 2006 | California Baptist (Nicole Shipman, Kellie West, Rachel Macneill, Katelyn Butler), 1:48.07 |
| 2007 | Simon Fraser (B.C.) (Tina Hoang, Kathryn Rosberg, Addie Kolybaba, Jessica Verheyden) |
| 2008 | Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 1:46.92 |
| 2009 | SCAD Savannah (Ga.) (Mary Ashley Krogh, Liz Roberts, Carly Keith, Cassie Dixon), 1:45.48 |
| 2010 | Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Stacy Carter, Brooke Turner), 1:45.04 |
| 2011 | SCAD Savannah (Ga.) (Fanny Varga, Liz Roberts, Kelsey Bobzien, Mary Ashley Krogh), 1:44.30 |
| 2012 | Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Kendall Swanson, Katelyn Brown), 1:41.40 |
| 2013 | Oklahoma Baptist (Lisa MacManus, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 1:41.64 |
| 2014 | Oklahoma Baptist (Lisa MacManus, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 1:41.65 |
| 2015 | Oklahoma Baptist (Tammy Price, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 1:41.84 |
| 2016 | SCAD Savannah (Ga.) (Kandes Soapes, Heather Partlow, Shannon Cummings, Julie Woody), 1:43.56 |
| 2017 | Olivet Nazarene (Ill.) (Deirdre Gerke, Andrea Vega, Amanda Moran, Leanne Latocha), 1:44.25 |

400-Meter Freestyle Relay

| | |
|------|--|
| 1981 | Shepherd (W.Va.) (Tracy Liner, Kathy Etzel, Cathy Blair, Karen Workman), 4:15.465 |
| 1982 | Simon Fraser (B.C.) (Peggy Peacock, Cynthia Gaudet, Cheri Mechalchuk, Judy Baker), 4:06.55 |
| 2000 | Simon Fraser (B.C.) (Winnie Lam, Michelle Nickerson, Sarah Jung, Elanie Van Oosten), 3:57.15 |
| 2001 | Simon Fraser (B.C.) (Kacey Dalzell, Andrea McIntosh, Jennifer Kasuya, Sarah Jung), 3:56.15 |
| 2002 | Simon Fraser (B.C.) (Amber Dykes, Winnie Lam, Lisa Huffman, Sarah Jung), 3:55.03 |

400-Yard Freestyle Relay

| | |
|------|--|
| 1983 | Pacific Lutheran (Wash.) (Kristi Bosch, Kristine Soderman, Kirsten Olson, Barbara Hefte), 3:40.13 |
| 1984 | Wisconsin-Green Bay (Debbie Hinze, Laurel Beckstrom, Cindee Schmalz, Ann Olin), 3:39.71 |
| 1985 | Simon Fraser (B.C.) (Peggy Peacock, Cynthia Gaudet, Sue Melody, Barbara Graham), 3:33.10 |
| 1986 | Central Washington (Michelle Flury, Amy Carroll, Tani Thorstenson, Cyndi Hudon), 3:36.70 |
| 1987 | Wisconsin-Green Bay (Lisa Hanson, Jody Williams, Kelly Gay, Ann Olin), 3:34.81 |
| 1988 | Puget Sound (Wash.) (Stacy Carlson, Haleigh Kurtz, Susan Bendl, Jill Rutledge), 3:35.84 |
| 1989 | Puget Sound (Wash.) (Ronda Blair, Melissa Loun, Sue Bendl, Jill Rutledge), 3:34.41 |
| 1990 | Puget Sound (Wash.) (Jill Rutledge, Stacey Carlson, Susan Bendl, Ronda Blair), 3:33.30 |
| 1991 | Drury (Mo.) (Cecilia Gadd, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 3:31.59 |
| 1992 | Drury (Mo.) (Cashel Mack, Cecilia Gadd, Eva-Marie Eriksson, Lourette Hakansson), 3:30.08 |
| 1993 | Simon Fraser (B.C.) (Sarah Agnew, Leeanne Dick, Carolyn Guy, Sharon Turner), 3:28.49 |
| 1994 | Drury (Mo.) (Adina Meilner, Lourette Hakansson, Eva-Maria Eriksson, Cecilia Gadd), 3:32.02 |
| 1995 | Simon Fraser (B.C.) (Sharon Turner, Diana Ureche, Karen Chow, Ala Ferguson), 3:29.58 |
| 1996 | Puget Sound (Wash.) (Michelle Parrish, Erin Linquist, Jennifer Lane, Kendra Lavik), 3:35.97 |
| 1997 | Simon Fraser (B.C.) (Diana Ureche, Diana Bate, Elaine Van Oosten, Karen Chow), 3:29.60 |
| 1998 | Simon Fraser (B.C.) (Diana Bate, Kacey Dalzell, Diana Ureche, Elaine VanOosten), 3:32.73 |
| 1999 | Simon Fraser (B.C.) (Winnie Lam, Kacey Dalzell, Andrea McIntosh, Elanie VanOosten), 3:33.63 |
| 2003 | Simon Fraser (B.C.) (Sarah Jung, Jennifer Horwood, Jennifer Kasuya, Amber Dykes), 3:30.15 |
| 2004 | Simon Fraser (B.C.) (Suzy Brodeur, Jennifer Horwood, Megan Allen, Amber Dykes), 3:29.94 |
| 2005 | Simon Fraser (B.C.) (Tina Hoang, Jessica Verheyden, Kathryn Rosberg, Amber Dykes), 3:30.38 |
| 2006 | California Baptist (Kellie West, Cheryl Ogden, Jennelle Furruto, Katelyn Butler), 3:32.92 |
| 2007 | Simon Fraser (B.C.) (Tina Hoang, Kathryn Rosberg, Addie Kolybaba, Jessica Verheyden), 3:28.99 |
| 2008 | Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Addie Kolybaba, Jessica Verheyden), 3:29.68 |
| 2009 | Simon Fraser (B.C.) (Vicky Sui, Gia Bogetti, Suzanne Wuolle, Addie Kolybaba), 3:28.55 |
| 2010 | Fresno Pacific (Calif.) (Stacy Carter, Brooke Turner, Megan Smith, Cheyenne Coffman), 3:28.78 |
| 2011 | Simon Fraser (B.C.) (Kristine Lawson, Meghan Quon, Gia Bogetti, Nicole Cossey), 3:27.85 |
| 2012 | Fresno Pacific (Calif.) (Cheyenne Coffman, Katelyn Brown, Sofie Gjemmestad, Stacy Carter), 3:25.81 |
| 2013 | Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Lisa MacMans, Nicole Wilson), 3:25.63 |
| 2014 | Oklahoma Baptist (Laura Galarza, Lisa MacManus, Andrea Antonissen, Ines Remersaro), 3:25.01 |
| 2015 | Oklahoma Baptist (Laura Galarza, Emma Forbes-Milne, Andrea Antonissen, Lexie Keller), 3:23.11 |
| 2016 | SCAD Savannah (Ga.) (Heather Partlow, Julie Woody, Haley Thompson, Abigail Richey), 3:27.24 |
| 2017 | SCAD Savannah (Ga.) (Julie Henninger, Sara Lacusky, Julie Woody, Abigail Richey), 3:25.11 |

400-Meter Medley Relay

| | |
|------|--|
| 1981 | Simon Fraser (B.C.) (Shelley Baldwin, Jill Trotter, Judy Baker, Lynn Fripps), 4:45.362 |
| 1982 | Simon Fraser (B.C.) (Taimi Olson, Judy Baker, Andrea Trotter, Suzanne Melody), 4:36.64 |
| 2000 | Simon Fraser (B.C.) (Katy Oliver, Andrea McIntosh, Victoria Arrandale, Elaine Van Oosten), 4:21.87 |
| 2001 | Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Andrea McIntosh, Sarah Jung), 4:20.36 |
| 2002 | Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Suzy Brodeur, Sarah Jung), 4:25.73 |

400-Yard Medley Relay

| | |
|------|--|
| 1983 | Simon Fraser (B.C.) (Cynthia Gaudet, Laura Jones, Nancy Nordstrand, Sue Melody), 4:07.52 |
| 1984 | Wisconsin-Green Bay (Mary Margaret Burkhard, Janice Perry, Ann Worm, Cindee Schmalz), 4:05.93 |
| 1985 | Central Washington (Gail Foster, Debbie Gray, Tani Thorstenson, Kathy Lang), 4:05.90 |
| 1986 | Pacific Lutheran (Wash.) (Carol Quarterman, Mary Meyer, Kirsten Olson, Kerri Butcher), 4:06.25 |
| 1987 | Fairmont State (W.Va.) (Lisa Bailey, Karen Petko, Sally Lambert, Maryellen Earley), 4:00.60 |
| 1988 | Central Washington (Lorijo Claunch, Debbie Gray, Sharon Wilson, Chris Hayden), 4:02.04 |
| 1989 | Puget Sound (Wash.) (Sharon Juckeland, Sue Bendl, Jill Rutledge, Ronda Blair), 4:00.21 |

| | |
|------|--|
| 1990 | Puget Sound (Wash.) (Sharon Juckeland, Charlene Miller, Jill Rutledge, Ronda Blair), 3:58.80 |
| 1991 | Simon Fraser (B.C.) (Christine Harris, Deanne Schweitzer, Annabel Bicknell, Sharon Turner), 3:53.57 |
| 1992 | Drury (Mo.) (Diane Spivey, Lourette Hakansson, Cashel Mack, Eva-Marie Eriksson), 3:52.59 |
| 1993 | Simon Fraser (B.C.) (Karen Chow, Sarah Agnew, Erin Hildebrand, Sharon Turner), 3:53.88 |
| 1994 | Drury (Mo.) (Eva-Marie Eriksson, Lourette Hakansson, Nida Zuhai, Cecilia Gadd), 3:53.29 |
| 1995 | Simon Fraser (B.C.) (Lisa Robertson, Diana Ureche, Sharon Turner, Ala Ferguson), 3:51.02 |
| 1996 | Puget Sound (Wash.) (Jennifer Lane, Michelle Parrish, Angela Butler, Mame McDonald), 3:56.74 |
| 1997 | Simon Fraser (B.C.) (Diana Ureche, Myna Noriega, Lisa Robertson, Karen Chow), 3:52.63 |
| 1998 | Simon Fraser (B.C.) (Myna Noriega, Lisa Robertson, Diana Ureche, Elaine VanOosten), 3:54.21 |
| 1999 | Simon Fraser (B.C.) (Victoria Arrandale, Lisa Robertson, Andrea McIntosh, Elaine VanOosten), 3:57.01 |
| 2003 | Simon Fraser (B.C.) (Jennifer Kasuya, Kathleen Stoodly, Jennifer Horwood, Amber Dykes), 3:52.27 |
| 2004 | California Baptist (Tabitha Haud, Jessi Rodriguez, Rachel MacNeil, Megan Eldredge), 4:02.98 |
| 2005 | Simon Fraser (B.C.) (Tina Hoang, Megan Allen, Suzy Brodeur, Amber Dykes), 3:55.05 |
| 2006 | California Baptist (Nicole Shipman, Kellie West, Jennelle Furruto, Katelyn Butler), 3:56.25 |
| 2007 | Simon Fraser (B.C.) (Tina Hoang, Kathryn Rosberg, Addie Kolybaba, Jessica Verheyden), 3:53.39 |
| 2008 | Simon Fraser (B.C.) (Vicky Sui, Courtenay Mulhern, Emma West-Sadler, Jessica Verheyden), 3:53.25 |
| 2009 | Simon Fraser (B.C.) (Emma West-Sadler, Courtney Triano, Vicky Sui, Addie Kolybaba), 3:52.28 |
| 2010 | Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Stacy Carter, Brooke Turner), 3:50.75 |
| 2011 | SCAD Savannah (Ga.) (Kelsey Bobzien, Liz Roberts, Gianna Grace, Mary Ashley Krogh), 3:48.78 |
| 2012 | Fresno Pacific (Calif.) (Cheyenne Coffman, Lauren Malthaner, Michelle Moreno, Sofie Gjemmestad), 3:44.56 |
| 2013 | Oklahoma Baptist (Ines Remersaro, Kerryn Mullin, Laura Galarza, Emma Forbes-Milne), 3:47.70 |
| 2014 | Oklahoma Baptist (Lisa MacManus, Kerryn Mullin, Laura Galarza, Lexie Keller), 3:46.28 |
| 2015 | Oklahoma Baptist (Ines Remersaro, Kerryn Mullin, Laura Galarza, Lexie Keller), 3:44.95 |
| 2016 | SCAD Savannah (Ga.) (Kandes Soapes, Heather Partlow, Cadie Crow, Abigail Richey), 3:49.58 |
| 2017 | SCAD Savannah (Ga.) (Julie Woody, Sara Lacusky, Cadie Crow, Abigail Richey), 3:48.93 |

800-Meter Freestyle Relay

| | |
|------|---|
| 1981 | Shepherd (W.Va.) (Tracy Liner, Kathy Etzel, Cathy Blair, Karen Workman), 9:25.194 |
| 1982 | Simon Fraser (B.C.) (K.C. Emerson, Jill Trotter, Peggy Peacock, Suzanne Melody), 8:56.74 |
| 2000 | Simon Fraser (B.C.) (Elanie Van Oosten, Michelle Nickerson, Sarah Jung, Andrea McIntosh), 8:42.44 |
| 2001 | Simon Fraser (B.C.) (Andrea McIntosh, Sarah Jung, Leslie Cove, Lisa Huffman), 8:31.68 |
| 2002 | Simon Fraser (B.C.) (Lisa Huffman, Winnie Lam, Sarah Jung, Amber Dykes), 8:29.07 |

800-Yard Freestyle Relay

| | |
|------|--|
| 1983 | Pacific Lutheran (Wash.) (Kristi Bosch, Kerri Butcher, Kristine Soderman, Barbara Hefte), 8:01.13 |
| 1984 | Simon Fraser (B.C.) (Kathleen Emerson, Cheryl Osachoff, Cynthia Gaudet, Barbara Graham), 8:04.12 |
| 1985 | Pacific Lutheran (Wash.) (Kerri Butcher, Kerri Olson, Maurna Jamieson, Barbara Hefte), 7:53.10 |
| 1986 | Pacific Lutheran (Wash.) (Rose Johnson, Carol Quarterman, Kirsten Olson, Kerri Butcher), 7:54.53 |
| 1987 | Wisconsin-Eau Claire (Traci Bergo, Kersti Nelson, Jennifer Iannarelli, Janice Buron), 7:48.37 |
| 1988 | Puget Sound (Wash.) (Mary Gibson, Susan Bendl, Stacy Carlson, Jill Rutledge), 7:51.20 |
| 1989 | Puget Sound (Wash.) (Jill Rutledge, Melissa Loun, Sue Bendl, Ronda Blair), 7:41.26 |
| 1990 | Puget Sound (Wash.) (Jill Rutledge, Stacey Carlson, Rhonda Blair, Susan Bendl), 7:43.65 |
| 1991 | Simon Fraser (B.C.) (Annabel Bicknell, Janice Vandergaaf, Carolyn Guy, Sharon Turner), 7:42.98 |
| 1992 | Drury (Mo.) (Cecilia Gadd, Cashel Mack, Eva-Marie Eriksson, Lourette Hakansson), 7:38.53 |
| 1993 | Simon Fraser (B.C.) (Leeanne Dick, Karen Chow, Sarah Agnew, Sharon Turner), 7:37.76 |
| 1994 | Drury (Mo.) (Cecilia Gadd, Eva-Marie Eriksson, Shannyn Hite, Nida Zuhai), 7:40.04 |
| 1995 | Simon Fraser (B.C.) (Karen Chow, Karen Seland, Ala Ferguson, Sharon Turner), 7:44.34 |
| 1996 | Whitworth (Wash.) (Dorian Reese, Carley Bush, Jan Okada, Shannon Braun), 7:50.39 |
| 1997 | Simon Fraser (B.C.) (Elaine Van Oosten, Diana Bate, Pia Larsen, Karen Chow), 7:44.37 |
| 1998 | Simon Fraser (B.C.) (Diana Bate, Andrea McIntosh, Julie Morgan, Elaine VanOosten), 7:47.32 |
| 1999 | Simon Fraser (B.C.) (Lisa Huffman, Winnie Lam, Andrea McIntosh, Elaine VanOosten), 7:46.71 |
| 2003 | Simon Fraser (B.C.) (Sarah Jung, Jennifer Kasuya, Mitra Chandler, Amber Dykes), 7:37.07 |
| 2004 | Simon Fraser (B.C.) (Kathryn Rosberg, Jennifer Kasuya, Tina Hoang, Amber Dykes), 7:37.55 |
| 2005 | Simon Fraser (B.C.) (Kathryn Rosberg, Courtenay Mulhern, Tina Hoang, Amber Dykes), 7:37.09 |
| 2006 | SCAD Savannah (Ga.) (Elizabeth Harr, Rachel Fritts, Laine Benthall, Abigail Dosey), 7:43.58 |
| 2007 | Simon Fraser (B.C.) (Kathryn Rosberg, Suzanne Wuolle, Courtenay Mulhern, Tina Hoang), 7:39.96 |
| 2008 | Simon Fraser (B.C.) (Vicky Sui, Gia Bogetti, Suzanne Wuolle, Courtenay Mulhern), 7:35.65 |
| 2009 | Simon Fraser (B.C.) (Vicky Sui, Emma West-Sadler, Suzanne Wuolle, Gia Bogetti), 7:38.87 |
| 2010 | Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Megan Smith, Stacy Carter), 7:39.59 |
| 2011 | California Baptist (Mary Hanson, Hannah Braun, Norra Stroh, Adriana Quezada), 7:33.75 |
| 2012 | Fresno Pacific (Calif.) (Cheyenne Coffman, Brooke Turner, Sofie Gjemmestad, Stacy Carter), 7:26.93 |
| 2013 | Oklahoma Baptist (Nicole Wilson, Laura Galarza, Lexie Keller, Michelle Glass), 7:34.96 |
| 2014 | Oklahoma Baptist (Laura Galarza, Lexie Keller, Yulia Lapshova, Ines Remersaro), 7:38.21 |
| 2015 | Oklahoma Baptist (Laura Galarza, Lexie Keller, Andrea Antonissen, Ines Remersaro), 7:36.33 |
| 2016 | SCAD Savannah (Ga.) (Abigail Richey, Rebecca Justus, Emma McKinley, Haley Thompson), 7:32.83 |
| 2017 | SCAD Savannah (Ga.) (Julie Woody, Julie Henninger, Rebecca Justus, Abigail Richey), 7:29.82 |



Awards

Coach of the Year

| | |
|------|--|
| 1981 | Paul Savage, Simon Fraser (B.C.) |
| 1982 | Rick Gibson, Shepherd (W.Va.) |
| 1983 | Bob Gregson, Central Washington |
| 1984 | Roger Harriman, Wisconsin-Green Bay |
| 1985 | Paul and Margaret Savage, Simon Fraser (B.C.) |
| 1986 | Jim Johnson, Pacific Lutheran (Wash.) Fred Russell, Wisconsin-Milwaukee |
| 1987 | Tom Prior, Wisconsin-Eau Claire |
| 1988 | Mark Scott, Puget Sound (Wash.) |
| 1989 | Dave Enzler, Wisconsin-Milwaukee |
| 1990 | Joan Bailey, Kearney State (Neb.) |
| 1991 | Lance Cansdale, Simon Fraser (B.C.) |
| 1992 | Brian Reynolds, Drury (Mo.) |
| 1993 | Cindy Anderson, Linfield (Ore.) |
| 1994 | Lori Clark, Central Washington |
| 1995 | Liam Donnelly, Simon Fraser (B.C.) |
| 1996 | Chris Myhre, Puget Sound (Wash.) |
| 1997 | Skip Kenitzer, Willamette (Ore.) |
| 1998 | Dean Brownley, Campbellsville (Ky.) |
| 1999 | Jack Ebel, Transylvania (Ky.) |
| 2000 | Liam Donnelly, Simon Fraser (B.C.) Craig Mallery, Seattle (Wash.) |
| 2001 | Rick Rowland, California Baptist |
| 2002 | Craig Penrose, Lindenwood (Mo.) |
| 2003 | John Hartman, Spring Hill (Ala.) |
| 2004 | Liam Donnelly, Simon Fraser (B.C.) |
| 2005 | Scott Rabalais, SCAD Savannah (Ga.) |
| 2006 | Rick Rowland, California Baptist |
| 2007 | Garry Nelson, Cumberlands (Ky.) |
| 2008 | Dorothy Kempf, Asbury (Ky.) |
| 2009 | Wes Sinclair, SCAD Savannah (Ga.) |
| 2010 | Peter Richardson, Fresno Pacific (Calif.) |
| 2011 | Rick Rowland, California Baptist |
| 2012 | Peter Richardson, Fresno Pacific (Calif.) |
| 2013 | Eric Skelly, Cumberlands (Ky.) |
| 2014 | Blair Bachman, Brenau (Ga.) Scott Teeters, Olivet Nazarene (Ill.) |
| 2015 | Dr. Sam Freas, Oklahoma Baptist |
| 2016 | Bill Pilczuk, SCAD Savannah (Ga.) |
| 2017 | Scott Teeters, Olivet Nazarene (Ill.) |

Outstanding Swimmer

| | |
|------|--|
| 1981 | Judy Baker, Simon Fraser (B.C.) |
| 1982 | Judy Baker, Simon Fraser (B.C.) Suzanne Melody, Simon Fraser (B.C.) |
| 1983 | Suzanne Melody, Simon Fraser (B.C.) |
| 1984 | Michelle Langsford, Drury (Mo.) |
| 1985 | Michelle Langsford, Drury (Mo.) |
| 1986 | Kerri Butcher, Pacific Lutheran (Wash.) Barbara Graham, Simon Fraser (B.C.) |
| 1987 | Lisa Bailey, Fairmont State (W.Va.) Barbara Graham, Simon Fraser (B.C.) |
| 1988 | Sharon Wilson, Central Washington |
| 1989 | Annabel Bicknell, Simon Fraser (B.C.) |
| 1990 | Annabel Bicknell, Simon Fraser (B.C.) |
| 1991 | Lourette Hakansson, Drury (Mo.) |
| 1992 | Lourette Hakansson, Drury (Mo.) |
| 1993 | Lourette Hakansson, Drury (Mo.) |
| 1994 | Lourette Hakansson, Drury (Mo.) Nida Zuhail, Drury (Mo.) |
| 1995 | Diana Ureche, Simon Fraser (B.C.) |
| 1996 | Diana Ureche, Simon Fraser (B.C.) |
| 1997 | Diana Ureche, Simon Fraser (B.C.) |
| 1998 | Diana Ureche, Simon Fraser (B.C.) |
| 1999 | Andrea McIntosh, Simon Fraser (B.C.) Elaine Van Oosten, Simon Fraser (B.C.) |

| | |
|------|---|
| 2000 | Lisa Huffman, Simon Fraser (B.C.) |
| 2001 | Lisa Huffman, Simon Fraser (B.C.) |
| 2002 | Lyndsay Devaney, California Baptist Jessica Wild, California Baptist |
| 2003 | Lyndsay Devaney, California Baptist Jennifer Kasuya, Simon Fraser (B.C.) |
| 2004 | Amber Dykes, Simon Fraser (B.C.) Kathryn Rosberg, Simon Fraser (B.C.) Kathleen Stoodly, Simon Fraser (B.C.) |
| 2005 | Kimie Cook, California Baptist Kathryn Rosberg, Simon Fraser (B.C.) |
| 2006 | Kimie Cook, California Baptist Abigail Doxsey, SCAD Savannah (Ga.) |
| 2007 | Kathryn Rosberg, Simon Fraser (B.C.) |
| 2008 | Vicky Sui, Simon Fraser (B.C.) |
| 2009 | Stephanie McNicol, SCAD Savannah (Ga.) |
| 2010 | Cheyenne Coffman, Fresno Pacific (Calif.) |
| 2011 | Alex Peters, Concordia (Calif.) |
| 2012 | Cheyenne Coffman, Fresno Pacific (Calif.) |
| 2013 | Laura Galarza, Oklahoma Baptist |
| 2014 | Laura Galarza, Oklahoma Baptist |
| 2015 | Laura Galarza, Oklahoma Baptist Christine Tixier, Biola (Calif.) |
| 2016 | Amanda Moran, Olivet Nazarene (Ill.) |
| 2017 | Amanda Moran, Olivet Nazarene (Ill.) |

Outstanding Diver

| | |
|------|--|
| 2007 | Laura Sherer, Simon Fraser (B.C.) |
| 2008 | Lindsey Cline, California Baptist |
| 2009 | Chelsea Hardrick, Lindenwood (Mo.) |
| 2010 | Christine Runkle, Concordia (Calif.) |
| 2012 | Christine Runkle, Concordia (Calif.) |
| 2013 | Kristen Brimage, Oklahoma Baptist |
| 2014 | Kristen Brimage, Oklahoma Baptist |
| 2015 | Kristen Brimage, Oklahoma Baptist |
| 2016 | Genesis Veliz, Wayland Baptist (Texas) |
| 2017 | Vanessa VanOoast, Olivet Nazarene (Ill.) |