



# NATIONAL ADMINISTRATIVE COUNCIL DRUG TESTING POLICY MANUAL

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### I – MEDICAL CODE

- A. The presence in a student-athletes’ urine of a substance belonging to a class of drugs currently banned by the National Association of Intercollegiate Athletics (NAIA) may be cause for loss of eligibility.
- B. Evidence of presence of a banned substance will be determined from analysis of the student-athletes’ urine and confirmation by analytical testing methods approved by the NAIA (e.g., immunoassay, gas chromatography/mass spectrometry, liquid chromatography, isotope ratio mass spectrometry or other methods deemed appropriate to confirm the presence of a banned substance) in a laboratory designated by the NAIA.
- C. The current NAIA list of banned-drug classes can be found on the NAIA website [www.naia.org](http://www.naia.org). In addition, other substances may be screened to gather data for making decisions as to whether other drugs should be added to the list. (See Appendix E for the NAIA BANNED DRUG CLASSES.)

### II – ORGANIZATION

- A. These procedures are developed pursuant to NAIA Bylaws Article IV, Section E.
- B. The National Drug Testing and Education Committee will review on an annual basis the procedures of the NAIA drug-testing program.
- C. The NAIA staff will support, coordinate and be responsible for the general administration of the drug-testing program. The NAIA staff may contract with an outside agency to assist in the administration of the program including, but not limited to, specimen collection, laboratory testing services, results management and appeal consultation administration.
- D. National Championship hosts shall be responsible for designating an individual to serve as the drug-testing coordinator. The drug-testing coordinator must be an individual that has a reporting line external to a coaching staff member and he/she may not have any coaching related responsibilities.
  - i. National Championship hosts shall be responsible for designating a location at the venue that is clean, secure and confidential at which testing can occur.
- E. Designated NAIA staff member(s) will approve any contracts between the NAIA and the outside drug-testing agency.



- i. Any drug-testing laboratory contracted will be required to demonstrate, to the satisfaction of the National Drug Testing and Education Committee, proficiency in detection and confirmation of the banned-substance categories on the NAIA list of banned-drug classes.

### III – IMPLICATIONS ON STUDENT-ATHLETE ELIGIBILITY

- A. Each academic year all eligible NAIA student-athletes must sign a Consent Form in which he or she consents to be tested for the use of drugs prohibited by the NAIA Banned Substance List to participate in any NAIA National Championship competitions (see Appendix D). This Consent Form shall be administered by the institution.

To ensure all student-athletes participating in NAIA National Championship competitions have signed a Consent Form and such form is on record with the institution, a representative of each institution participating in any National Championship competition must sign an Official Certification of Student-Athlete Consent Form (see Appendix F) at check-in. An institution has not completely checked in until this form is signed and submitted along with a copy of the institution's official roster. This signed form, with the submitted roster, will be retained on file at the NAIA national office.

- B. All student-athletes found to test positive for a substance belonging to a banned-drug class are subject to loss of eligibility. See NAIA Bylaws Article VIII, Section B.
- C. A student-athlete who refuses to sign the Student-Athlete Notification Form or the Custody and Control Form, fails to arrive at the collection station within a reasonable time frame after notification and without justification, leaves the collection station before providing a specimen according to protocol, attempts to alter the integrity or validity of the urine specimen and/or collection process, or fails to provide a urine specimen according to protocol is cause for the same action(s) as evidence of use of a banned substance.

### IV – STUDENT-ATHLETE SELECTION

- A. The method for selecting championships at which testing will occur and the method for selecting student-athletes to be tested will be approved in advance of the testing occasion by the National Office.
- B. At NAIA individual/team championship events (e.g., wrestling, swimming and diving), the choice of student-athletes may be based on NAIA National Office-approved random selection, record-setting performance, competitive ranking or position of finish.
- C. At NAIA team championships (e.g., football, baseball), student-athletes may be selected on the basis of playing time, position, and/or an NAIA National Office-approved random selection.
- D. Persons who test positive for a banned substance defined on the NAIA Banned Drug Classes List, and subsequently have their eligibility restored will automatically be tested at any subsequent NAIA championship at which they appear and at which drug testing is being conducted. The student-athlete also will be tested during the period of their suspension. Costs associated with follow-up testing shall be paid by the institution of the student to be tested.
  - i. It is the responsibility of the institution to notify the drug-testing certified collector that a student-athlete who is present must be tested to satisfy the retesting requirement.
- E. Student-athletes may be tested before, during and/or after NAIA championships.

### V – CHAMPIONSHIP, INSTITUTION, AND STUDENT-ATHLETE NOTIFICATION

- A. Host tournament directors and drug-testing coordinators for NAIA championships will be notified of the drug-testing plan seven to 10 days before the day of testing.
- B. At NAIA team championship events, a student-athlete selected for drug testing will be handed a Student-Athlete Notification Form by a designated official. The Notification Form will instruct the student-athlete to accompany the designated official to the collection station within one hour, unless otherwise directed by the certified collector or designee.

- i. At NAIA team championship events, when competition begins at 10 p.m. or later local time, student-athletes will be notified according to Section V, Item C. An institution may defer testing until the next morning. In all cases, testing must begin by 10 a.m.
  - ii. Determination of the time of testing (i.e., post-game or next-morning) will be established by the institution no later than immediately after the game.
  - iii. An institutional representative must be in the collection station at any next-morning testing to certify the identity of the student-athletes selected for testing. The institutional representative must remain in the collection station until testing is complete.
  - iv. The institutional representative and the certified collector will be responsible for establishing a collection site for any next-morning tests. The site coordinator shall make the host institution's facility available for any next-morning tests, if necessary.
  - v. If testing is conducted after final rounds at team championships, both teams will be tested after the game. Deferral of testing is not permitted.
- C. At NAIA individual championship events, a student-athlete will be handed a Student-Athlete Notification Form by an official courier. The Notification Form will instruct the student-athlete to accompany the courier to the collection station within one hour, unless otherwise directed by the courier, certified collector or designee. Prior to checking into the collection station, the student-athlete should inform the institutional representative that he/she has been selected for drug testing.
- i. If the selected student-athlete is scheduled to compete in another event during that day's championship event, the student-athlete shall defer testing until the completion of his or her final event that session or that day as directed by the courier, certified collector or designee.
  - ii. The courier and selected student-athlete will obtain an institutional representative's signature on the Student-Athlete Notification Form in order to defer testing until completion of the student-athlete's final event that session or that day. No later than one hour after completion of this event, the institutional representative must present the student-athlete to the collection station and certify identification of the student-athlete. In the event deferred testing occurs, the NAIA may require personal observation until time of collection.
- D. The courier will record the time of notification and the Student-Athlete Notification Form will be read and signed by the student-athlete.
- E. A declared witness may accompany a student-athlete to the collection station and shall remain during the entire collection process.

## **VI – SPECIMEN-COLLECTION PROCEDURES**

- A. Only those persons authorized by the certified collector will be allowed in the collection station.
- i. The certified collector must release a student-athlete to meet academic obligations, and may release a sick or injured student-athlete from the collection station or may release a student-athlete to return to competition, or for other compelling reason as approved by the third-party testing agency. In all cases appropriate arrangements for having the student-athlete tested will have been made and recorded by the certified collector.
- B. Upon entering the collection station, the student-athlete will be identified by a courier, an institutional representative or through other appropriate identification methods, and then the student-athlete will be officially signed into the station.
- i. A collector will require the student-athlete to rinse and dry his or her hands.
  - ii. The student-athlete will select a sealed beaker from a supply of such and attach a unique bar code to the beaker.
  - iii. A collector will monitor the furnishing of the specimen by direct observation in order to ensure the integrity of the specimen.
  - iv. The student-athlete will be responsible for keeping the collection beaker closed and controlled.

- v. Fluids and food provided by the certified collector to student-athletes must be from individual sealed containers that are opened and consumed in the station. These items must be caffeine-free, alcohol-free, and free of any other banned substances.
  - vi. If the specimen is incomplete, the student-athlete must remain in the collection station unless otherwise directed by the certified collector. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled, unless otherwise directed by the certified collector.
    - a. If the specimen is incomplete and the student-athlete must leave the collection station for a reason approved by the certified collector, the specimen may be discarded at the discretion of the certified collector.
    - b. Upon return to the collection station, the student-athlete will complete the collection procedure.
  - vii. Once a specimen (at least 90 mL) is provided, the collector who monitored the furnishing of the specimen by observation will sign that the specimen was directly validated, and a collector will check the specific gravity of the urine in the presence of the student-athlete.
    - a. If the urine has a specific gravity at or above 1.005, the specimen will be processed and sent to the laboratory.
    - b. If the urine has a specific gravity below 1.005, the specimen will not be sent to the lab unless otherwise directed by the third-party testing agency. The student-athlete must remain in the collection station until an adequate specimen is provided.
    - c. Final determination of the specimen adequacy will be made by the laboratory.
      - 1) If the laboratory determines that a student-athlete's specimen is inadequate for analysis, at the NAIA discretion, another specimen may be collected.
      - 2) If a student-athlete provides multiple diluted samples (three or more) in a testing event, or is suspected of breach of protocol (see Section VI, Item H), the NAIA will have the authority to test the student-athlete for all banned substances.
  - viii. Once a specimen has been provided that meets the on-site specific gravity parameters, the student-athlete will select a specimen collection kit and a uniquely numbered set of bar codes from a supply of such.
    - a. A collector will record the specific gravity.
    - b. The collector will pour at least 60 mL of the specimen into the "A" vial and at least 25 mL into the "B" vial in the presence of the student-athlete.
    - c. The collector will place the cap on each vial in the presence of the student-athlete; the collector will then seal each vial in the required manner under the observation of the student-athlete and witness (if present).
- C. Vials sent to the laboratory shall not contain the name of the student-athlete or the institution.
- D. All sealed specimens will be secured in a shipping case. The collector will prepare the case for forwarding.
- E. The student-athlete, collector, and witness (if present) will sign certifying that the procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded at that time. If deviations are alleged, the student-athlete will be required to provide another specimen.
- F. After the collection has been completed, the specimens will be forwarded to the laboratory, and all copies of all forms, if any, will be forwarded to the designated persons.
- G. All specimens are the property of the NAIA.
- H. A student-athlete who is found to have not signed an NAIA Consent Form or who refuses to sign the Student-Athlete Notification Form or Custody and Control Form, fails to arrive at the collection station at the designated time without justification, fails to provide a urine specimen according to protocol, leaves the collection station before providing a specimen according to protocol, or attempts to alter the integrity or validity of the urine specimen and/or collection process, will be in breach of protocol and treated as if there was a positive test for a banned substance. The student-athlete will be penalized in accordance to the bylaws. The certified collector will inform the student-athlete of these

implications (in the presence of a witness) and record such. If the student-athlete is not available, the certified collector will notify the NAIA staff member and an institutional representative.

## VII – CHAIN OF CUSTODY

- A. The collector will deliver the shipping case(s) to the carrier.
- B. A laboratory employee will record that the shipping case(s) has been received from the carrier.
- C. The laboratory will record whether the numbered bar-code seal on each vial arrived intact.
  - i. If a specimen arrives at the laboratory with security seals not intact, at the NAIA discretion, another specimen may be collected.
- D. If the chain of custody is broken at any point in the process, the NAIA may collect another specimen.

## VIII – NOTIFICATION OF RESULTS AND APPEAL PROCESS

- A. The laboratory will use a portion of specimen A for its initial analysis.
  - i. Analysis will consist of sample preparation, instrument analysis and data interpretation.
  - ii. The laboratory director or designated certifying scientist will review all results showing a banned substance and/or metabolite(s) in specimen A.
  - iii. The laboratory will inform the third-party testing agency of results by each respective code number.
- B. Upon receipt of the results, the third-party testing agency will identify any specimens with positive findings.
  - i. For NAIA individual championships, only positive test results will be reported to the institution. Positive test results should be made available within approximately 30 days of the collection.
  - ii. For NAIA team championships, institutions will receive notification of negative test results from the third-party testing agency by secure website.
  - iii. For student-athletes who have a positive finding, the third-party testing agency will notify the NAIA National Office and the director of athletics of the finding by phone as soon as possible. The phone contact will be followed by an "overnight" letter (marked "confidential") to the chief executive officer, faculty athletics representative and director of athletics of the institution. Included with the letter will be the supplemental report (positive finding), and the student-athlete's Custody and Control Form. The institution shall notify the student-athlete of the positive test result. (See Appendix A for the Medical Exemption Appeals Procedures.)
    - a. The third-party testing agency will, during the phone conversation, advise the director of athletics that specimen B will be tested. The student-athlete may be present at the opening of specimen B.
    - b. The institution and/or the student-athlete will be given the option to be represented at the laboratory for the opening of specimen B. Notification by the institution and/or the student-athlete of intent to be represented must be given to the third-party testing agency.
    - c. If the institution and/or the student-athlete desire representation, they must inform the third-party testing agency within 48 hours of the phone notification, who will attend the opening of the specimen B, and present themselves at the lab within two business days of informing the third-party testing agency or as otherwise directed by the laboratory. If they choose not to send a representative to be present for the opening of the specimen B, the institution or the student-athlete will give approval to the third-party testing agency to arrange for a surrogate to attend the opening of the specimen B.
      - 1) The surrogate will not otherwise be involved with the analysis of the specimen.
    - d. The student-athlete, the student-athlete's representative, the institution's representative or the surrogate will attest by signature as to the code number on the bottle of specimen B, that the security seal has not been broken, and that there is no evidence of tampering.

- e. The third-party testing agency will inform the laboratory to proceed with the analysis of the specimen B.
- iv. Specimen B findings will be final. The laboratory will inform the third-party testing agency of the results.
  - a. For student-athletes who have a specimen B positive finding, Drug Free Sport will contact the Director of Athletics or a designee by phone. The institution shall notify the student-athlete of the finding. At this point, normal NAIA eligibility procedures will apply.
  - b. Upon notification of the specimen B positive finding, the student-athlete is ineligible for further participation and the institution shall withhold the student-athlete from all intercollegiate competition. In the event that the student-athlete tests positive for substance(s) for which the institution desires an exemption (see Appendix A Medical Exemptions), and documentation has been submitted prior to the notification of the specimen B sample, the eligibility of the student-athlete may be maintained while the exemption request is under review.
- v. A positive finding may be appealed by the institution to the National Drug Testing and Education Committee. The student-athlete will remain ineligible pending the outcome of the appeal.
  - a. The institution has sole discretion on whether to appeal on behalf of a student-athlete.
  - b. The request for an institutional appeal shall be submitted by the director of athletics or faculty athletics representative to the third-party testing agency within two business days of the confirmation of the positive drug test unless an extension is granted by the third-party testing agency or the Committee. Appeal documentation must be submitted by the institution within 45 days of the notice to appeal.
  - c. No later than five business days before the scheduled appeal, the institution is required to submit to the third-party testing agency all required documentation, including a written summary describing the institution's drug education policy and practices and the grounds for the appeal.
  - d. If the student-athlete's next competition is imminent and if the institution so requests, the Committee shall make a good-faith reasonable effort to hear the appeal before the student-athlete's next contest or within 48 hours of the institution's notice of the intent to appeal, whichever is longer.
  - e. Such an appeal will be conducted by phone conference with the student-athlete and an athletics administrator required to participate therein. It is recommended that the head coach or designee also participate. The student-athlete may have others available to participate on his/her behalf.
  - f. Copies of reports from the laboratory that contain results from the A specimen and B specimen will be forwarded to the Director of Athletics or designee before the appeal call.
  - g. Technical experts, including the third-party testing agency staff, may serve as consultants to the Committee in connection with such appeals.
  - h. The third-party testing agency staff and collectors may serve as consultants to the Committee in appeal phone calls involving matters of collection protocol.
- C. The NAIA National Office will notify the institution's chief executive officer and director of athletics of the findings and the result of any appeal. This notification will be initiated by phone to the director of athletics. This will be followed by another "overnight" letter (marked "confidential") to the chief executive officer and the director of athletics. It is the institution's responsibility to inform the student-athlete of the final outcome.
- D. The NAIA, its agents, and the institution of the involved student-athlete, shall maintain strict confidentiality with regard to information related to a positive test and appeal thereof pending final resolution.

## IX – SANCTIONS FOR USE OF BANNED SUBSTANCES

Sanctions for student-athletes who test positive as well as determinations of how championship results are reported following a positive test are determined by the NAIA membership, and the complete description is contained in NAIA Bylaws Article VIII. These penalties include, but are not limited to, the following areas:

### A. Individual Student-Athlete Penalties

A student-athlete who tests positive for use of a banned substance, as defined by the NAIA banned substances list, shall be sanctioned as outlined below.

- i. As a first offense, a student-athlete who tests positive for the use of any banned substance:
  - a. Shall be immediately suspended from further competition in all sports;

- b. Shall be suspended in all sports for a minimum of 365 days from the date of the specimen collection that led to the positive test result;
  - c. Shall be charged one additional season of competition in the applicable sport as a punitive measure (in addition to being charged a season of competition for the student's actual participation);
  - d. Shall be charged one punitive season of competition in all additional sports because of the positive test result (in addition to any seasons of competition the student may have been charged for actual participation).
- ii. As a second offense, a student-athlete who tests positive for the use of any banned substance:
    - a. Shall immediately lose all remaining eligibility within the NAIA in all sports.

A positive test on an exit test (see NAIA Bylaws Article VIII, Section D, Item 3) taken during the reinstatement process shall constitute a second offense.

- B. Reporting of Individual Competition Results
  - i. Individual placings and honors earned by a student-athlete who tests positive at the national championship will be vacated, and will remain vacant. Subsequent placings will not be reassigned.
- C. Reporting of Team Scores in Individual Competition Results
  - i. In the sports of cross country, golf, indoor track and field, outdoor track and field, swimming and diving, ~~tennis~~, and wrestling, if a student-athlete tests positive and the individual student-athlete's score/points affects the team score/points:
    - a. The individual's points will be deducted from the overall team score/points; and
    - b. Team scores will be recalculated accordingly, and all team placings will be reassigned (if applicable).
- D. Reporting of Team Competition Results
  - i. In the sports of baseball, basketball, competitive cheer and dance, football, lacrosse, soccer, softball, tennis and volleyball, should a student-athlete who competed as a member of the team at the national championship test positive, a final determination of whether the team championship or placing will be vacated will be made by the National Drug Testing and Education Committee.
- E. Institution Violation
  - i. An institution's athletics program(s) or staff member(s) may be brought before the National Conduct and Ethics Committee for additional penalties if the institutional staff member(s) provided or required the student's use of the banned substance that led to a positive test.

## **X – RESTORATION OF ELIGIBILITY**

- A. Reinstatement processes for student-athletes who test positive on a first offense are determined by the NAIA membership, and the complete description is contained in NAIA Bylaws Article VIII, Section B. Reinstatement includes, but is not limited to, following conditions:
  - i. Complete the required suspension and be charged seasons of competition as dictated in NAIA Bylaws Article VIII, Section B, Item 1.
  - ii. Complete an appropriate counseling or treatment program, as determined by the student-athlete's institution. The institution shall dictate the specific treatment plan, as it deems appropriate, for the specific student-athlete. The institution must provide verification that it approved the treatment plan and that the counseling or treatment program has been completed.
  - iii. Pass an additional drug test (i.e. exit test) administered by the NAIA's third-party provider during the 11th month of the suspension.
  - iv. Receive verification from The National Drug Testing and Education Committee that all components of reinstatement have been satisfied.

**APPENDIX A – MEDICAL EXEMPTION PROCEDURES FOR NAIA DRUG TESTING POLICY**

The NAIA recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the NAIA allows exemptions to be made for those student-athletes with a documented medical history demonstrating the need for regular use of such a drug. Exemptions may be granted for substances included in the following classes of banned drugs: stimulants, anabolic agents, beta blockers, diuretics, peptide hormones, anti-estrogens, and beta-2 agonists.

The institution shall inform the third-party testing agency of its intent to request a medical exemption to a positive drug test when it is notified of the positive result of the A sample. If the B Sample is confirmed positive and reported to the institution and documentation to support the medical exemption request has not been submitted, the student-athlete will be declared ineligible until such time documentation is received and reviewed and the exemption is granted. If the medical exemption is not granted, the student-athlete may then request an appeal.

NOTE: In order to use a medical exemption during an appeal process in the case of a positive test for anabolic agents or peptide hormones, the medical exemption for the use of said anabolic agents or peptide hormones must be submitted to the NAIA and approved before athletics participation.

A medical exemption for the use of stimulants should refer to the guidelines for reporting as outlined in the NAIA policy.

Review of the request for medical exemptions will be conducted by the National Drug Testing and Education Committee.

The chairperson of the National Drug Testing and Education Committee will inform the institution's Director of Athletics regarding the outcome of the medical exemption request.

In the event that the medical exemption request is not granted, the institution may appeal the denial to the National Drug Testing and Education Committee using the procedures outlined in Section VIII, Item B5 of the NAC Drug Testing Policy Manual.





# NAIA Official Medical Exemption Form

The NAIA recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the NAIA allows exemptions to be made for those student-athletes with documented medical history demonstrating the need for regular use of such a drug. Exemptions may be granted for substances included in the following classes of banned drugs: stimulants, anabolic agents, beta blockers, diuretics, peptide hormones, anti-estrogens, and beta-2 agonists.

Case # (for national Office use Only)

1. Name of Athlete: \_\_\_\_\_ Sport(s): \_\_\_\_\_  
Institution: \_\_\_\_\_ Conference: \_\_\_\_\_  
Address: \_\_\_\_\_

2. List all doctor proscribed medications currently being taken by student. Include diagnosis and date medication was initially prescribed for the student, as well as the issue date of the student's current prescription.

Rx	Diagnosis	Date Rx Began	Date of Current Rx
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

3. I hereby certify that the above information is complete and accurate:

\_\_\_\_\_  
Student-Athlete Signature                                      Name (please print)                                      Date

\_\_\_\_\_  
Parent Signature (if student-athlete is a minor)

4. In the event that the student tests positive for a banned substance, the following information is required to be completed by the treating physician (M.D. or D.O.):

\_\_\_\_\_  
Current Treating Physician                                      Specialty                                      Date Assessment Completed

\_\_\_\_\_  
Physician Office Address and Phone                                      Physician Signature                                      Today's Date

**Required Materials:**

- \_\_\_\_\_ Complete Assessment/Notes/Diagnosis
- \_\_\_\_\_ Medications(s) and dosage
- \_\_\_\_\_ Blood pressure and pulse readings and comments
- \_\_\_\_\_ Note that alternative non-banned medications have been considered, and comments
- \_\_\_\_\_ History of treatment (previous/ongoing)
- \_\_\_\_\_ Laboratory/testing results (if applicable)
- \_\_\_\_\_ ADHD rating scale (if applicable)

\_\_\_\_\_  
Athletic Director Signature

\_\_\_\_\_  
Athletic Trainer Signature



Send this form and transcript to the NAIA National Office.  
All 4 areas of this form must be completed before the request can be considered by the National Office.

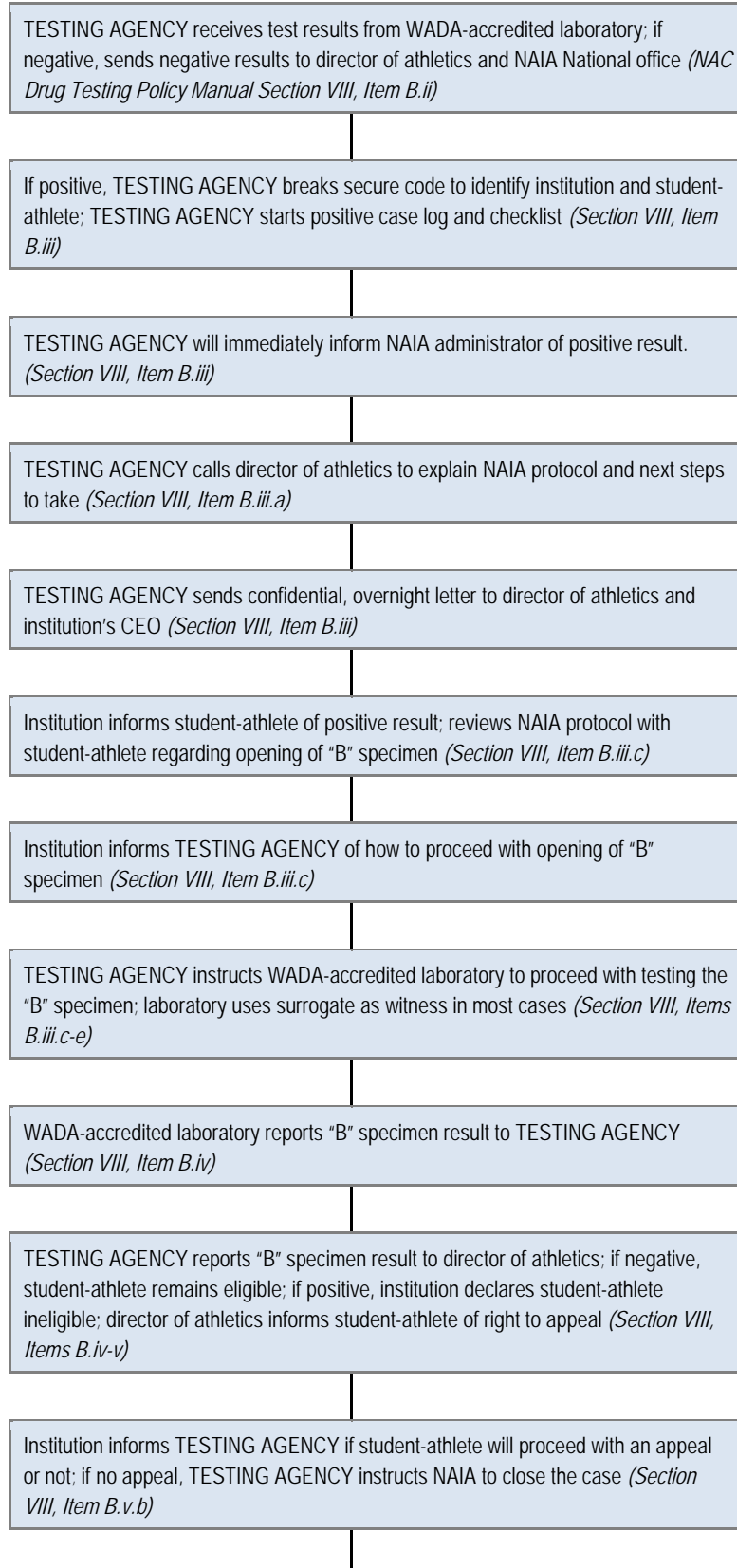
**FOR OFFICIAL USE ONLY — DO NOT WRITE IN THIS SPACE**

**Granted**

**Denied.** The request does not meet criteria established by membership.

\_\_\_\_\_  
NAIA Official

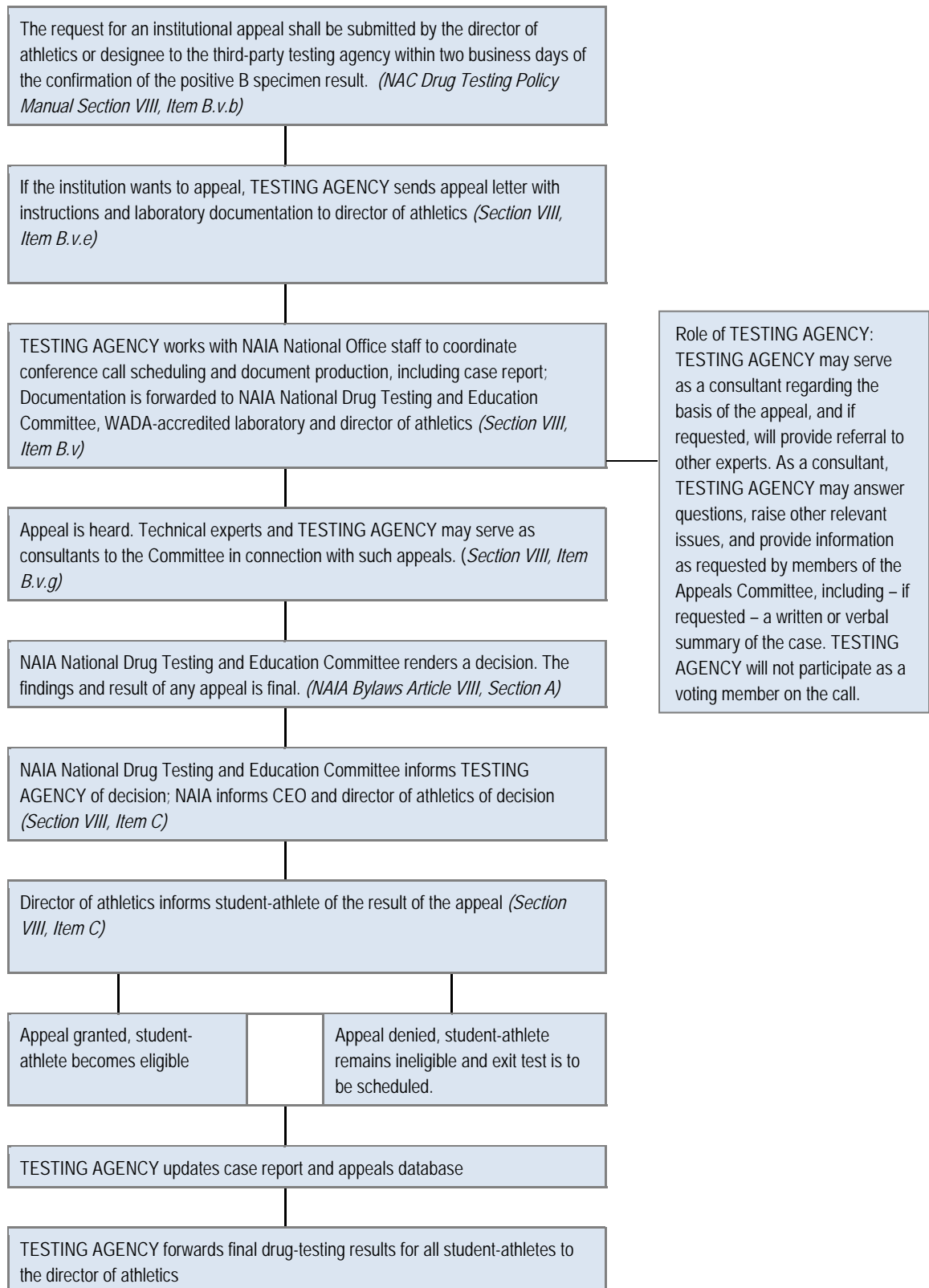
\_\_\_\_\_  
Date

**APPENDIX B – NAIA POSTSEASON DRUG TESTING RESULTS PROCESS & REPORTING**



NAIA will notify institution in writing of the sanction that is applied and the right to appeal (*Section VIII, Item C*)

**APPENDIX C – NAIA POSTSEASON DRUG TESTING APPEALS PROCESS**





**APPENDIX D – CONSENT FORM**

A. Requirement to Sign Drug-Testing Consent Form

1. Name of Institution: \_\_\_\_\_
2. Name of student-athlete: \_\_\_\_\_ Sport(s): \_\_\_\_\_
3. You must sign this form to participate in any NAIA National Championship competition. This includes but is not limited to Opening Rounds and Final Sites. If you have any questions, you should discuss them with your director of athletics.

B. Consent to Testing

1. You agree to allow the NAIA to test you in relation to any participation by you in any NAIA national championship or invitational competition. Examples of drugs in each class can be found at [www.naia.org/wellness](http://www.naia.org/wellness). Note: There is no complete list of banned substances. Check the NAIA Drug Free Sport AXIS for questions about supplements, medications and banned drugs.

C. Consequences for a Positive Drug Test

1. By signing this form, you affirm that you are aware of the NAIA drug-testing program, which provides:
2. A student-athlete who tests positive for use of a banned substance as defined by the NAIA banned-drug classes list, shall be sanctioned as outlined below:
  - a. A student-athlete’s first offense for testing positive for the use of any banned drug shall be immediately suspended from further competition in any sport; and
  - b. The period of suspension will be for a minimum of 365 days from the date of the specimen collection that lead to the positive test result; and
  - c. The student-athlete shall be charged one season of competition in all sports because of the positive test result.
  - d. A student-athlete testing positive a second time for the use of any banned drug shall lose all remaining NAIA regular season and post-season eligibility in all sports.
  - e. Individual placings and honors earned at the national championship at which the positive test occurred shall be vacated.
  - f. Team championships will be determined by the National Drug Testing and Education Committee.

D. Signatures

1. By signing below, I consent:
  - a. To be tested by the NAIA in accordance with NAIA drug-testing policy, which provides among other things that I will be notified of selection to be tested;
  - b. I must appear for NAIA testing or be sanctioned for a positive drug test; and my urine sample collection will be observed by a person of my same gender;
  - c. To accept the consequences of a positive drug test;
  - d. To allow my drug-test sample to be used by the NAIA drug-testing laboratories for research purposes to improve drug-testing detection; and
  - e. To allow disclosure of my drug-testing results only for purposes related to eligibility for participation in NAIA competition.

I understand that if I sign this statement falsely or erroneously, I violate NAIA legislation on ethical conduct and will jeopardize my eligibility.

Date	Signature of student-athlete	
Date	Signature of parent (if student-athlete is a minor)	
Name (please print)	Date of birth	Age
Home address (street, city, state and zip code)		
Sport(s)		

## APPENDIX E – NAIA BANNED DRUG CLASSES

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

A. The NAIA bans the following classes of drugs:

1. Stimulants
2. Anabolic Agents
3. Diuretics and Other Masking Agents
4. Peptide Hormones and Analogues
5. Anti-estrogens
6. Beta-2 Agonists

**Note: Any substance chemically related to these classes is also banned.**

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

B. Drugs and Procedures Subject to Restrictions:

1. Blood Doping
2. Local Anesthetics (under some conditions)
3. Manipulation of urine samples
4. Beta-2 Agonists permitted only by prescription and inhalation
5. Caffeine if concentrations in urine exceed 15 micrograms/ml

C. NAIA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff.

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility using dietary supplements.
3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. Any product containing a dietary supplement ingredient is taken at your own risk.

**Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient. Check with your athletics department staff prior to using a supplement.**

D. Some Examples of NAIA Banned Substances in Each Drug Class:

1. Stimulants:



Amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, "bath salts" (mephedrone) etc.

Exemptions: phenylephrine and pseudoephedrine are not banned.

2. Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):  
Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; ostarine, stanozolol; stenbolone; testosterone; trenbolone; etc.
3. Diuretics (water pills) and Other Masking Agents:  
Bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.
4. Peptide Hormones and Analogues:  
Growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.
5. Anti-Estrogens:  
Anastrozole; tamoxifen; formestane; ATD, clomiphene etc.
6. Beta-2 Agonists:  
Bambuterol; formoterol; salbutamol; salmeterol; etc.

Additional examples of banned drugs can be found at [www.naia.org/wellness](http://www.naia.org/wellness).

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Drug Free Sport AXIS 866.635.7877 or [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec), password: naialive5.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.





**APPENDIX F – NAIA CERTIFICATION OF STUDENT-ATHLETE CONSENT FORM**

**NAIA DRUG TESTING AT NATIONAL CHAMPIONSHIPS  
2017-18 Official Certification of Student-Athlete Consent Form**

This form must be filled out and signed at check-in for a participating institution for any NAIA championship competition. An institution is deemed to not have checked in until this form is signed and submitted along with a copy of the institution's official roster. This signed document, with the submitted roster, will be retained on file at the NAIA national office.

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**1.** Name of Coach: \_\_\_\_\_ Sport : \_\_\_\_\_  
 Institution: \_\_\_\_\_ Conference: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Year: \_\_\_\_\_  
 Round/Location: \_\_\_\_\_ (ex. Opening Round-xxxxx, Final Site-Kansas City)

**2.** I hereby certify that the postseason roster I am submitting / attaching is complete and accurate and that ALL student-athletes listed have a signed NAIA drug-testing consent form on file with our institution.

Coach Signature	Name (please print)	Date
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Championship Manager / Site Coordinator