



NAC Executive Committee Summary

September 2026

Below is a summary of actions taken by the NAC Executive Committee during its September 2026 meeting.

Rules Changes:

The Executive Committee approved rules changes for the following sports, effective for the upcoming season:

- [Baseball](#)
- [Women's Lacrosse](#)
- [Competitive Cheer](#)

Swimming and Diving

The Executive Committee approved the Mid-South Conference's request to add St. Ambrose University as a per-sport member in men's and women's swimming and diving for the 2026-27 academic year.

June 2027 NAC Meeting

The June NAC full-body meeting will be held virtually on June 22-23, 2027. Additional meeting information and calendar invitations will be distributed to NAC members