



2026 NAIA Women's Flag Football Coaches Association Business Meeting Minutes

Wednesday, May 13th – 1:00 – 2:30 pm CT

Zoom Link: <https://naia-org.zoom.us/j/89633376043?pwd=j23IJe5aGCiIdb6iRUHrZMCIGuRLqc.1>

1. Call to Order

Attendees: Michael Maccagmano, Arizona Christian University; Tim Mimbs, Warner University (Fla.); Charlie Holloway, William Woods University (Mo.); Jeff Melesky, Webber International University (Fla.); Steven Miller, Cumberland University (Tenn.); Zack Desmarais, Life University (Ga.); Abby Brown, Ottawa University (Kan.); Andrew Harper, Florida Memorial University; Brian Winstead, Benedictine University Mesa (Ariz.); Christopher Raggard, Lindsey Wilson University (Ky.); Bri Talboom, La Sierra University (Calif.); Cole Recker, Defiance College (Ohio); Conner Cheney, Southwestern College (Kan.); Cristian Orth, SCAD Savannah (Ga.); Emerson Joseph, Reinhardt University (Ga.); Felipe Aguilar, Hope International University (Calif.); Ni'Ja Seals, Thomas University (Ga.); Sam Harris, Keiser University (Fla.); Seth Berkebile, Wesleyan College (Ga.); Shaka Long, Point University (Ga.); Sheldon Miller, Brewton-Parker Christian University (Ga.); Spencer McCown, Campbellsville University (Ky.); Travis Combs, Indiana Wesleyan University; Willy Perez, Baker University (Kan.); Dr. Kiki Baker Barnes, HBCU Athletic Conference; Samantha Walker, NAIA

2. Reports

A. NAIA Report

Discussion: Being the first NAIA Women's Flag Football Coaches Association Business Meeting, the National Office reviewed the legislative process, how to vote, and what happens if a motion is passed. The National Office also reviewed both the NAIA and the NAC's role in coaches associations and the legislative process. The full NAIA National Office written report can be read in the attachments.

3. Old Business

A. No old business

4. Women's Flag Football Coaches Association Bylaws

Discussion: The NAIA thanks Steven Miller, Bri Talboom, Sam Harris, and Liz Sowers for their work on the bylaws. It was noted that these bylaws would create a 5-person Executive Committee, an All-America Committee, and a rules and competition committee.

Motion: To approve the Women's Flag Football Coaches Association Bylaws as presented.

Motion to Approve: Holloway/Miller

Vote: 19-0-0

5. Committee Appointments/Elections

A. President

a) 1-year term, rolling to Past President

Nominees: Steven Miller, Cumberland University (Tenn.) & Zack Desmarais, Life University (Ga.)

Motion to Vote: Holloway/Miller

Vote:

Steven Miller, Cumberland University (Tenn.) – 11

Zack Desmarais, Life University (Ga.) – 7

B. 1st Vice President

a) 1-year term, rolling to the President

Nominees: Zack Desmarais, Life University (Ga.), Sam Harris, Keiser University (Fla.), & Tim Mimbs, Warner University (Fla.)

Motion to Vote: Holloway/Melesky

Vote:

Zack Desmarais, Life University (Ga.) – 9

Sam Harris, Keiser University (Fla.) – 6

Tim Mimbs, Warner University (Fla.) – 3

C. 2nd Vice President

a) 1-year term, rolling to the 1st Vice President

Nominees: Sam Harris, Keiser University (Fla.), Tim Mimbs, Warner University (Fla.), & Brian Winstead, Benedictine University Mesa (Ariz.)

Motion to Vote: Holloway/Melesky

Vote:

Sam Harris, Keiser University (Fla.) – 8

Tim Mimbs, Warner University (Fla.) – 6

Brian Winstead, Benedictine University Mesa (Ariz.) – 4

D. Secretary

a) 1-year term, rolling to the 2nd Vice President

Nominees: Tim Mimbs, Warner University (Fla.), & Brian Winstead, Benedictine University Mesa (Ariz.)

Motion to Vote: Holloway/Melesky

Vote:

Tim Mimbs, Warner University (Fla.) – 6

Brian Winstead, Benedictine University Mesa (Ariz.) – 12

E. Rules and Competition Committee At-Large

a) 1-year term

Nominees: Chris Raggard, Lindsey Wilson University (Ky.), Michael Maccagnano, Arizona Christian University, Tim Mimbs, Warner University (Fla.), Abby Brown, Ottawa University (Kan.), Jeff Melesky, Webber International University (Fla.)

Motion to Vote: Holloway/Miller

Vote:

Chris Raggard, Lindsey Wilson University (Ky.) – 6

Michael Maccagnano, Arizona Christian University – 4

Tim Mimbs, Warner University (Fla.) – 2

Abby Brown, Ottawa University (Kan.) – 6

Jeff Melesky, Webber International University (Fla.) – 0

F. Rules and Competition Committee At-Large

Nominees: Michael Maccagnano, Arizona Christian University, Tim Mimbs, Warner University (Fla.), Jeff Melesky, Webber International University (Fla.)

Motion to Vote: Holloway/Miller

Vote:

Michael Maccagnano, Arizona Christian University – 14

Tim Mimbs, Warner University (Fla.) – 4

Jeff Melesky, Webber International University (Fla.) – 0

G. Rules and Competition Committee At-Large

Nominees: Tim Mimbs, Warner University (Fla.), Jeff Melesky, Webber International University (Fla.)

Motion to Vote: Holloway/Miller

Vote:

Tim Mimbs, Warner University (Fla.) – 4

Jeff Melesky, Webber International University (Fla.) – 5

6. New Business

- A. **Sport Motion #1:** Change in the rules for the starting point after a touchdown. Add a kickoff similar to punting. Team A that scored the touchdown would kick off from the 20 yard line to Team B receiving team. This would be a free kick.

Discussion: This rule change will add extra excitement to the game by giving teams a chance to run, create plays, and get better field position. This would be a free kick. It was noted that this could put some teams at a huge disadvantage. Knowing you will start with 1st and 6 after each touchdown is a major part of the game. This will also make wind a huge factor in games. Some coaches would like to see data on the length of kicks from collegiate kickers. Would like this to go to the rules committee. The group noted if not passed, this could go to the Rules and Competition Committee for refinement.

Motion to Approve: Holloway/Melesky

Vote: 1-18-0

- B. **Sport Motion #2:** Add the following onside kick rule: In the 4th quarter, if a team scores and is still behind, they can start with the ball on their own 25 yard line with 4th and 15. If the team successfully gets past the 40, the drive continues as normal. If the team ends up short of the line to gain, the opposing team takes over where the ball is down after that play.

Discussion: It was clarified that if intercepted, it is a live ball. If there is a turnover, the team starts where the ball is down. 4th and 15 could be too easy. There was a discussion that this should be more difficult. There was also a discussion about whether you should be able to advance the ball. Discussion then shifted to different rule books or association rules. Some said that it might make more sense to be 20 or 25 to make it more difficult. Coaches like the idea of the onside conversion moving forward. If this does not pass, the coaches would like the Rules and Competition Committee to review.

Motion to Approve: Melesky/Holloway

Vote: 1-18-0

- C. **Sport Motion #3:** Motion to start the play clock once the ready to play whistle is blown.
Discussion: Most coaches could agree that the clock is starting too soon or inconsistently each game. Different officials and different games start the clock differently. The coaches felt that passing this would increase consistency across the country.
Motion to Approve: Holloway/Melesky
Vote: 18-0-0
- D. **Sport Motion #4:** Motion to increase quarter times to 15 minutes.
Discussion: Some coaches voiced strong desire to have the quarter times increase, however, there were some coaches who voiced concern. There is a worry about the heat, especially if games are played back-to-back or in the south, the wear and tear on athletes' bodies, officials charging more per game, and more overinflated scores. It was noted that this is already happening or will happen at other organizations. NCAA and professional leagues are currently at 15-minute quarters. Over the duration of the game, it is almost like adding another quarter.
Motion to Approve: Melesky/Holloway
Vote: 11-9-0
- E. **Sport Motion #5:** To change the flags that are used for the sport to Triple Threat flags.
Discussion: Arguments for the Triple Threat Flags include that they are safer, and some officials have said that triple threat flags make officiating easier during some plays. It helps the spot of the ball. Pop flags have proven to be lesser quality compared to the triple threat flags. Arguments to stay with the Pop Flags include that this will help stay aligned with other associations within the sport. There were other sentiments that the pop flags are not better quality. USA Football uses the pop flags, but it was noted that USA Flag is 5 v 5 game. There will be injuries with either flag type. Triple Threat allows tucking and twisting so that flags won't come off. Moving to triple threat will change the game. It was noted that the Triple Threat Flags can be whipped at other players. Pop flags force the correct flag pull technique. Those that have played flag football say Pop Flags are the better choice.
Motion to Approve: Holloway/Miller
Vote: 4-14-0
- F. **Sport Motion #6:** Motion to increase the field for nationals to 12 based on increased participation. The tournament would stay a double-elimination tournament.
Discussion: Increasing to 12 will create more at-large berths. Liked the 12 teams, but preferred 16 teams. The National Office explained access ratios across all sports. There is an attached double-elimination bracket with this motion.
Motion to Approve: Miller/Holloway
Vote: 19-0-0
- G. **Sport Motion #7:** To increase the number of games played in women's flag football to 22.

Discussion: Some coaches would like the increased number to give a padding from weather cancellations or budgeting. If it passes, this would allow teams to play more NAIA teams or NCAA games in addition to their conference schedules. There were concerns about how SOS and the NSC would look at teams that play a heavy NCAA schedule. More games give flexibility, and you do not need to use all the games if you or your administration chooses not to.

Motion to Approve: Holloway/Miller

Vote: 13-5-0

H. **Sport Motion #8:** To increase the number of scrimmage dates to 4 total.

I. **Sport Motion #9:** – 3 additional scrimmage dates

Discussion: The coaches all agree they would like more scrimmage dates. It was noted that a scrimmage date allows for more than one scrimmage to be played on that calendar date. Most coaches agreed they would prefer to have 5 total dates rather than 4 total dates.

Motion to Approve: Miller/Holloway

Vote:

Sport Motion #8 – 1

Sport Motion #9 – 19

J. **Sport Motion #9:** – 3 additional scrimmage dates

Motion to Approve: Miller/Holloway

Vote: 18-0-0

7. Adjournment

Motion to Adjourn: Holloway/Miller