



As an NAIA student-athlete, you ...

Have four seasons of competition available in each sport;
Participate in 1 contest = 1 season charged

May compete in your first 10 semesters / 15 quarters; and

Must be enrolled in 12 institutional credit hours per semester or quarter to compete.

STAY IN THE GAME

To maintain your eligibility you **must...**

24/36 Hour Rule

Earn 24 hours in your last two semesters, or 36 hours in your last three quarters

PROGRESS Rule

Make progress toward a degree

To play during your...

2nd Season

Have earned 24 semester / 36 quarter hours total

Jr./Sr.

Junior and seniors (athletically or academically) must maintain a cumulative 2.0 GPA

4th Season

Have earned 72 semester / 108 quarter hours total and at least 48/72 hours in general education or your major

3rd Season

Have earned 48 semester / 72 quarter hours total

#PlayNAIA
naia.org/legislative

Questions about outside competition, medical hardship, amateurism or anything else?

Ask your Faculty Athletics Representative!