



NAIA Official Medical Exemption Form

The NAIA recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the NAIA allows exemptions to be made for those student-athletes with documented medical history demonstrating the need for regular use of such a drug. Exemptions may be granted for substances included in the following classes of banned drugs: stimulants, anabolic agents, beta blockers, diuretics, peptide hormones, anti-estrogens, and beta-2 agonists.

1. Name of Athlete: _____ Sport(s): _____
Institution: _____ Conference: _____
Address: _____

Student-Athlete Signature _____ Name (please print) _____ Date _____

Parent Signature (if student-athlete is a minor) _____

2. List all doctor prescribed medications currently being taken by student. Include diagnosis and date medication was initially prescribed for the student, as well as the issue date of the student's current prescription.

Rx	Diagnosis	Date Rx Began	Date of Current Rx
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

3. I hereby certify that I agree to waive my HIPAA and/or FERPA protections and that the above information is complete and accurate.

Student-Athlete Signature _____ Name (please print) _____ Date _____

Parent Signature (if student-athlete is a minor) _____

4. In the event that the student tests positive for a banned substance, the following information is required to be completed

Current Treating Physician	Specialty	Date Assessment Completed
Physician Office Address and Phone: _____		
Physician Signature	Today's Date	

Required Materials:

_____	Complete Assessment/Notes/Diagnosis
_____	Medications(s) and dosage
_____	Note that alternative non-banned medications have been considered, and comments
_____	History of treatment (previous/ongoing)
_____	Laboratory/testing results (if applicable)

Athletics Director Signature

Athletic Trainer Signature